

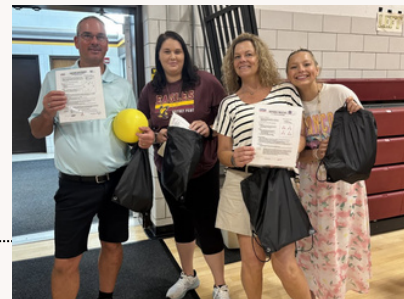
## Outreach, Outreach, Outreach!

During Quarter 1 of Year 5, the Broome County CHSC Team focused on no-cost ways to improve physical activity and nutrition in the community. Part of that included raising awareness through outreach to both residents and representatives! Although initial concerns arose due to potential federal budget cuts, the team has since received direction to move forward with spending and project implementation.



The CHSC Program showed community members the importance of physical activity and healthy eating at tabling events such as United Way's Give Where You Live Community Services Fair.

CHSC Staff arranged for Whitney Point CSD Staff Members to receive professional development on how to facilitate movement in their classrooms.



In collaboration with the Broome County Food Council, one of our staff members organized a community Resource Fair at the YWCA in Endicott Square, which gave 60 residents access to fresh food, cleaning and hygiene supplies, and information on resources available to them.

A productive conversation with State Senator Lea Webb and State Assemblywoman Donna Lupardo highlighted the consequences of federal funding cuts to programs such as SNAP in Broome County.



CHSC staff had their first Early Care and Education (ECE) training of this grant cycle with Ink and Graphics LLC. Staff of the daycare received training on Physical Activity Learning Session and Active Play with Mixed Age Groups.

## Innovative Readiness Training



CHSC Team Members gave resources to community members during Healthy Broome: an event put on by the military to provide no-cost health and veterinary services.

## CHSC in the News



Two church-based food pantries recently built on-site gardens to supply fresh produce to their clients. Click on the image above to learn more about the partnership between CHSC and CCE!

## Zippered Bags Project



In partnership with the Broome County Food Council and related organizations, about 1,300 zippered bags were distributed to high-need food pantries to help address transportation barriers to nutrition security!



## Other Happenings

- Cooking and nutrition demonstrations at local food pantries
- Physical activity and nutrition trainings at ECE Sites
- Pedestrian education events with Broome County schools
- CHSC Year 5 Convening in Kingston, NY
- Mind and Movement Training at Superintendent's Day Conference
- Sustainability efforts with all sites



## Stay Connected With Us!

- If you have any questions or would like to work with the CHSC team, email us at [CHSC@BroomeCountyNY.gov](mailto:CHSC@BroomeCountyNY.gov).
- To learn more about our initiatives and view a calendar of public events, visit our website at [BroomeCountyNY.gov/CHSC](http://BroomeCountyNY.gov/CHSC).
- To be updated on our projects and community engagement activities, follow us at the Broome County Health Department page on Facebook: [Facebook.com/BroomeCountyHealth/](https://Facebook.com/BroomeCountyHealth/)

