

Notes	Monday	Tuesday	Wednesday	Thursday	Friday
<p>Each day we start with coffee & chat Lunch is Served around noon. All activities are subject to change without notice.</p> <p>Caregiver Chat Group 1st Monday of the month at JC Senior Center 30 Brocton Street Conf Call Format Dial 607-778-6547 Mtg Code 2187 Attendee Access 123456#</p> <p>Caregiver Services Information & Consultation 607-778-2411.</p> <p>Thought for the Day! “A kind word is like a spring day.” - Russian Proverb</p>	<p>3 Sound of Music Day Do-Re-Mi-Bingo Movie Clips Fitness w/Maria</p>  <p>*Caregiver Chat 1-230PM*</p>	<p>4 Mardi Gras Trivia & Games Bocce Ball Bingo</p>  <p>*Mardi Gras Parade 11AM*</p>	<p>5 Coffee Chat Famous March Birthdays Word Scramble Chair Yoga</p> 	<p>6 Senior News Review Abbreviation Quiz Really Bad Jokes Sit & Stretch</p>  <p>*Craft with Sheri*</p>	<p>7 National Cereal Day Guess the Cereal Skeetball The History of Aprons</p> 
	<p>10 Women’s History Month Famous Women Beanbag Toss Dominoes & Cards</p> 	<p>11 This or That? Guess the Job Parachute Fun Pictionary</p> 	<p>12 Good Luck Signs Irish Blessings Bocce Ball Shenanigans</p>  <p>*Garden Club 1PM*</p>	<p>13 Funny Questions Irish Jokes Crazy Balls Roll It, Play It</p> 	<p>14 St. Pat’s Trivia Green Foods Horseshoe Toss Name 10 Things</p> 
	<p>17 Happy St. Patrick’s Day! Wear Green Irish Quiz Blarney Bean Bag Toss</p>  <p>*Irish Dancers @ Broome West*</p>	<p>18 March Madness Basketball Chat Strange Mascots Movement Game</p> 	<p>19 Old Sayings Remembering Relatives Famous Faces Light-N-Lively Exercise</p> 	<p>20 First Day of Spring Spring Coffee Chat Sunny Sing-along Signs of Spring Springtime Jingo</p> 	<p>21 Poetry Day Funny Poems The Year 1956 Jacks-N-Hoops</p>  <p>*Nino Samiani Music 1PM*</p>
	<p>24 Spring Words Hangman of the Board Beat the House Movement Game</p> 	<p>25 All About Greece You Tube Travel Video Bullseye Pokeeno</p>  <p>*Therapy Dogs 1PM*</p>	<p>26 Senior Success Words to Live By Theraband Stretches Card Bingo</p>  <p>*Wayne Beddoe Music 1PM*</p>	<p>27 Wizard of Oz Flashback Rainbow Game Emerald City Bingo Scarecrow Skeetball</p> 	<p>28 Puppy Talk High-Low Cards Frog Jokes Move to Music</p> 
	<p>31 Making Syrup Ice Breaker Table Base ball Floor Dice</p> 				