



Broome Opioid Awareness Council & Drug Free

August 3, 2018 | 10 a.m. - Noon
Conference Rooms B & C • Broome County Health Department

Present: Scott Baker, John Barry, Kevin Brown, Kristin Canjura, Maria Fabrizi, Jo Difulvio (Phil Ginter), John Gartmen, Sidney Graham (for Jill Alford- Hammitt), Alicia Grunder, Marissa Lamphere, Jill Lloyd, Michele Napolitano, Stacey Rodzinka, Bouakham Rosetti, Dr. Christopher Ryan, Pastor John Snider, Jeffrey Wagner, Alan Wilmarth, Lorraine Wilmot

Absent: Lisa Bobby, Iris Borilla, Theresea Bovier, Megan Brockett, Diane Brown, Eunice Champlin, Valerie Datta, Rich David, Megan D'Introno, Jason Garnar, Mathew Gowers, Earl Greene, Andrea Gucci, Pastor Will Hampton, David Harder, Jeremiah Harvey, Jim Hawley, Stephanie Hazelett, JJ Hefley, Dr. Julia Hunter, Wendy Hunter, Erika Kalgren, Rebecca Kaufman, Laurie Keller, Saima Khan, Kyle King, Carole Kuklis, Lee Livermore, Donna Lupardo, Haley McCrory, Mary McFadden, Kevin McManus, Heidi Mikeska, Erin Monroe, Jim Mullins, Kim Myers, Kate Newcomb, Kimberly Newell, Carmela Pirich, Michael Ponticiello, Dr. Peter Ronan, Raymond Serowik, Thomas Skura, Penny Stringfield, Eric Velzis, Colleen Wagner, Chris Whalen, Susan Wheeler, Nancy Williams, Dr. John Zevan

Call to Order: Marissa Lamphere, Broome County Opioid Overdose Prevention Coordinator, called at 10:02 a.m. and introductions were made.

- **Approval of June 1, 2018 Meeting Minutes:** Minutes unanimously accepted as written and placed on file
- **John Gartman- Executive Director of the Hope Foundation for Binghamton:**
 - Currently John is coordinating a residential faith based recovery program called Hope Homes. There are currently two Hope Homes in the area, one male residential home located in Endicott currently houses 5 beds, and one female home located in Johnson City houses 8 beds. Each home has a live-in director that has their own separate living space. This program is for individuals 18 years of age or older who have had a history with addiction or currently are struggling with addiction however, the individual does not need to be actively using to qualify. Any individuals looking to get into the program cannot be utilizing any kind of mind altering drug or medication for support. Individuals will need to fill out an application and go through an interview process before they are brought into the program. Waiting lists for each home vary. Program is on a voluntary basis.
 - The Hope Homes program aims to provide individuals who may be struggling in the community find discipline in daily routine, strengthen overall health, build structure and help to restore order into their life. The Program is faith based and utilizes many principals of the 12-step program to help individuals struggling, reach their goals.
 - Many individuals entering this program come from broken homes and extremely unstable lives. Many people are looking for support, love and to feel cared for. Hope Homes helps provide that.
 - People involved in the program are involved in weekly faith based support groups ranging from women's addiction group, men's addiction group and a co-dependency group. Groups are held every Wednesday night at various churches in the area. Some groups are aimed at including the family in the recovery process, most people involved are receptive to this full circle approach.
 - Individuals in the program learn job skills and can generate an income which is partially set aside to help the individual get on their feet when they leave the program.

- 14 individuals have currently gone on to college after this program and many involved in the program stay in contact with program leadership and build relationships which help guide them on to successful lives. Currently all individuals who have completed the program successfully have stayed clean and have not returned to addiction.
 - **Referral process:** The referral process is currently by word of mouth. Many organizations have taken a tour of the homes to learn more about the structure and environment of each home.
 - **Donations:** The Hope Home's program is taking donations of any kind. As the program is residential based anything from food, supplies, paper towels, cleaning products, sheets, and pillows would be gratefully accepted, also any furniture new or used is welcomed. Anyone looking to donate can contact John Gartmen at Jgartman@sny.rr.com. There currently is a website for the HOPE foundation but not specifically for Hope Homes.
- **Drug Free Communities (DFC) Grant activities:** Maria Frabrizi, DFC Program Coordinator provided an update.
 - BOAC is in the rebranding process and is merging with the Community Education Workgroup and creating their own coalition. This new coalition will remain a sub group of BOAC but will be called, The Prevention Coalition of Broome County. This coalition is currently in the building process and will focus more on prevention. Kristin Canjura is the new Co-Chair of the coalition. As having sector members is required by the grant they are asking if members still want to remain involved as the focus of the coalition is changing. The coalition is currently looking for new membership and wanting to build from the group up. A tentative meeting is scheduled for the 3rd Thursday in August.
 - Family fun night is gearing up to start as we head into August. The first Family Fun Night is set to start Wednesday, August 8th in Otsenigo Park from 5:30PM-7:30PM. There will be shuttle available for those who need transportation. The park will host entertainment, food, activities, and tables from various organizations in the community. There will be several other Family Fun Nights in August as well taking place Wednesday, August 15th at CFJ Park in Johnson City, Wednesday, August 22nd at North Side Park in Endicott, Wednesday August 29th, Klumpp Park in Windsor.
 - **PNA Update:**
 - Not all schools are willing to Participate this year, DFC is still waiting to hear back from certain schools who do want to participate. Binghamton School District is hesitant on participating this year as the data may bring negative PR to the district. There may be options to add different protector type questions to the survey. Binghamton has participated in the Youth Behavior Risk Surveillance Survey in the past. DFC discussed with Binghamton how the survey would help the district narrow down specific needs and areas of improvement which would be beneficial to the district. It was also discussed that DFC would be willing to survey them separately in a different aspect, DFC will continue to reach out to the district in hopes of participation. BOCES sent out an email to all the schools on how worthwhile this survey is to do and how beneficial participating is.
 - **Media and Advocacy Committee:**
 - The Rx awareness Campaign is up and running there are billboards put on 3 bus shelters in the area by Robinson Street and by the Mall near Arby's. If anyone see's these messages take a picture and share them on Facebook, also like the page and share the page on Facebook to get the message out. The NYSDOH has agreed to pay for flights of media next September which will include Tuberculosis radio ads and social media ads. BOAC members be writing letters to the editor about why it's so important to get the message out.
 - August 31st is International Overdose Awareness Day and September is recovery month. It is important to use these opportunities to be vocal on all these issues within our community even though rates are going down on fatal overdoses it is not going away.
 - **Law Enforcement Committee and Membership Committee:** No updates/reports.

- **Peer Response Team:**
 - Johnson City has started calling the Peer Team to respond to onsite issues, similar to the Mental Health Crisis Responses. The team responded to their first onsite call in the community and the police stayed at the site while the team worked. The individuals were then escorted to a treatment facility.
 - Data collection for year one is finishing up. Wellness visits are continuing with BPD. The May Magistrates dinner was held and there was good feedback from the Magistrates. Peers are now able to be present and imbedded at arraignments. This is separate from the TAP program, there are 62 participants and 74% engagement with 2 graduating this week. Charges are sealed and dropped if they stay within the treatment recommendations for 90 days. Peers are case conferencing with individuals every week. The District Attorney has been willing to work with the individual if they are involved in some sort of treatment. The DA has also been open to an all-inclusive approach with specific individuals such as someone who may need mental health treatment along with treatment for addiction.

- **ACBC Update:**
 - The Recovery High school is working with BOCES and Care Compass currently. All schools will be referral resources. September 6th is the anticipated opening. The high school will follow Evertech's education program in the morning. Adolescents are screened and then must meet the educational requirements to receive a diploma. The school is aiming for 10 students for the year, there have already been several students from BOCES and one student referred from a local school. Students can be referred for other reasons not just use such as a family member using or having a history with use. Alicia Grunder will be the Coordinator/Clinician and will have a therapy dog. Education surrounding the referral process will be coming up as marketing for pamphlets are being created and revised as well as a PowerPoint presentation. ACBC and BOCES are looking at the initial referral process and what that looks like on a school level as well as expectations for schools and students. There needs to be a smooth implementation between ACBC and BOCES as well as all the schools making referrals, there may be an implementation support group in the future.
 - ACBC inducted its first Suboxone client, the opening for the new Suboxone Clinic will be in September with a new medical staff. ACBC is currently running its first groups in August at the Broome County Jail. Groups include Drug and Alcohol Relapse Prevention, and Safety and Trauma Information as well.

- **Treatment and Prevention Committee:**
 - September is recovery month. Fairview has a Voices Recovery Center celebration September 8th. Local Treatment providers are invited for activities. Animal Adventure will be present and there will be free food and ice-cream as well as a Narcan training, and information on different alternatives to recovery. Care Compass was instrumental in helping fund the celebration.
 - Attendance at Naloxone trainings has been good but at the last training there was a miss communication with the trainer. The Prevention Committee has been reaching out to NYS to see if there is more within the community that can be done in regards to Narcan training.
 - Dr. Hunter completed a Hep C training in Buffalo. There is movement forward on making OTC a one stop shop. Waiver trainings are being looked at to be provided to emergency rooms and healthcare providers, Dr. Roman and Dr. Hunter to be trainers.

- **Care Compass Network:**
 - Dr. Lavin, Dr. Allan, Sue Romancheck, Dr. Wayne Terraz, as well as North and South Regional Performing Units, have endorsed Adverse Childhood Experiences training to the PPS. This training will be an overall view of what ACES is and what ACES looks like in our community. The second phase will be implementation of ACES in schools and clinics that may be interested in involvement. The trainer for this will be Dr. Heather Larkin associate professor from Albany. ACES is currently being implemented in the capitol region. This training will also be open to the

community as well. A possible location that is being looked at is Tioga Downs as it is centrally located for many different counties to attend. Another possible location that is being looked at is Ithaca Country Club or a location near there. Broome County is also looking at Traditions as a location to hold the training as well depending on the interest level.

- Care Compass is working on a train the trainer model for motivational interviewing as well as SBIRT which would keep the training going throughout the community once the funding is gone.
- **Dr. Ryan Update:**
 - There is a current downward trend on open involved deaths with Opioids. There currently is a lot of pending death certificates from April, May, and June due to incomplete investigations or death certificates not being sent out from the municipality. Law enforcement Naloxone administration has been decreasing as well as EMS Naloxone administration. In regards to non-professional rescuers, people are coming back for refills on the Naloxone, some uses are not reported or under reported. The Susquehanna EMS Council (SREMS) is transitioning to a new system for reporting, many other agencies are also transitioning.
 - **Observations from front runners:** There has been an increase in cocaine and meth arrests. There was 45 confirmed heroin or opioid overdoses, 3 fatal. There has been a large increase this month with over 10 overdoses confirmed. There has also been a large increase in multiple drug use. It is difficult to measure and track other drugs that are being cut. The strength of meth and synthetic cannabinoids has caused users who have overdosed to end up needing ventilators due to the strength of the drugs.
 - Meth overdoses are harder and more intense to treat. The cravings and relapse is incredibly high for a meth user and when the craving hits the chance for relapse is higher. Meth use causes more bodily wear and tear. EMS is well versed in treating a meth overdose. EMS was given a training held at Lourdes which was thorough and went into detail on how meth is made and what chemicals are used which is important and can be eye opening for many first responders. Prevention education surrounding what is used to create meth will be important as many people and users do not know what is in meth.
 - There were two recent episodes where EMS transported a meth overdose case and the responders were not properly decontaminated and EMS personnel became sick. Decontamination, exposure risk, and potential injury risk is important and needs to be included in any meth overdose training provided. Often EMS or first responders are attending to the patient and often in a hurry which causes factors in the environment to go unseen. Decontamination training needs to be brought to Broome County for professionals out in the field as well as medical professionals. State Police could do the training. Dr. Alan and Boukham Rosetti from Care Compass will talk about how to implement this training in the community, Mike Ponticello to be included. A lot of family members are also struggling with how to handle someone in the family that is using meth, including support for this as well as general information within community forums may be helpful.
- **Rural Committee:**
 - Hungry Heart was shown in Whitney Point June 13th and on June 20th a discussion was held at the Lisle Community Church. Some school board members were present and gave feedback. The Telehealth component for ACBC is starting up, looking at a possible Telehealth hub in Whitney point. Zoom Training was completed.
- **Probation:**
 - The first use of Narcan was used for home visit officers. Two women were on the side of the road trying to help another woman who had appeared to have overdosed. Narcan was administered, two doses were given. The woman was revived and this is the first use of Narcan from probation in over a year.

The next meeting will be September 14th from 10-12pm.

