Tool Box Tip #9 ADVICE TO PARENTS FROM PRE-SCHOOLERS

- ▼ PLEASE DON'T WALK SO FAST my legs are short and I can't keep up with you. Besides there are things I need to stop and see along the way!
- MY ATTENTION SPAN IS SHORT lots of things last too long like shopping, visiting and sometimes even games you play with me!
- WHEN I'M FRIGHTENED of a big dog or something, please pick me up and hold me; that helps more then telling me you won't let anything hurt me!
- ▼ SOMETIMES IT WOULD BE NICE if you would talk to me and explain why we have to do things, or explain what is going to happen then I'll know what to do!
- ▶ BIG PEOPLE GET IN SUCH A HURRY don't tell me 6 things at once. I get confused when people say: "This afternoon we're going to grandma's; get your coat; finish your lunch; what shoes do you have on?" Please give me one instruction at a time.
- PLEASE MAKE SURE I UNDERSTAND what you want me to do before you get mad at me for not doing something you expected me to do.
- GIVE ME TIME TO DO THINGS FOR MYSELF. I know I'm slow. I haven't learned how to put on my clothes yet, much less do it fast. What's all the hurry about anyway?
- I HAVE TROUBLE sitting still in the car even when you keep telling me to because it's not very interesting to look at the back seat or that dashboard thing. It helps if I have something to play with or look at like a book.
- SOMETIMES MY NECK HURTS TRYING TO SEE what's on the dining room table or looking at big people's faces. Please sit me on a chair or bend down to my level.
- ▼ I MAY BE SMALL AND DON'T KNOW ABOUT LOTS OF THINGS YET but I am not stupid! Please don't treat me as if I can't understand anything that is going on.
- I KNOW I MAY NOT ALWAYS SAY THE RIGHT THING. Please remember I'm still a person. When you tell secrets or private things to other big people, how should I know not to repeat them?
- I KNOW I LOSE ARGUMENTS but it is fun sometimes to get you riled up and I know I can get my way sometime! You shouldn't let my behavior get to you. You are the adult you should know better!

Adopted from Ruby Harris, Specialist in Family Relations and Leadership Training, University of California

Family Violence Prevention Council 36-42 Main Street, Binghamton, NY 13905 www.gobroomecounty.com/fvpc

How To Stop Child Abuse in A Public Place

It can be very uncomfortable to watch the mistreatment of a child by an adult whose behavior is out of control. Fortunately, there are things you can do to help....

- **Divert the adult's attention.** Start a conversation with the adult. Offer sympathy. For example, you could say, "Shopping with children can really try your patience, can't it?"
- Talk to the child.

 If the child is acting out or misbehaving, start a friendly conversation to distract him or her.
- **Praise the adult or child.**Find something positive to say about the child or the adult. For example, "That's a cute outfit your child is wearing. That color looks nice."
- Offer to help. Ask the adult if there is some way you can help.
- Avoid negative looks or comments.

 This may only increase the adult's anger, making things worse for the child.
- Call Police or 911 if you feel the child is in danger.

