



## Respite Care Options in the Greater Binghamton Area

To inquire about respite options listed below as well as other services contact the Office for Aging at 607-778-2411.

### IN-HOME RESPITE OPTIONS

Program Name	Details	Contact
<b>Alzheimer's Caregiver Respite Program</b>	This program provides the caregiver of a memory impaired person a break at no cost for up to 120 hours per year.	Call the Office for Aging at 607-778-2411 or NY Connects at 607-778-2278
<b>Home Care Agencies</b>	Many home care agencies have companions, personal care aides, homemakers and housekeepers. Fee for service and private pay.	Call the Broome County Office for Aging at 607-778-2411 for agency names and phone numbers. Visit <a href="http://www.gobroomecounty.com/senior">www.gobroomecounty.com/senior</a> and look under Publications for the list of home care agencies.
<b>Office for Aging Caregiver Services</b>	Connects eligible caregivers with respite options by providing up to date information about existing respite services. Provides case management to caregivers who qualify to receive respite services through Office for Aging or other programs such as the Alzheimer's grant and Lifespan Respite.	Call the Office for Aging 607-778-2411 to connect with a Caregiver Specialist.
<b>Senior Helpers Program</b>	Registers workers age 55+ who can provide personal care, housekeeping, companionship, transportation, and other tasks including snow removal and small repairs. When you call to hire private help, Office for Aging will mail you a list of workers you can call directly and choose who you will hire.	Call 607-778-6105 and leave a message with your information and details about the kind of help you are looking for. A list will be mailed to you.

<b>Veterans Administration</b>	<p>Provides community-based services that can support caregivers including</p> <ul style="list-style-type: none"> <li>- Volunteer In-Home Visitor Program (VIVP); a volunteer visits with a Veteran in their home as a friendly visitor, usually once a week for 2- 4 hours to provide socialization to a Veteran, and caregiver respite if there is a caregiver</li> <li>- Compassionate Contact Corps: a volunteer visits with a Veteran over the phone or other virtual means as a friendly visitor to provide socialization with the Veteran, usually 1-2 times a week for 15-60 minutes. Other services include skilled home care for the person you care for.</li> </ul>	<p>Call your local VA clinic at (607) 772-9100 for more information.</p>
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### GROUP RESPITE OPTIONS

Program Name	Details	Contact
<b>Yesteryears</b>	<p>Trained staff provide support, supervision, and socialization to frail, isolated or memory impaired participants. While staff can cue and direct participants with activities of daily living such as eating, transferring and toileting they cannot do those activities for them. Two locations are available: Binghamton and Endwell.</p> <p>Program operates from 8.30am-3.30pm and the daily suggested contribution is \$25/person for eligible Broome County residents. A greet and meet option is available to interested participants and caregivers.</p>	<p>Call the Office for Aging at 607-778-2411 or NY Connects at 607-778-2278</p>

<b>Grace's Place Senior Respite</b>	This group respite is available on second Saturday of every month. There is no fee for this program.	Grace Lutheran Church 709 Main Street, Vestal For information and to request a registration packet visit: <a href="http://www.Gracelutheranchurchvestal.com/graces-place">www.Gracelutheranchurchvestal.com/graces-place</a> or call 607-748-0840.
<b>Golden Days Adult Day Program</b>	Program staff includes nurses, aides and other licensed and certified staff who can provide care and support to participants including hands on care. Accepts private pay, Medicaid and long-term care insurance.	Susquehanna Nursing and Rehabilitation Center, 282 Riverside Dr., Johnson City Call 729-9206 ext.186

## OUT OF HOME RESPITE

There are options that provide supervision and assistance that may be able to accommodate the person you are caring for on a temporary, 24-hour basis. Some of the options are on a space availability basis only and some have a minimum stay requirement. The application process for this respite arrangement takes time, so inquire well in advance.

Program Name	Details	Contact
<b>Long Term Care Facilities</b>	These include skilled nursing homes, assisted living and adult care facilities.	Call Office for Aging at 607-778-2411 to request a list of these facilities or visit <a href="http://www.gobroomecounty.com/senior">www.gobroomecounty.com/senior</a>
<b>Family Type Homes</b>	These are adult care homes that can accommodate a maximum of four people who need assistance, and two boarders. Respite care may be available if there are openings.	Contact the Department of Social Services at (607)-778-3029 for more information.
<b>Veterans Administration</b>	The Veterans Administration may be able to fund short stay respite care at skilled nursing facilities they contract with.	Contact 607-772-9100 and ask to speak to a Patient Aligned Care Team (PACT) Social worker.