

BROOME OPIOID ABUSE COUNCIL

August 5, 2016

Present: Jill Alford-Hammitt, John Bernardo, Sean Britton, Diane Brown, Carole Cassidy, Katie Cusano, Arthur Johnson, Lee Livermore, Gabe Osterhout, Debra Preston, Dr. Christopher Ryan, Alan Wilmarth, Lorraine Wilmot

Absent: Robin Alpaugh, Allen Buyck, Stephen Cornwell, Megan D’Introno, David Harder, Jerry Marinich, Kate Newcomb, Dennis O’Keefe, Dr. Peter Ronan, Raymond Serowik, Susan Wheeler

Guest: Carol Schneider, Heart Glow Integrated Massage

Announcements:

- Carol Schneider, a Licensed Massage Therapist with Heart Glow Integrated Massage, attended the meeting to discuss the positive benefits of a comprehensive approach to include massage for people in recovery from substance use disorder. She has been helping veterans suffering from trauma and substance use disorder through massage. There has been a decrease in opioid use among veterans following this integrated massage process.
- The District Attorney requested death certificates and autopsy reports for overdose deaths from 2014 to present.
- BOAC brochures were distributed at the Conklin Fair and at the Town of Dickinson and Union courts. They will be provided to all town offices, schools and the Court Clerks Association.
- Carole will send out the draft notes from the retreat for comment before finalization.
- The Binghamton Adult Treatment Court is providing a free Medication Assisted Treatment training by Dr. Joshua Lee, Associate Professor in Medicine and Psychiatry at New York University, on August 10th at the State Office Building.
- The HEAL Family Support Group is having a community event on August 10th in Cayuga County with the Support of the Baldwin family. We could consider tapping into celebrity status to bring attention to a local event.
- Julia Hunter from United Health Services will conduct public education at the Stay Healthy Center and some teaching days. She will be working with pregnant women in the Methadone Program who come in every day for coordination of care. They are considering switching to buprenorphine.

Community Education Committee:

- The committee did not meet during July. There have been no school presentations during the summer break.
- Oneida County did a presentation from a sports medicine perspective and we will be scheduling a similar event to include coaches, athletic directors and parents during September. Mike Curley, Director of the Lourdes Hospital Rehabilitation Center, Dr. Taber (a chiropractor), and Drs. Bennett and Calkins from the Lourdes Hospital Center for Pain and Wellness will be included on the panel.

Law Enforcement Committee:

- The Sheriff’s Assisted Recovery Initiative will assess on a monthly basis whether or not to keep two beds open for that program as there have been some days when the beds were not utilized. There will be another press release regarding the program at the end of August.
- The Law Enforcement Committee membership is being expanded to include Chief Pat Garey from the Endicott Police Department, Jim Hawley from HIDTA who used to be with the Binghamton Police Department’s Special Investigation Unit and the Broome County Sheriff’s Office, Sergeant Matt Cower from the Broome County Sheriff’s Office and Deputy Stapleton, a School Resource Officer.

Treatment and Prevention Committee:

- Katie attended a presentation by the Healthy Capital District Initiative. They have a group of family members who are trained to train others on Narcan administration. They are mapping all Narcan administrations and have found the highest use in high socioeconomic areas. They would like physicians who prescribe opioids to prescribe Narcan at the same time.
- The ACBC detox center will open this fall. Jill Lloyd was hired as the Family Navigator. She will be invited to attend the next BOAC meeting. They have posted the job description for Peer Advocates.
- The Fairview Women's Community Center is almost ready to open. They have two additional beds and are now up to 18, two of which are for women with children.
- The Addiction Crisis Center is looking at expanding or building a new facility if funding is available. The Addictions Crisis Center currently has 22 beds and regulations will permit an increase to 24 beds.
- Promise Zone is working with the Family and Children's Society to develop mental health clinics in the schools. In September they will have clinics in Windsor, Johnson City and East Middle School. The goal is to have a satellite clinic in most of the school districts in the county.
- United Health Services Hospitals has hired a full-time addiction medicine physician. The physician will expand access for the Vivitrol Program once inmates are discharged from the jail to the community for follow-up care.

Education of Medical Professionals Committee:

- Dr. Ryan will schedule a meeting with Town Clerks to discuss death certificates.
- Sean, Dr. Ryan and Tom Morellino met. Tom interacted with 130 prescribers regarding opioid prescribing in a three month period. As he moves into the second phase of the project he will continue to provide information on the CDC guidelines. He will be reaching out to the hospital systems about barriers into getting into certain medical practices. Dr. Ryan will be reaching out to providers that he knows through years of practice. It was suggested that Tom also visit with oncologists and with hospice to discuss the proper disposal of opioids after an individual passes away so they are not used by someone else.
- Speakers are being lined up for the Regional EMS Council meeting for training EMS providers. Potential speakers are Lee Livermore (or someone else from the Poison Control Center), Dr. Ryan on epidemiology, and someone to talk about long-term recovery after Narcan administration.
- Dr. Ryan has been in contact with the Southern Tier Pharmacist Association about take-back boxes. There was some interest but reservations about how the process would work and the additional burden and risk. Dr. Ryan is working with one pharmacy that expressed interest; the others were interested but non-committal.
- BOAC will be part of an article in the October issue of the Public Management magazine for local government members across the nation to highlight the work we are doing through BOAC, a multi-disciplinary council with a focus on collaboration to achieve community results.
- Sean Britton and Dr. Ryan will present at the NYS Association of County Health Officials meeting on August 11th. Sean will present on BOAC and Dr. Ryan will present on the epidemiology of Naloxone administrations and how we look at overdose deaths.
- Ray will be working with law enforcement agencies to switch over to the nasal spray version of Naloxone because it is easier to use in the field.

The next meeting is **September 9, 2016** at 10:00 a.m. in Conference Room A at the Broome County Health Department. Investigator Tim Dewey with the NYS Bureau of Narcotics will present on how we compare to other counties in the state.