| Notes | Monday | Tuesday | Wednesday | Thursday | Friday |
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| Each day we start with coffee & chat Lunch is Served around noon. All activities are subject to change without notice. | | · · | October Trivia Famous October Birthdays Right-Left-Center Would You Rather | October Traditions Animal Adventure Munich Video Fall Coloring Horseshoe Toss | Senior New Review World Smile Day Really Bad Jokes Crazy Balls Carol Burnett Clips |
| Caregiver Chat Group 1st Monday of the month at JC Senior Center 30 Brocton Street Conf Call Format Dial 607-778-6547 Mtg Code 2187 Attendee Access 123456# Caregiver Services Information & Consultation | Teacher Talk Nursery Rhyme Quiz Floor Dice Pokeeno *Caregiver Chat 1PM* | October Firsts Myster Message Cornhole Beat the House Bingo | Hobby Coffee Chat High-Low Card Game Record Holders *Caregiver Chat 1-230* Broome West Senior Center | All About Apples True or False? "Name 3" Dice Game Light-N-Lively Exercise Shenanigans | Eleanor Rossevelt Bio Horse Riding Quiz Fun on the Farm Jingo Pictionary Basketball |
| Thought for the Day! "Forget about aging gracefully, focus instead on aging gratefully." | Columbus Day History & Myths Break the Ice Shake A Memory Sit & Stretch | Aging Humor The Year 1948 Famous Faces Beanbag Toss Dominoes | Pumpkin Word Scramble Movement Game All for a Dollar Cards & Dice Games Chair Yoga | Boss's Day Guess the Boss Card Bingo Move & Groove 60s Music Videos *Marian Tewksbury 1045AM* | Frank Sinatra Fun Stretch to Music Bocce Ball What's in the Bag? Roll It, Play It |
| - Unknown | Famous Actresses Corny Trivia & Puns Theraband Stretch Red or Black Cards Afternoon Sing-A-Long | Lady Liberty Trivia Simon Says Exercise! Give Me 3 NYC Video Table Games | National Pizza Month Pizza Parlor Challenge Food Jingo Upper Body Yoga Morning Artwork *Mike's Jukebox 1045AM* | United Nations Chat Guess the Country Coffee with Friends Skeetball I Love America Jingo | SITE CLOSED FALL PICNIC ENDWELL YESTERYEARS |
| | Match the Idiom The Year 1964 "Buddi" Games Bowling Musical Bingo | Name 10 Things Funny Aging Quotes Table Baseball Stretch to Music Kentucky Derby | Guess the Costume Halloween "Jacks" Singing with Laura Toss the Jack Word Scrambles | Halloween Quiz History & Traditions Bingo Spooky Sing-A-Long Basketball Toss | HAPPY HALLOWEEN Wear Orange or Black Halloween Jingo Superstitions Pumpkin Patch Skeetball |