



Broome Opioid Awareness Council

March 4, 2022 | 10am
Virtual Zoom Meeting • Broome County Health Department

Agenda

Zoom info: <https://broome.zoom.us/j/85214601548>

If you call in with no computer option call 1.646.558.8656
Meeting ID-852 1460 1548

****Password 2022****

Call to Order: Marissa Knapp- Opioid Overdose Prevention Coordinator

In Attendance: Marissa Knapp (Broome County Health Department), Kristin Russell (Broome County Health Department), Susan Wheeler (Community Member), Amber Coyne (Fidelis Health Care), Megan Olmstead (Broome County Mental Health), Leigh Stevens (Two Rivers Church), Nancy Williams (Broome County Social Services and Mental Health), Mary McFadden (Broome County Health Department), Courtney Hayes (Truth Pharm), Colleen Wagner (Broome County Executive's Office), Courtney Wheeler (Broome County Office for Aging), Maria Fabrizi (Prevention Coalition of Broome County), Kurt Zumbach (Broome County Probation), Adeola Somefun (Binghamton YWCA), Jillian Beloch (Broome County Mental Health), Erica Robinson (Helio Health), Jill Llyod (Mental Health Association of the Southern Tier), Ralphalla Richardson (Lourdes Youth Services), Mike Baker (Broome County Defender's Office), Brian Norris (Broome County Security), Jason Ganar (Broome County Executive's Office)

1. Welcome and Introductions-

- Moment of Silence after Introductions were made
- Reminder that Sunday, March 6th is Black Balloon Day. Many know, but it is a day of remembrance of all the lives lost to substance use disorders and bring awareness to this issue. Marissa encourages others to use this day as a opportunity to educate others on substance use disorders and the effects of the lives lost on the community.

2. Presentation- Amber Coyne, Fidelis Health Care

- Fidelis Care background- A mission-driven health plan, committed to transforming the health of the communities

they serve, one person at a time.

- There are over 80,000 providers, specialists, and hospitals
- Fidelis is committed to addressing social determinants of health. Poverty, education, employment, food insecurity, housing instability, and access to transportation are all addressed when new patients are being reviewed
- Fidelis Health Coverage
 - Medicaid Managed Care-
 - covers full medical, dental, and vision and is for those who have no income.
 - It is for 12 months. This is for those with no income up to the lowest income level.
 - The only out of pocket cost is prescriptions, and normally it's only \$5-\$10 out of pocket.
 - When applying, this can be based on monthly income or annual income. If anyone has missed work and their income has dipped to the point of being Medicare eligible, they can use the current monthly income to qualify for 12 months without needing to prove monthly income for the rest of the 12 months.
 - This plan is good for individuals who may have recently lost jobs, had to take leave for caring for a loved one, etc.
 - HealthierLife- health and recovery plan for those eligible for Medicaid.
 - This is in addition to the Medicaid Managed Care program.
 - This plan based on medical history- example, a doctor put a medical note in the patient's chart they suffer from substance use disorders or mental health.
 - Individuals are provided with 1:1 case manager who will work with that individual on many levels. If the patient is in crisis, or needs treatment for substance use, has housing insecurity, vocational programs, food, etc. the case manager will work with that individual on connecting them with a service.
 - Also has a program for families related to those in recovery.
 - Fidelis offers a wide network of inpatient, outpatient programs. Amber is happy to connect with anyone outside BOAC for those who have questions.
 - Child Health Plus-
 - New York sponsored health insurance coverage for those under 19 years old.
 - There can be \$0-\$192 maximum a month program depending on the household income.
 - There is no deductible, no co-pays and is full medical, dental and vision.
 - Qualified Health Plans- different level of cost sharing.
 - Can be for some who are employed or retired who want to see what they can get outside of their employer.
 - There is financial assistance available with the advanced premium tax credits
 - If anyone has any questions, Amber is available to discuss offline.
 - Essential Plan- low-cost health plan available for qualifying individuals.
 - This may be good for those who make minimum wage.
 - Often Fidelis saw a flux in participants, individuals would be on this plan for a month or so, then drop off, and come back on before a doctor appointment.
 - There is no monthly premium for this plan. If someone is on the lower income level, there is no co-pays at doctor appointments, but the higher income there may be a small co-pay at appointments.
 - Essential Plan 4: for individuals who are not yet a US citizen. All that is needed is an expired passport, and Fidelis works closely with the laws in place. This plan will not interfere with the individual's citizenship status and there is no monthly premium
 - All essential plans cover full medical, dental, and vision for no out of pocket cost and no deductible.
 - Fidelis Care at home- managed long-term care
 - This is for anyone who needs assistance with day-to-day activities.
 - Medicare Advantage and Dual Advantage
 - For anyone who is 65 years or older or disabled.
- Fidelis has assistance and member services and support
 - Support online to assist with enrollment and renewals
 - Guide members through payment process

- Answer questions and provide local resources
- Provide health insurance information and resources at community events and partner sites
- Member support services online
- Member retention program
 - Fidelis Care will outreach to member for 60 days post coverage ending
- Find a doctor tool available- easy to use online for members
- Support during COVID-19
 - Covered screening, testing, etc. for COVID-19
 - Telamedicine still offered
- Fidelis StreetSide RV
 - This travel RV is open and goes to different locations and events for people to apply for insurance on the spot
 - Tuesday and Thursdays are parked in Broome County Health Department
- Phone enrollment is also an option

3. Updates & reports from partners –

- OD Numbers-
 - There is still an increase in the overdose numbers.
 - 18 suspected fatal overdoses from the beginning of the year.
 - 103 suspected non-fatal overdoses from the beginning of the year.
 - Trends or any partners noticing anything?
 - Marissa mentioned she's heard anecdotally fentanyl is in every substance.
 - There has been fentanyl in cocaine, so recreational users really need harm reduction messaging as well.
 - Right now, we have a PSA going until the middle of March. 211 has reported an increase in calls about services.
 - Narcan trainings-
 - Thank you to partners who are on who are doing all the trainings.
 - Truth Pharm has a Narcan training today in Owego with Tioga's ASAP from 2pm-7pm.
 - STAP, Helio Health, UHS, Truth Pharm, ACBC all can do Narcan trainings virtually and in person.
 - N-CAP is still available where Narcan can be distributed at the pharmacies. It's recommended calling first, but Narcan should be covered by insurance co-pays.
 - Reminder about the text spike alert program with the Partnership to End Addiction. If we are in a spike, a text will be sent out to those in the community signed up. Text SPIKE to 1-855-963-5669 and follow the prompts. If partners have social media and can share, it would be appreciated.
 - Fentanyl testing-
 - In conversations with law enforcement, it's mentioned all substances should be tested for fentanyl, nothing is considered safe
 - ACBC, Truth Pharm, STAP all have fentanyl testing strips
 - BCHD received fentanyl test strips with the Narcan they received from OASAS
 - In honor of Black Balloon Day, use this as an opportunity to spread harm reduction messaging like fentanyl testing strips and Narcan.
 - DSS and STAP are working together on having a Narcan training at DSS. There is no set date yet, but there will be on in the parking lot.
 - If your agency has not been trained in Narcan yet, BCHD encourages you to have staff trained.
- Broome County Health Department-
 - Opioid Mini-grants-
 - Were due Wednesday and have received them and will be reviewing them soon.
 - Sat. April 30th DEA Take back Day-
 - 9am- 2pm
 - Partnering with BC Safe and PCBC.
 - If anyone would like to join, please let us know. Partners are encouraged to come table and

- promote their services.
 - Spring DEA Take Back Day was successful last year.
 - Maria will be helping with advertising.
 - Covid-19 vaccines will be available.
 - We will also be collecting SHARPs this year. Last time Courtney and Truth Pharm collected SHARPs last time impromptu. Thank you to STAP for providing a bin for us!
 - SHARPS-
 - Broome County Health Department is applying for a SHARPs disposal kiosk.
 - UHS has been in the conversation, and they are open. They have 4 locations that are more public facing for SHARPs disposal with better hours. PCBC/SOR will be helping them with advertising and UHS is open to that.
 - There is no enough education in the community on where SHARPs can be properly disposed.
 - Opioid Fatality Review Team-
 - Marissa and Kristin attended NYC RxStat OFR meeting and had the opportunity to meet with the coordinator to ask questions. NYC is connecting us to their legal team for us to have the opportunity to meet and discuss legal issues.
 - Kristin and Marissa also met with Ocean County, NJ for a Q & A and asked many questions about their OFR. They're meeting is run differently from NYC with a different model, so it was good to hear the different models. The coordinator was also looking at allowing us to attend one of their meetings within the next few months.
 - BCHD met with Broome County legal team to discuss the legal matters of a OFR.
 - BCHD's OD2A grantors are looking to Broome as a pilot, as BCHD has done the most research into the OFRs. The state is very supportive of this initiative and have been on the calls with us.
 - The goal is to have the OFR running within the year, so by this time next year a meeting will have been held.
 - Pharmacy Update-
 - SOR and BCHD have met with UHS on a pilot program of deterra deactivation bags that would be distributed to individuals who are receiving opioids from the community facing pharmacies.
 - The target demographic is individuals who are receiving an opioid for the first time for a short-term issue, have a family history of substance use or a history of substance use themselves, have children in the home, etc.
 - SOR/BCHD has been working on logistics with UHS and discussing sustainability, and what the project will look like in the future.
 - SOR/ BCHD is meeting with UHS transportation because they will be shipping the bags to the pharmacies.
 - There are 5 community facing pharmacies that will be given deterra bags in Broome: 2 in Binghamton, JC, Vestal, and Endicott.
 - In Broome County last year, approximately half a million opioids are prescribed in a year.
 - BCHD/SOR are interested in working with Lourdes pharmacies as well.
 - Express Scripts will send Deterra bags if an opioid is prescribed.
 - Deterra is working with flex spending and insurance to create a code so these can be bought with insurance.
 - BCHD/SOR is working on a survey to distribute with the bags to collect data on prescriptions.
 - OASAS is partnering with Kinney drugs- Maria reached out to see if they'd be willing to provide us with bags because we do not have a Kinney drugs in Broome County.
 - Mary is always amazed with how much work is done from partners, especially through COVID.
 - COVID-19 vaccinations- looking to work with different groups to continue to vaccinate under-privileged groups. There are 44,000 eligible people in Broome County who have not been vaccinated yet.
 - Stigma related education- a request from legislature Mary Kaminsky to do something like Cayuga County has. Is there a way BOAC can do something around this?
- Broome Includes-
 - Partnered with DSS and the Special Olympic Ski team to distribute Broome Includes bags to all participants.
- Prevention Coalition of Broome County-

- Mental Health and Substance Abuse Night- Spring into Wellness
 - Next Thursday March 10th, Mental Health is hosting a Behavioral Health forum.
 - There are 10 panelists coming from across the system of care discussing mental health and substance use.
 - There will be about 25 tablaists and there is still room. There will be a lot of community resources.
 - The goal was to reach families, but there are many school counselors and people who are helping their own clients are registered.
- Movies in the park
 - Starting to work with Broome County Parks and Recreation Amanda to plan.
 - These were very successful in the rural parks like Cole and Dorchester.
- Family Fun Nights
 - Hoping to bring these back. Johnson City Rotary Club reached out since Carousel Days will happen this year. There may be some partnering with other groups in the community to offer these events.
- Cannabis Policies
 - Still working with municipalities on cannabis language adding to tobacco free policies.
 - This has allowed for great conversations with Town Supervisors and elected officials in the municipalities.
- Finger Lakes Prevention Resource Center Training
 - BCCC and PCBC combined efforts to do an environmental scan training.
- Documentary from Alexander Nevil foundation this is for youth. Alexander was a student who died after using counterfeit pills after wanting to experiment with pills. This can be viewed on PCBC's Facebook page. Maria is hoping to get this into the schools hopefully by the Spring. It's 20 minutes, but there has been good feedback from parents.
- Two Rivers Church-
 - Hope homes will be opening soon, both men's and women's.
 - Trainings will be put on for staff and volunteers, but this will be open to the community as well. This is funded by the Opioid Training Response Network from SAMHSA.
 - SAMHSA will provide 3 sessions virtually that will cover substance use disorders and stigma along with recovery housing. Leigh will send Marissa the flyer to distribute.
 - There will also be a recent loss training on April 20th, more information to come.
 - Hope Homes:
 - Sober living residence- not a treatment facility but in a family style setting.
 - There are between 8-10 individuals living in a home.
 - There is a house manager present, Two Rivers is going to be faith based because it's operated under a church. But not all homes have to be under that model.
 - Home Homes will be operated under a social model, putting a lot of responsibility on the individual.
 - This is a comprehensive program that is run for 12 months.
- Truth Pharm-
 - Narcan training today in Owego.
 - Office is open from 9-5 most days, for Narcan training, anyone can walk in the office those times and be trained in Narcan on the spot.
 - Family Support meetings:
 - This is twice a month from 6:30pm-8:30pm in person at the Truth Pharm office.
 - This group for those who have a family member who is struggling with substance use.
 - This is a harm reduction-based group, so Narcan training is available and discussion on harm reduction resources.
 - Training series for community health works who work with people who use substances. The curriculum is designed to reduce the frustrations of staff who work with people who use substances and reduce the stigma for those they are working with. The training is 35 hours long and starts March 21st and ends April 21st. This is Monday and Wednesdays. Hoping to reach rural providers but are open to everyone in Broome County. The information is on Truth Pharm's Facebook page.
- Public Defender's Office-

- Daniel Baldwin PSA Update
 - Daniel is not really responding to Mike, so looking at Adam Weitzman who produced My Promise to PJ who is the Executive Producer of the film. Marissa is going to try to use her contacts to connect with Adam.
 - Marissa and Mike are still working on moving this forward, just working on logistics on how to keep this going.
 - My Promise to PJ screening- you can watch on Tubi. Daniel is very open and active about his recovery journey and in the community. This documentary touches on what substance use can do to a family and how it affects an individual.
 - This topic seems to be slowing down, and it seems like this may be a good opportunity to reengage community participation in talking about this again.
- Client based advocate was hired- Hannah Driskoll. She is the liaison with the treatment community. She will be attending to meetings like BOAC and Peer Response. She can contribute more to these meetings, and will be the point person for all things substance use with clients. She is doing an office based Narcan training on March 23rd.
- Helio Health- No Updates
- Office for Aging-
 - HEAP was extended and opened a 2nd emergency benefit. Heating prices have gone up and it's really affecting clients. Thankfully, NYSEG is not necessarily cutting power off especially to elderly clients, but other heat sources are different. OFA is happy to see this extension.
- DSS-
 - Housing doesn't have ERAP anymore, but the portal is still open. ERAP is the Emergency Rental Assistance Program, there is promise of further federal funds, so DSS is still encouraging people to put their applications in the portal. DSS was waiting to hear at the end of February if the request from the governor was going to go through at the Federal level. The program has been successful, with 2,800 applications received and 780 payments made to landlords. People have been protected from eviction, and with an application pending, this should be able to protect someone from receiving an eviction.
 - Legal services of Central New York can help those who are facing addiction who need assistance with legal issues.
 - Rental supplement program RFP was put out. This is to supplement current rent. This is eligible for applicants who need money to supplement their rent, not necessarily to pay for the who rent.
 - There is still ESGCV funding through DSS and the city of Binghamton. This can help with security deposits, connect with rapid re-housing, things along those lines.
 - Cap to parent grant through the department of Child welfare is ongoing. The grant just contracted with a substance use disorder clinician to work with CPS staff to work with those families where there is a substance use disorder.
- Mental Health-
 - Mental health is in the process of opening priority access in mental health licensed clinics. Working on developing protocols and identifying justice involved youth so they get 5-day access to mental health services. Clinics are very open to this, and probation has been very supportive and helpful as has the team at DSS. The goal is to prevent kids from traveling further down the justice road, and many have substance use issues. Looking to launch this in the spring. Referrals from probation and the courts will be priority referrals.
 - Binghamton City court is implementing a "You Can" program through OCA. This deals with youth and may be a good program for Nancy and the MH team to partner with on this initiative. It is a supervisory program for certain ages. Mike and Nancy can talk offline.
- Probation- No updates- but do need updated Narcan training for staff.
- MHASt-
 - Through Project Hope, MHASt has worked with OFA targeting seniors.
 - Working in the schools a lot, building coping strategies with kids and providing many referrals to local resources both substance use providers and mental health providers.
 - If there is someone in crisis, there are some providers who are keeping slots open for those in crisis to

- avoid using CPEP to keep that capacity down.
- The mobile respite is working closely with police departments in Broome.
- MHASt is hoping to announce a new director by the end of April.
- Healing Communities Study-
 - Next week, there is Broome County HEALing communities study orientation that Jillian and her team will attend.
 - Still in Phase 0 until possibly the beginning or mid-summer.
 - There should be more information coming on the interventions that are available for Broome.
 - Jillian has completed a readiness assessment, so there is progress being made.
- Broome County Security- No updates. Thank you Brian for partnering with us on the DEA Take Back Day!
- Binghamton YWCA-
 - Still full in the Bridge program with 5 participants, looking at 2 participants graduating in late May.
 - Having a Narcan training with Truth Pharm at the end of the month. This is open to all staff and tenants.

4. Other Announcements/Business -

Next Meeting: Friday April 1st 2022 at 10am