

CHILD AND ADOLESCENT BEHAVIORAL HEALTH CENTER BACKGROUND QUESTIONNAIRE

C# _____

Child's name: _____ Child's preferred name: _____

Today's date: _____ Birthdate: _____ Age: _____

Sex assigned at birth: Male Female Intersex Social Security #: _____

Gender Identity: Male Female Non Binary Other: _____

Child's preferred pronouns: he/him she/her they/them Other: _____

Primary Guardian Name: _____ Relationship to child: _____

Primary home address: _____

Guardian home phone: _____

Guardian cell: _____

Guardian E-Mail: _____

Secondary Guardian Name: _____ Relationship to child: _____

Secondary home address: _____

Secondary Guardian home phone: _____

Secondary Guardian cell: _____

Secondary Guardian E-Mail: _____

Person filling out this form: Mother Father Stepmother Stepfather Both together
 Caregiver Other (please explain): _____

<p>Please return to: 425 Robinson Street Binghamton NY 13904 Or email to: OMH.365.GBHC.Open-Access-Referral@omh.ny.gov Or fax to: 607-773-4527 Questions? Please call: 607-773-4520</p>	<p>Must be present for initial screening appointment: -Legal Guardian -Child -Custody paperwork – if appropriate</p>
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HISTORY OF SERVICES/CURRENT SERVICES

Who referred you to this clinic? _____

Why did they refer you to this clinic? _____

Primary Care Physician: _____ Phone: _____

Address: _____ City: _____ Zip Code: _____

Are you **currently** receiving mental health services? Yes No

If yes, name: _____

Are you currently **applying** for mental health services elsewhere? Yes No

If yes, name: _____

Has the child received evaluation or treatment for the current problem or similar problems? Yes No

If yes, please provide the following information (Please use a separate sheet of paper if there are more services):

Type of Service	Dates of Services	Reason/Frequency	Name of Agency and Provider/Phone
Mental Health – Private or Clinic			
Mental Health – Private or Clinic			
Mental Health – Private or Clinic			
Drug and Alcohol			
DSS/CPS Involvement			
SPOA			
CPEP visits			
Assessments/Evaluations			
School Counselor/Social Worker			
PINS/Probation			
Community Providers (Catholic Charities, Elcrest, Children’s Home, etc.)			
Medical Specialist			

LEGAL INVOLVEMENT AND HISTORY

Type of Legal Involvement	Reason for Involvement/Charges	Status/Outcome	Comment (Term, if known; Contact Person and Number)
<input type="checkbox"/> None <input type="checkbox"/> Criminal Court <input type="checkbox"/> Family Court <input type="checkbox"/> Treatment/Specialty Court <input type="checkbox"/> Other:		<input type="checkbox"/> PINS Diversion <input type="checkbox"/> PINS Probation Supervision (has been to court) <input type="checkbox"/> Adjudicated Juvenile Delinquent or Offender <input type="checkbox"/> DSS Custody/Placement <input type="checkbox"/> OCFS Custody/Placement <input type="checkbox"/> Jail <input type="checkbox"/> Family Court Order <input type="checkbox"/> Other:	
<input type="checkbox"/> Child Protective Services (CPS)		<input type="checkbox"/> Past <input type="checkbox"/> Current If current: <input type="checkbox"/> Investigation <input type="checkbox"/> Indicated/Founded	

PRESENTING PROBLEM/MENTAL HEALTH HISTORY

Please check all that apply to your child:

- | | |
|--|--|
| <ul style="list-style-type: none"> <input type="checkbox"/> Feelings of sadness <input type="checkbox"/> Tearfulness <input type="checkbox"/> Feelings of emptiness <input type="checkbox"/> Feelings of hopelessness <input type="checkbox"/> Angry outbursts/often and easily loses temper <input type="checkbox"/> Irritability <input type="checkbox"/> Frustration, even over small matters <input type="checkbox"/> Loss of interest or pleasure in most or all normal activities <input type="checkbox"/> Trouble falling asleep <input type="checkbox"/> Waking up frequently and not being able to fall back asleep easily <input type="checkbox"/> Sleeping too much <input type="checkbox"/> Tiredness and lack of energy, so even small tasks take extra effort <input type="checkbox"/> Reduced appetite and weight loss <input type="checkbox"/> Increased cravings for food and weight gain <input type="checkbox"/> Agitation <input type="checkbox"/> Restlessness <input type="checkbox"/> Slowed thinking <input type="checkbox"/> Slowed speaking <input type="checkbox"/> Slowed body movements <input type="checkbox"/> Feelings of worthlessness or guilt <input type="checkbox"/> Fixating on past failures or self-blame | <ul style="list-style-type: none"> <input type="checkbox"/> Trouble thinking, concentrating, making decisions <input type="checkbox"/> Difficulty remembering things <input type="checkbox"/> Frequent or recurrent thoughts of death/suicidal thoughts <input type="checkbox"/> Suicide attempt(s) * see section below <input type="checkbox"/> Self-harm behavior(s) * see section below <input type="checkbox"/> Unexplained physical problems, such as back pain or headaches, stomach aches <input type="checkbox"/> Feeling nervous, restless, or tense <input type="checkbox"/> Sense of impending danger, panic, or doom <input type="checkbox"/> Increased heart rate <input type="checkbox"/> Breathing rapidly (hyperventilation) <input type="checkbox"/> Sweating <input type="checkbox"/> Trembling <input type="checkbox"/> Feeling weak or tired <input type="checkbox"/> Trouble concentrating or thinking about anything other than the present worry <input type="checkbox"/> Decreased participation in liked/preferred activities <input type="checkbox"/> Experiencing gastrointestinal (GI) problems <input type="checkbox"/> Difficulty controlling worry <input type="checkbox"/> Urge to avoid things that trigger anxiety/worry |
|--|--|

- Fail to pay close attention to details or make careless mistakes in schoolwork
- Trouble staying focused in tasks or play
- Appear not to listen, even when spoken to directly
- Difficulty following through on instructions and fail to finish schoolwork or chores
- Trouble organizing tasks and activities
- Avoid or dislike tasks that require focused mental effort, such as homework
- Lose items needed for tasks or activities, for example, toys, school assignments, pencils
- Be easily distracted
- Forget to do some daily activities, such as forgetting to do chores
- Fidget with or tap hands or feet, or squirm in the seat
- Difficulty staying seated in the classroom or in other situations
- Be on the go, in constant motion
- Run around or climb in situations when it's not appropriate
- Trouble playing or doing an activity quietly
- Talk too much
- Blur out answers, interrupting the questioner
- Difficulty waiting/taking turns
- Interrupt or intrude on others' conversations, games, or activities
- Is frequently touchy and easily annoyed by others
- Often argues with adults or people in authority
- Often actively defies or refuses to follow adults' requests or rules
- Often annoys or upsets people on purpose
- Often blames others for their own mistakes or misbehavior
- Says mean and hateful things when upset
- Tries to hurt the feelings of others and seeks revenge, also called being vindictive
- Shown vindictive behavior at least twice in the past six months
- Bullying or threatening behavior
- Physical aggression
- Cruelty toward people
- Cruelty towards animals
- Fire-setting
- Breaking curfew
- Truancy from home or school
- Trespassing
- Lying
- Cheating
- Stealing
- Vandalism
- Emotionally or physically abusive behaviors (such as wielding a deadly weapon or forcing sex)
- Enuresis (peeing) (daytime or nighttime)
- Encopresis (pooping) (daytime or nighttime)
- Sensory issues: food, clothes, textures, sounds, tastes (circle those that apply)
- Auditory Hallucinations
- Visual Hallucinations
- Sexually acting out behaviors
- Running away for more than 24 hours
- Issues with personal hygiene
- Other: _____

How long has this problem been of concern to you?

- 2-3 months
- 4-5 months
- 6-7 months
- 8-9 months
- 10-11 months
- 1 year
- Greater than 1 year.

SUICIDE/SELF-HARM HISTORY

Has the child ever talked about having thoughts of suicide? Yes No If yes, please describe, include time frames/when: _____

Has the child ever talked about a suicide plan? Yes No If yes, please describe plan and include time frames/when: _____

Has the child ever tried to kill themselves? Yes No If yes, please describe and include time frames/when: _____

Does the child have a history of self-injurious behavior (i.e. cutting/burning)? Yes No If yes, please describe methods and include time frames/when: _____

VIOLENCE HISTORY

Has the child had recent thoughts/intentions or an actual plan to hurt others? Yes No If yes, please describe plan and include time frames/when: _____

Does the child have a history of threatening/attempting or actually hurting others? Yes No If yes, please describe plan and include time frames/when: _____

Does the child have any current and/or recent thoughts or behaviors that appear to be threatening?
 Yes No If yes, please describe: _____

Has the child had recent/historical thoughts/intentions or an actual plan to hurt animals? Yes No If yes, please describe plan and include time frames/when: _____

Has the child had recent/historical thoughts/intentions or an actual plan to start fires? Yes No If yes, please describe plan and include time frames/when: _____

Are there guns/weapons present in the home? Yes No If yes, please describe how they are stored/accessed: _____

ALCOHOL/SUBSTANCE USE/ABUSE

The child has used the following substances (check all that apply):

- | | | |
|--|--|--|
| <input type="checkbox"/> None | <input type="checkbox"/> Elavil | <input type="checkbox"/> Over the Counter Drugs |
| <input type="checkbox"/> Alcohol | <input type="checkbox"/> GHB | <input type="checkbox"/> OxyContin |
| <input type="checkbox"/> Alprazolam (Xanax) | <input type="checkbox"/> Heroin | <input type="checkbox"/> PCP |
| <input type="checkbox"/> Barbiturate | <input type="checkbox"/> Inhalant | <input type="checkbox"/> Rohypnol (Roofies) |
| <input type="checkbox"/> Benzodiazepine (Klonopin) | <input type="checkbox"/> Ketamine | <input type="checkbox"/> Tobacco/Nicotine |
| <input type="checkbox"/> Buprenorphine | <input type="checkbox"/> Khat | <input type="checkbox"/> Other Amphetamines |
| <input type="checkbox"/> Catapres (Clonidine) | <input type="checkbox"/> Marijuana/Hashish | <input type="checkbox"/> Other Hallucinogen |
| <input type="checkbox"/> Cocaine | <input type="checkbox"/> Methamphetamine | <input type="checkbox"/> Other Sedative/Hypnotic |
| <input type="checkbox"/> Crack | <input type="checkbox"/> Methadone | <input type="checkbox"/> Other Stimulant |
| <input type="checkbox"/> Ecstasy | (non-prescription- i.e., | <input type="checkbox"/> Other Tranquilizer |
| <input type="checkbox"/> Ephedrine | suboxone) | <input type="checkbox"/> Other: |
-

If anything other than none is checked for alcohol/substances used:

Child's Age at First Use: _____

Child's Frequency of Substance Use:

- No use in last 30 days 1-3 times last 30 days 1-2 times per week 3-6 times per week
 daily

Date last used: Month: _____ /Year: _____

Primary Route of Administration: Inhalation Oral Smoking Injection
 Other: _____

Negative impact of substance use on life areas (check all that apply and explain how):

- | | |
|---|---|
| <input type="checkbox"/> School/Work | <input type="checkbox"/> Legal |
| <input type="checkbox"/> Interpersonal/Family Relationships | <input type="checkbox"/> Medical/Physical |
| <input type="checkbox"/> Usual Peer Group/Friends and/or Environments | <input type="checkbox"/> Housing |
| <input type="checkbox"/> Mental Health (include emotional/behavioral factors) | <input type="checkbox"/> Other: _____ |

If yes, how have these areas been affected?

DEVELOPMENTAL/MEDICAL HISTORY

During pregnancy, did/was the mother

Receive prenatal care? Yes No

Smoke? Yes No

Drink alcoholic beverages? Yes No

If yes to any of the above, please specify:

Use drugs (including prescription, over-the-counter, and recreational)? Yes No

Exposed to any x-rays or chemicals? Yes No

Exposed to any infectious disease? Yes No

Was delivery induced? Yes No

Were forceps used during delivery? Yes No

Was a Caesarean section performed? Yes No If yes, scheduled emergency

Was the child premature? Yes No If yes, by how many weeks? _____

What was the child's birth weight? _____ Were there any birth defects or complications? Yes No

Did the child meet developmental milestones (i.e., rolling, crawling, walking, talking, potty training) within the normal time frames? Yes No

If not, please specify: _____

Did the child ever receive services from the Early Intervention Program (birth to three years old)?

Yes No If yes, which services did they receive? OT PT Speech Education

Did the child ever receive services from OPWDD? Yes No

If yes, which services did they receive? _____

Has the child ever been evaluated for an Autism Spectrum Disorder? Yes No

If yes, who did the evaluation and what were the results of the evaluation? _____

Does the child have any medical diagnoses (i.e., diabetes, epilepsy, etc.)? _____

Has the child had any surgeries (i.e., tubes, appendix, dental, etc.)? _____

Does the child see any specialists (i.e., GI, neurology, etc.) If yes, who and for what: _____

Has the child ever had a concussion, TBI, head injury? If yes, how and when: _____

Has the child been diagnosed with a genetic condition? If yes, how and when: _____

Current medications (prescribed and over the counter):

Medication Name	Dosage/Frequency	Reason for Taking	Prescribed by:
			<input type="checkbox"/> OTC <input type="checkbox"/> Prescriber:
			<input type="checkbox"/> OTC <input type="checkbox"/> Prescriber:
			<input type="checkbox"/> OTC <input type="checkbox"/> Prescriber:
			<input type="checkbox"/> OTC <input type="checkbox"/> Prescriber:
			<input type="checkbox"/> OTC <input type="checkbox"/> Prescriber:
			<input type="checkbox"/> OTC <input type="checkbox"/> Prescriber:
			<input type="checkbox"/> OTC <input type="checkbox"/> Prescriber:

Allergies/Adverse Reaction to or Non-effective Medications:

Medication Name	Response to Medication	Reason for Taking	Prescribed by:
			<input type="checkbox"/> OTC <input type="checkbox"/> Prescriber:
			<input type="checkbox"/> OTC <input type="checkbox"/> Prescriber:
			<input type="checkbox"/> OTC <input type="checkbox"/> Prescriber:
			<input type="checkbox"/> OTC <input type="checkbox"/> Prescriber:

Other Allergies (i.e., seasonal, insects, food, etc.):

Allergy to:	Response/Reaction	Other (i.e., treatment, etc.)

FAMILY HISTORY/COMPOSITION

Mother's name: _____ **Age:** ____ **Education:** _____

Occupation: _____ **Home Phone:** _____ **Cell:** _____

Father's name: _____ **Age:** ____ **Education:** _____

Occupation: _____ **Home Phone:** _____ **Cell:** _____

Stepparent's name: _____ **Age:** ____ **Education:** _____

Occupation: _____ **Home Phone:** _____ **Cell:** _____

Stepparent's name: _____ **Age:** ____ **Education:** _____

Occupation: _____ **Home Phone:** _____ **Cell:** _____

Marital status of parents: Married Separated Divorced
 Never Married, Together Never Married, Not Together Other: _____

If separated or divorced, how old was the child when the separation occurred? _____

Disagreements over Custody or Visitation: Yes No If yes, describe: _____

Who has legal custody of the child? _____

How often does the child see their other parent? _____

If remarried, how old was the child when the stepparent entered into the family? _____

List all the people living in the household(s) – identify which household if there is more than one (also add any other siblings living out of the household that have a relationship with the child):

<u>Name</u>	<u>Relationship to Child</u>	<u>Age</u>	<u>Occupation</u>
_____	_____	_____	_____
_____	_____	_____	_____
_____	_____	_____	_____
_____	_____	_____	_____
_____	_____	_____	_____
_____	_____	_____	_____
_____	_____	_____	_____

(cont.)	<u>Name</u>	<u>Relationship to Child</u>	<u>Age</u>	<u>Occupation</u>
	_____	_____	_____	_____
	_____	_____	_____	_____
	_____	_____	_____	_____
	_____	_____	_____	_____

Does the child have difficulty getting along with the following:

Siblings Yes No If yes, explain: _____

Parents Yes No If yes, explain: _____

Was the child adopted? Yes No If yes, at what age? _____

Does the child know? Yes No

Is there any family history of the following? (If yes, please specify who/relation to child)

Serious Medical/Physical problems:

- Diabetes Heart Problems Cancer Seizures Thyroid
- HIV/AIDS High Blood Pressure Tuberculosis Blood disease Other: _____

Mental Illness/Psychiatric problems:

- Depression Anxiety Schizophrenia ADHD
- Personality Disorders Problems with Alcohol Problems with Drug Abuse
- Bipolar Other: _____

TRAUMA HISTORY

Has your child experienced any of the following:

- Serious Accidental Injury:** Have you ever been in a bad accident (like a serious car, bus, train or bicycle accident or a bad fall) where you or someone else was or could have been badly hurt or killed? Have you ever seen a bad accident where someone was badly hurt or killed?
- Illness/Medical Trauma:** Have you even been so sick that you and your parents (or people taking care of you) were scared that you might die? Did you have a medical treatment that was very scary or painful? Did you ever see someone you really care about get so sick that you were scared that they might die?
- Community Violence:** Did you ever see a bad fight or shooting in your neighborhood, like between gangs? Were you afraid of getting badly hurt or killed? Have you seen someone mugged, robbed, stabbed or killed in your neighborhood?
- Domestic Violence:** Have you ever seen adults you live with get in a bad fight with each other, where someone got punched, kicked or hit with something? Have adults you live with threatened to hurt each other? Have you ever seen an adult you live with forced to do something sexual by another adult you live with?
- School Violence/Emergency:** Were you ever at school when something really scary happened, like a shooting, a stabbing, a fire, where you or someone got badly beaten up or someone attempted or committed suicide?
- Physical Assault:** Have you ever been badly physically hurt (punched, kicked, stabbed, shaken) by someone outside of your family or who has not taken care of you? Have you ever been badly hurt (punched, kicked, stabbed) by someone outside of your family, like someone in your neighborhood or a stranger?
- Disaster:** Have you even been in a natural disaster, like a hurricane, tornado, earthquake, flood or wildfire where you were hurt or could have been hurt or killed? Have you been in a natural disaster where you saw someone badly hurt or killed? Have you been in a place where there was a chemical spill or explosion?
- Sexual Abuse:** Did someone who was taking care of you ever force you to do something sexual? Did someone taking care of you ever make you watch something sexual?
- Physical Abuse:** Have you ever been badly hurt (punched, kicked, stabbed, shaken) by someone who is in your family or was taking care of you? Have you seen another child in your family being badly physically hurt by a parent, caregiver or legal guardian?
- Neglect:** Has there ever been a time when someone who should have been taking care of you didn't, like they didn't take you to a doctor when you were really sick, they left you alone for too long, didn't make sure you were going to school or didn't do their best to keep you healthy or safe?
- Psychological Maltreatment/Emotional Abuse:** Did anyone in your family ever keep telling you that you are no good, keep yelling at you or keep threatening to leave you or send you away? Were you often punished at home in ways that felt very unfair?
- Interference with Caregiving:** Was there ever a time when someone who was supposed to take care of you couldn't, like they were too sick, they were so sad they stayed in bed, or they had a drinking or drug problem?
- Sexual Assault:** Did someone outside your family ever force you to do something sexual? Did you ever see someone else being forced to do something sexual?
- Kidnapping/Abduction:** Have you ever been stolen or kidnapped (taken somewhere against your will) by someone without the permission of your parent or legal guardian?
- Terrorism:** Were you ever there when a terrorist attack happened, like a bombing, chemical attack or where people were taken hostage?
- Bereavement:** Has someone really close to you ever died?

- Separation:** Were you ever separated for a long time from someone you depend on, like a parent went to jail or was hospitalized, or you were placed in foster care?
- War/Political Violence:** Have you lived in a country where a war or armed conflict was happening (like soldiers or armed groups were fighting)? Did you see people who had been badly hurt or killed in a war or armed conflict?
- Forced Displacement:** Have you ever been forced to move out of your house due to war, armed conflict or disaster, like having to move to a trailer or refugee camp?
- Trafficking/Sexual Exploitation:** Have you ever done sexual things for money, food, clothes or protection? Were you ever sold to someone to work for them? Have you been forced into prostitution or pornography?
- Bullying:** Has someone your age or a student at your school ever bullied you, like kept calling you dirty names, making sexual comments, threatening to beat you up or spreading mean rumors around school or online?
- Attempted Suicide:** Have you ever tried to kill yourself?
- Witnessed Suicide:** Have you ever seen someone after they attempted or committed suicide?

ETHNIC/CULTURAL BACKGROUND

Primary language spoken in the home: _____
Preferred language for discussing healthcare: _____

Race: (Select all that apply)

- Alaska Native
- American Indian
- Asian
- Black or African American
- Hawaiian or other Pacific Islander
- White

Other
(Specify): _____

Hispanic Origin (Select one):

- Not of Hispanic Origin
- Hispanic, Not specified
- Cuban
- Mexican
- Puerto Rican
- Other Hispanic

Was the child born in the United States? Yes No

If no, where were they born? _____

When did the child come to the United States? _____

Were both parents born in the United States? Yes No

If no, where were they born? _____

When did the parents come to the United States? _____

Please describe any specific ethnic/cultural practices observed in your family, including customs, traditions, food preferences, etc.

EDUCATIONAL HISTORY

At what age did the child begin kindergarten? _____ What is their current grade? _____

Is the child in a special education class? Yes No

If yes, what type of class? 6:1:1 8:1:1 12:1:1

Did the child receive services from the Committee of Preschool Special Education? Yes No

Does the child currently have an IEP or a 504 Plan (circle one)? Yes No

If yes, what is their Classification?

Emotionally Disturbed Learning Disabled Multiply Disabled

Other Health Impaired Other: _____

Has the child been held back in a grade? Yes No If yes, what grade and why? _____

Has the child ever received special tutoring or therapy (Speech, OT, PT, RTI, AIS, etc.) in school?

Yes No If yes, please describe: _____

Has the child missed a lot of school? Yes No If yes, please indicate reason(s): _____

Has the child been suspended or expelled from school? Yes No If yes, please indicate reason(s): _____

Where has the child attended school?

	School District	School Building	Program (Regular or Special Education)
Preschool/Headstart			
K – 5			
6 – 8			
9 – 12			

What does your child want to do or be when they are older?

Does the child have a job? Yes No

If yes, Full Time: _____ Part Time: _____

INTERPERSONAL RELATIONSHIPS/SOCIAL FUNCTIONING

Does the child have **difficulty** getting along with the following: (if yes, please explain)

Other children their own age Yes No If yes, explain: _____

Other Adults Yes No If yes, explain: _____

Pets Yes No If yes, explain: _____

Approximately how many friends does the child have? _____

Do they spend time with them outside of school? Yes No

Are their friends the same age tend to be younger tend to be older

Are their friends a positive support for them a negative influence

Has the child expressed any concerns or questions related to their sexual identity or orientation?

Yes No If yes, explain: _____

Has your child been involved in dating relationships? Yes No

To your knowledge, has the child engaged in sexual activity? Yes No

LEISURE INTERESTS/ SUPPORTS

Please list any **Meaningful/Extracurricular Activities** that the child participates in (e.g., Community Involvement, Volunteer work, Clubs, Scouts, Sports, Music, Art, Recreation, reading, games, crafts, etc.):

What are the child’s favorite activities?

1. _____ 2. _____ 3. _____

What activities would your child like to engage in more often than they do at present?

1. _____ 2. _____ 3. _____

What activities do they like least?

1. _____ 2. _____ 3. _____

What chores does the child do around the house? _____

What time does the child usually go to bed on weekdays? _____ On weekends? _____

Which disciplinary techniques are usually **effective**? Yelling Talking Time Out Take electronics Grounding Extra chores/work Take toys Redirection Help Problem Solve Spanking Other: _____

Which disciplinary techniques **do not** work for your child? Yelling Talking Time Out Take electronics Grounding Extra chores/work Take toys Redirection Help Problem Solve Spanking Other: _____

Who usually administers discipline? _____

What do you enjoy doing with the child? _____

RELIGIOUS/SPIRITUAL BELIEFS AND PRACTICES

Do you belong to a church or religious organization? Yes No

Do you attend religious services regularly? Yes No If yes, where: _____

Does the child attend religious services? Yes No

What, if any, religious holidays/practices does your family observe? _____

GOALS/PROBLEMS/STRENGTHS

Please list up to 3 treatment goals/outcomes that you and your child would like:

1. _____

2. _____

3. _____

Child's willingness to engage in therapy?

1	2	3	4	5	6	7
Not at all						100% wants to come

What are your child's assets or strengths? _____

What are your child's needs/problems? _____

Is there any other information that you think may help us in working with your child? _____

Signature of Person Completing Form

Date/Time

Print Name of Person Completing Form

Relationship to Child

***Legal Guardian must be present for initial screening and intake appointments with the therapist and medication provider.**

Today's Date: _____ Child's Name: _____ Date of Birth: _____

Please have the child complete this:

PATIENT HEALTH QUESTIONNAIRE -9 (PHQ-9)

Over the last 2 weeks, how often have you been bothered by any of the following problems?

		Not at all	Several days	More than half the days	Neary every day
1	Little interest or pleasure in doing things	0	1	2	3
2	Feeling down, depressed, or hopeless	0	1	2	3
3	Trouble falling or staying asleep, or sleeping too much	0	1	2	3
4	Feeling tired or having little energy	0	1	2	3
5	Poor appetite or overeating	0	1	2	3
6	Feeling bad about yourself — or that you are a failure or have let yourself or your family down	0	1	2	3
7	Trouble concentrating on things, such as reading the newspaper or watching television	0	1	2	3
8	Moving or speaking so slowly that other people could have noticed? Or the opposite — being so fidgety or restless that you have been moving around a lot more than usual	0	1	2	3
9	Thoughts that you would be better off dead or of hurting yourself in some way	0	1	2	3

FOR OFFICE CODING: 0 + _____ + _____ + _____

=Total Score: _____

	Not at all difficult	Somewhat difficult	Very difficult	Extremely difficult
If you checked off any problems, how difficult have these problems made it for you to do your work, take care of things at home, or get along with other people?	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

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Today's Date: _____ Child's Name: _____ Date of Birth: _____

Please have the child complete this:

GAD-7

Over the last 2 weeks, how often have you been bothered by any of the following problems?

		Not at all	Several days	More than half the days	Neary every day
1	Feeling nervous, anxious, or on edge	0	1	2	3
2	Not being able to stop or control worrying	0	1	2	3
3	Worrying too much about different things	0	1	2	3
4	Trouble relaxing	0	1	2	3
5	Being so restless that it is hard to sit still	0	1	2	3
6	Becoming easily annoyed or irritable	0	1	2	3
7	Feeling afraid as if something awful might happen	0	1	2	3

(For office coding: **Total Score T** ____ = ____ + ____ + ____)

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Today's Date: _____ Child's Name: _____

Date of Birth: _____

Parent's Name: _____ Parent's Phone Number: _____

Directions: Each rating should be considered in the context of what is appropriate for the age of your child.When completing this form, please think about **your child's behaviors in the past 6 months.**

Is this evaluation based on a time when the child ___ was on medication ___ was not on medication ___ not sure?

	Symptoms	Never	Occasionally	Often	Very Often
1	Does not pay attention to details or makes careless mistakes with, for example, homework	0	1	2	3
2	Has difficulty keeping attention to what needs to be done	0	1	2	3
3	Does not seem to listen when spoken to directly	0	1	2	3
4	Does not follow through when given directions and fails to finish activities (not due to refusal or failure to understand)	0	1	2	3
5	Has difficulty organizing tasks and activities	0	1	2	3
6	Avoids, dislikes, or does not want to start tasks that require ongoing mental effort	0	1	2	3
7	Loses things necessary for tasks or activities (toys, assignments, pencils, or books)	0	1	2	3
8	Is easily distracted by noises or other stimuli	0	1	2	3
9	Is forgetful in daily activities	0	1	2	3

	Symptoms	Never	Occasionally	Often	Very Often
10	Fidgets with hands or feet or squirms in seat	0	1	2	3
11	Leaves seat when remaining seated is expected	0	1	2	3
12	Runs about or climbs too much when remaining seated is expected	0	1	2	3
13	Has difficulty playing or beginning quiet play activities	0	1	2	3
14	Is "on the go" or often acts as if "driven by a motor"	0	1	2	3
15	Talks too much	0	1	2	3
16	Blurts out answers before questions have been completed	0	1	2	3
17	Has difficulty waiting his or her turn	0	1	2	3
18	Interrupts or intrudes in on others' conversations and/or activities	0	1	2	3

	Symptoms	Never	Occasionally	Often	Very Often
19	Argues with adults	0	1	2	3
20	Loses temper	0	1	2	3
21	Actively defies or refuses to go along with adults' requests or rules	0	1	2	3
22	Deliberately annoys people	0	1	2	3
23	Blames others for his or her mistakes or misbehaviors	0	1	2	3
24	Is touchy or easily annoyed by others	0	1	2	3
25	Is angry or resentful	0	1	2	3
26	Is spiteful and wants to get even	0	1	2	3

The information contained in this publication should not be used as a substitute for the medical care and advice of your pediatrician. There may be variations in treatment that your pediatrician may recommend based on individual facts and circumstances.

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Adapted from the Vanderbilt Rating Scales developed by Mark L. Wolraich, MD.

Revised - 1102

American Academy
of Pediatrics



DEDICATED TO THE HEALTH OF ALL CHILDREN™

NICHQ

National Initiative for Children's Healthcare Quality



Today's Date: _____ Child's Name: _____
 Date of Birth: _____

	Symptoms	Never	Occasionally	Often	Very Often
27	Bullies, threatens, or intimidates others	0	1	2	3
28	Starts physical fights	0	1	2	3
29	Lies to get out of trouble or to avoid obligations (i.e., "cons" others)	0	1	2	3
30	Is truant from school (skips school) without permission	0	1	2	3
31	Is physically cruel to people	0	1	2	3
32	Has stolen things that have value	0	1	2	3
33	Deliberately destroys others' property	0	1	2	3
34	Has used a weapon that can cause serious harm (bat, knife, brick, gun)	0	1	2	3
35	Is physically cruel to animals	0	1	2	3
36	Has deliberately set fires to cause damage	0	1	2	3
37	Has broken into someone else's home, business, or car	0	1	2	3
38	Has stayed out at night without permission	0	1	2	3
39	Has run away from home overnight	0	1	2	3
40	Has forced someone into sexual activity	0	1	2	3

	Symptoms	Never	Occasionally	Often	Very Often
41	Is fearful, anxious, or worried	0	1	2	3
42	Is afraid to try new things for fear of making mistakes	0	1	2	3
43	Feels worthless or inferior	0	1	2	3
44	Blames self for problems, feels guilty	0	1	2	3
45	Feels lonely, unwanted, or unloved; complains that "no one loves him or her"	0	1	2	3
46	Is sad, unhappy, or depressed	0	1	2	3
47	Is self-conscious or easily embarrassed	0	1	2	3

	Performance	Excellent	Above Average	Average	Somewhat of a Problem	Problematic
48	Overall school performance	1	2	3	4	5
49	Reading	1	2	3	4	5
50	Writing	1	2	3	4	5
51	Mathematics	1	2	3	4	5
52	Relationship with parents	1	2	3	4	5
53	Relationship with siblings	1	2	3	4	5
54	Relationship with peers	1	2	3	4	5
55	Participation in organized activities (e.g., teams)	1	2	3	4	5

Comments:

For Office Use Only

Total number of questions scored 2 or 3 in questions 1–9:

Total number of questions scored 2 or 3 in questions
10–18: _____

Total Symptom Score for questions 1–18:

Total number of questions scored 2 or 3 in questions
19–26: _____

Total number of questions scored 2 or 3 in questions
27–40: _____

Total number of questions scored 2 or 3 in questions
41–47: _____

Total number of questions scored 4 or 5 in questions 48–55:

Average Performance Score:
