











Notes	Monday	Tuesday	Wednesday	Thursday	Friday
<p>Each day we start with coffee &amp; chat Lunch is Served around noon. All activities are subject to change without notice.</p> <p><b>Caregiver Chat Group</b> 1<sup>st</sup> Monday of the month at JC Senior Center 30 Brocton Street Conf Call Format Dial 607-778-6547 Mtg Code 2187 Attendee Access 123456#</p> <p>Caregiver Services Information &amp; Consultation 607-778-2411.</p> <p><b>Thought for the Day!</b> “A loving heart is the truest wisdom.” - Charles Dickens</p>	<p>3</p> <p>Groundhog Games Card Bingo Chair Yoga</p>  <p><b>*Caregiver Chat 1-230*</b></p>	<p>4</p> <p>February Trivia The Year 1959 Famous Faces Jacks-N-Hoops</p>  <p><b>*Heart Craft with Sheri*</b></p>	<p>5</p> <p>Guess the “Two” Word Common Things Senior News Bullseye</p> 	<p>6</p> <p>Laura Ingalls Bio Flash From the Past Colonial Jingo Horseshoe Toss</p> 	<p>7</p> <p>Superbowl Chat Football Hangman Match the Team Sports Jingo</p>  <p><b>*Sing-Along with Mary*</b></p>
	<p>10</p> <p><b>SITE CLOSED</b></p> <p><b>STAFF</b></p> <p><b>TRAINING</b></p> <p>STAFF TRAINING</p> 	<p>11</p> <p>Word Trios Theraband Stretch Cornhole Role a Snowman</p> 	<p>12</p> <p>Abe Lincoln Bio Abbreviations Floor Dice Right-Left-Center Red, White, or Pink?</p> 	<p>13</p> <p>Funny Pickup Lines Heart Throb Hangman Kissing Facts Chair Exercise</p> 	<p>14</p> <p><b>HAPPY VALENTINE’S DAY!</b> Wear Red or Pink Sweetheart Skeetball Valentine Jingo</p>  <p><b>*Mike’s Jukebox Music 1pm*</b></p>
	<p>17</p> <p><b>Presidents Day</b></p> <p><b>Site Closed</b></p> 	<p>18</p> <p>Guess the President High-Low Cards Light-N-Lively Exercise Shenanigans</p> <p><i>Oh, the shenanigans!</i></p>	<p>19</p> <p>Presidential Nicknames True or False Slotz Ball Pictionary</p> 	<p>20</p> <p>First Ladies Name the States Bingo Beanbag Toss</p>  <p><b>*Nino Samiani Music 1pm*</b></p>	<p>21</p> <p>Old Sayings Movement Game Afternoon Sing-Along Random Trivia</p> 
	<p>24</p> <p>Getting to Know You Match the Bird Bunco Sit &amp; Stretch</p> 	<p>25</p> <p>Give Me 5 That’s Entertainment Beat the House Skeetball</p>  <p><b>*Therapy Dogs 1pm*</b></p>	<p>26</p> <p>Comedy Stars Humor Me Cards &amp; Dominoes Move to Music</p> 	<p>27</p> <p>Rhyming Riddles Bet You Didn’t Know Crazy Balls Pokeeno</p> 	<p>28</p> <p>Roll it, Play it Name 10 Things The Year 1986 Chair Stretches</p> 