



Updated: April 2022

## Respite Care Options in the Greater Binghamton Area

When a caregiver needs a break

Listed below are respite care options available to caregivers. While the in-home support options remain the same, there may be changes to respite options outside the home due to COVID-19. Call Caregiver Services at 778-2411 with any questions regarding these options.

**IN-HOME RESPITE --** “My husband needs help with personal care and I sometimes need a break from the responsibility of caring for him.”

**All Metro Health Care:** Service providers are employees of this program. They offer non-medical care such as assistance with bathing; dressing; light housekeeping; companionship; incidental transportation; meals. Private pay; some third-party insurances. Call 777-9891 for more information.

### **Alzheimer’s Caregiver Respite Program**

This program provides the caregiver of a memory impaired person a break at no cost for up to 120 hours per year. Call Caregiver Services at 778-2411 for more information.

### **Around the Clock In-Home Care**

This referral service has RN’s, LPN’s and non-medical companion services that this service can refer you to. Call 746-7455 for more information.

**Home Care Agencies:** Many home care agencies have companions; personal care aides; homemakers and housekeepers. Fee for service; private pay. Call the Broome County Office for

Aging at 778-2411 for agency names and phone numbers.

**Home Instead Senior Care:** Service providers are employees of this program. They offer non-medical assistance such as supervision with bathing; assistance with clothing selection; meal preparation; light housekeeping; medication reminders; companionship and transportation. Fee for service; private pay and some long-term care insurances. 723-3600

**Senior Helpers Program:** Matches older workers (55+) to jobs with private employers. Personal care workers, housekeepers and companions available; also have workers interested in a variety of private jobs. Office for Aging charges no fee for making a job match; workers and employers negotiate wages for the job. Call 778-6105 (8:30-12:30, M-F), for more information.

### **Seniors Helping Seniors**

Seniors as providers are employees of this agency. They offer non-medical, non- personal care assistance such as transportation, going shopping, help with the mail, housekeeping, cooking, pet care, and companionship. Fee for service; private pay in advance. Call 607-398-0188

**Veterans Administration** The Veterans Administration provides community based services that can support caregivers. VA Volunteer Friendly visitor programs: Volunteer In-Home Visitor Program (VIVP); a volunteer visits with a Veteran in their home as a friendly visitor, usually once a week for 2- 4 hours to provide socialization to a Veteran, and caregiver respite if there is a caregiver. Compassionate Contact Corps: a volunteer visits with a Veteran over the phone or other virtual means as a friendly visitor to provide socialization with the Veteran, usually 1-2 times a week for 15-60 minutes. This could include skilled home care for the person you care for and Home Health Aide services; Call your local VA clinic at (607) 772-9100 and ask to speak to your PACT Social Worker for more information.

### **Wood Private Home Care**

Provides home health aides that can provide non-medical services such as personal care; managing medications; coordination with doctor's offices and Hospice; cleaning, cooking, shopping, general errands and transportation to appointments. Fee for Service; private pay. Call 725-6625 for more information.

## **ADULT DAY CARE PROGRAMS**

-- "I need time to myself a few days a week so I can take a break or do the things I need to do. The person I care for needs a supervised place to go outside the home for socialization."

### **Social Day Care**

***Trained staff provide support, supervision and socialization to participants. While staff can cue and direct participants with activities of daily living such as eating,***

***transferring and toileting they cannot do those activities for them. Social Day Care Options include:***

**Yesteryears Social Adult Day Care Program** (Broome Co. Office for Aging), two locations – one in Binghamton and one in Endwell. Suggested contribution. Call 778-2946. Virtual activities (bingo, sing-a-longs, discussions, trivia, exercise, and crafts) provided 3 times a day Monday – Friday.

**Grace's Place Senior Respite**, Grace Lutheran Church, 709 Main Street, Vestal, NY 13850, Office 748-0840. Second Saturday of the month. For more information and to request a registration packet - please go to your web browser and enter: [www.Gracelutheranchurchvestal.com/graces-place](http://www.Gracelutheranchurchvestal.com/graces-place) (No fee)

### **Adult Day Health Care**

Staff includes nurses, aides and other licensed and certified staff that can provide care and support to participants which include hands on care.

### **Golden Days Adult Day Health Care**

Susquehanna Nursing and Rehabilitation Center, 282 Riverside Dr., Johnson City. Private Pay, Medicaid; and long-term care insurance; call 729-9206 ext.186

**SHORT-TERM RESPITE AWAY FROM HOME -- "I need to attend an out-of-town wedding. Is there a place where my relative can stay for a few days?"**

There are living options that provide supervision and assistance that may be able to accommodate your elder on a temporary, 24-hour basis. Some of the options are on a space availability basis

only and some have a minimum stay requirement. **The application process for this respite arrangement takes time, so inquire well in advance.**

## **Out of Home Options for Respite:**

### **Castle Gardens Senior Living & Special Needs Community**

1715 Castle Gardens Road  
Vestal, NY 13850  
748-5700 Ask for Marketing Dept.  
*(Short-stay beds when available, in both the enriched living and memory care unit. There is a 30-day minimum stay.)*

### **Good Shepherd Fairview Home Inc.**

80 Fairview Ave  
Binghamton, NY 13905  
724-2477  
*(Respite at the Assisted Living Level on a case by case basis only. There is a 30-day minimum stay)*

### **Ideal Senior Living Center**

600 High Ave.  
Endicott, NY 13760  
786-7300  
*(Offers respite care on a case by case basis; beds are only offered in the Assisted Living Program.)*

### **Elderwood Village at Vestal**

505 Clubhouse Road  
Vestal, NY 13850  
(607) 786-7445  
*(Respite when beds are available, two-week minimum)*

### **Brookdale Vestal West**

421 Plaza Drive  
Vestal, NY 13850  
(607) 771-1700  
*(Assisted Living Specializing in Memory Care; Respite when beds are available, 30-day minimum stay.)*

**Family Type Homes:** These are adult care homes that can accommodate a

maximum of four people who need assistance, and two boarders. Respite care may be available if there are openings. Contact Lisa at 778-3029 for more information.

### **Veterans Administration:** The

Veterans Administration may be able to provide short stay respite care at the Community Living Center, the VA's skilled nursing residence located at the Syracuse VA Medical Center. Contact your local VA primary care provider or local PACT Social Worker at 772-9100 for more information.

### **Nursing Homes:**

*For the following nursing homes, the elder must meet the requirements for skilled care. Contact Caregiver Services at the Broome County Office for Aging with your questions.*

Elizabeth Church Manor  
863 Front Street  
Binghamton, NY 13905  
729-2305  
(when beds are available)

Good Shepherd-Fairview Home  
80 Fairview Ave.  
Binghamton, NY 13904  
724-2477  
(Respite beds when available. One week minimum stay)

James G. Johnston Memorial  
Nursing Home  
285 Deyo Hill Road  
Johnson City, NY 13790  
798-7818  
(when beds are available)

Please call individual facilities for other possible options.

[www.gobroomecounty.com/senior](http://www.gobroomecounty.com/senior)

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