

Notes	Monday	Tuesday	Wednesday	Thursday	Friday
<p>Each day we start with coffee & chat. Lunch is Served around noon. All activities are subject to change without notice.</p> <p>Caregiver Chat Group 1st Monday of the month at JC Senior Center 30 Brocton Street Conf Call Format Dial 607-778-6547 Mtg Code 2187 Attendee Access 123456#</p> <p>Caregiver Services Information & Consultation 607-778-2411.</p>	<p>2 Sound of Music Day Do-Re-Mi Bingo Movie Clips Fitness w/Maria Word Trios</p> 	<p>3 Famous March Birthdays Getting to Know You Cone Ring Toss Dominoes & Cards</p>  <p>*Friends from Achieve*</p>	<p>4 Really Bad Jokes Abbreviation Quiz Floor Uno Beat the House Afternoon Sing-A-Long</p> 	<p>5 New York Trivia This or That? High-Low Cards Chair Exercise The Sound Game</p> 	<p>6 Senior New & Coffee All About Cereal Guess the Job Skeetball Funny Movie Clips</p> 
	<p>9 Women's History Month Famous Women Pokeeno Bullseye All for a Dollar</p> 	<p>10 Did You Ever Wonder? Making Syrup Food Jingo Floor Dice</p>  <p>*Friends from Achieve*</p>	<p>11 Ice Breakers Country Connections Sit-N-Stretch</p>  <p>*Garden Club 1PM* *Caregiver Chat 1-230PM* Broome West Senior Center</p>	<p>12 St. Patrick's Jokes Green Words Irish Artwork Jack-N-Hoops</p>  <p>*Memory Maker Project 1PM*</p>	<p>13 Irish Blessings Good Luck Signs Horseshoe Toss Shenanigans Hangman on the Board</p> 
	<p>16 Green Things Name 10 Things Shenanigans Light-N-Lively Exercise Cover the Number</p> 	<p>17 Happy St. Patrick's Day! Wear Green Irish Quiz St. Pat's Hangman Blarney Bean Bag Toss</p>  <p>*Friends from Achieve*</p>	<p>18 March Madness Basketball Chat Sports Jingo Basketball Toss Strange Mascots</p>  <p>*Mike's Jukebox 1PM*</p>	<p>19 Old Sayings Famous Faces Movement Game Would You Rather Right-Left-Center</p> 	<p>20 First Day of Spring! Spring Memories Signs of Spring Springtime Jingo Parachute Fun</p> 
	<p>23 Famous Poets Funny Poems The Year 1956 Crazy Balls</p>  <p>*Nino Samiani 1PM*</p>	<p>24 Spring Words Bowling Card Golf What's in the Bag?</p>  <p>*Friends from Achieve*</p>	<p>25 All About Greece YouTube Travel Video Coloring & Word Finds Double Box Toss</p>  <p>*Easter Craft w/Sheri*</p>	<p>26 Remembering Relatives Spring Cleaning Around the House Jingo Fun w/Instruments Chair Yoga</p> 	<p>27 Wizard of Oz Trivia & Movie Clips Rainbow Game Emerald City Bingo Scarecrow Skeetball</p> 
	<p>30 Senior Success Words to Live By Theraband Stretch Shake A Memory Red or Black Cards</p> 	<p>31 Puppy Talk Coffee & Jokes Move & Groove</p>  <p>*Therapy Dogs 1PM* *Friends from Achieve*</p>			

Thought for the Day!

"Wrinkles only go where the smiles have been."

- Jimmy Buffett