



Broome Opioid Awareness Council & Drug Free

December 7, 2018 | 10 a.m. - Noon
Conference Rooms B & C • Broome County Health Department

- Present:** Wayne Amendola, Megan Brockett, Brezke Brooks, Kevin Brown, Phil Ginter, Sidney Graham, Alicia Grunder, Wendy Hunter, Rebecca Kaufman, Deb Kerins, Jessica Krohn, Marissa Lamphere, Jill Lloyd, Mary McFadden, Heidi Mikeska, Erin Monroe, Kali Murphy, Bouakham Rosetti, Raymond Serowik, Daanish Shaikh, Penny Stringfield, Susan Wheeler, Lorraine Wilmot, Liz Woitd
- Absent:** Fred Akshar, Scott Baker, John Barry, Lisa Bobby, Don Bowersox, Diane Brown, Cara Burney, Kristin Canjura, Rich David, Megan D'Introno, Maria Fabrizi, Jason Garnar, John Gartman, Shannon Gillette, Earl Greene, Andrea Guccia, Pastor Will Hampton, David Harder, Jeremiah Harvey, Jim Hawley, Stephanie Hazelett, Dr. Julia Hunter, Laurie Keller, Kyle King, Sarah King, Carol Kuklis, Lee Livermore, Donna Lupardo, Haley Mcrory, Kevin McManus, Heidi Mikeska, Jim Mullins, Kim Myers, Michele Napolitano, Kate Newcomb, Kimberly Newell, Carmela Pirich, Christine Podolak, Michael Ponticiello, Stacey Rodzinka, Raphella Richardson, Dr. Peter Ronan, Dr. Christopher Ryan, Thomas Sukra, Pastor John Snider, Colleen Wagner, Jeffrey Wagner, Chris Whalen, Nancy Williams, Alan Wilmarth, Megan Wise

Call to Order: Marissa Lamphere, Broome County Opioid Overdose Prevention Coordinator, called at 10:00 a.m. and introductions were made.

Approval of November 2nd, 2018 Meeting Minutes: Minutes unanimously accepted as written and placed on file.

- **Lourdes Ascension Student Assistance Program (SAP)-** Sidney Graham, Supervisor
 - Counselors currently in several schools in the Broome County area including BOCES, Seton, CV, CF, Binghamton, Windsor, Whitney Point, and Deposit.
 - Counselors work with students who may need extra support in their lives.
 - Schools and parents can refer students to counselors.
 - Counselors develop a goal plan with students and work on coping skills, stress relief, mindfulness, and many other techniques to help students in their daily lives.
 - Counselors run individual sessions with students as well as different groups depending on what difficulties they are going through and what support is needed.
 - Counselors often make referrals out into the community for students that may need more support.
 - Along side the SAP program Lourdes offers the Alcohol Drugs Education Prevention Team (ADEPT) which is a program that goes into different schools, mostly those that do not have a SAP counselor already established and presents and educates classrooms on drugs and alcohol and the effects on the brain and body.
 - Other programs that are offered and ran within the SAP and ADEPT programs are Teen Intervene, Project Success, and All Stars.
 - Also along side SAP and ADEPT under the Opioid STR Grant there are two programs called Parenting Wisely and To Good for Drugs.
 - Parenting Wisely- works on the challenges and struggles parenting may present.
 - To Good for Drugs- K-12 Curriculum working with students on sports prevention and wellness and the dangers on sports injuries and addiction.
 - Currently SAP counselors have 99 students admitted in the program and 7 groups running.

- **Senior Coprs-Senior Volunteer Volunteer Program (RSVP)** – Debra Kerin’s, RSVP Program Director
 - Several different programs offered under Senior Corps: Foster Grandparent Program, RSVP, Senior Companion Program.
 - RSVP Volunteers engage those that are 55 and older, recruit and manage other volunteers, participate in environmental projects in the community, mentor and tutor children, meals on wheels, Bone Saver Exercise Classes, Thai Chi for Arthritis Classes, partners with OFA, Local Food Pantries.
 - Senior Corps is looking to develop a work plan under the 3-year grant cycle.
 - working to increase investment into the opioid crisis in 150 U.S. Communities.
 - Senior Coprs is looking to find out where their volunteers can fit in.
 - Elderly may benefit from taking Thai Chi to wean off opioids.
 - Grandparents who are taking care of their grandchildren due to addiction in the family may benefit.
 - May be possible to coordinate volunteers at local narcan trainings.
 - There are many educational opportunities that may be able to be held such as informational meetings in regards to locking medication.
 - Volunteers may be able to participate in putting together ‘comfort kits’ for those awaiting treatment.
 - A Christmas drive will be held at The Oakdale Mall and RSVP volunteers will be wrapping.
- **Drug Free Communities (DFC)/Prevention Coalition-** Marissa Lamphere provided an update.
 - The PNA is wrapping up and coming to an end.
 - School Districts have been in support of lending space to hold “The Buzz” forums. NYS will be presenting Chasing the Dragon at Maine Endwell Highschool and Deposit Highschool in January and February.
 - **Social Host Law update:** Work plan is geared towards partnering with stakeholders who may play a role and reaching out to the community for support.
 - Modeling the Social Host Law off what other counties have done specifically Ontario and Stuben County.
 - Social Host will hold college students more accountable when partying, specifically holding the lease holder that is present accountable. Different levels of fines will be available depending on the number of offenses taking place. There will need to be a lot of parent and community education surrounding the law and different aspects.
- **Narcan Trainings-** 7 Narcan Trainings were held in the community. Thanks to anyone who supported this.
 - N-CAP- Naloxone Co-payment Assistance Program- allows individuals with health insurance, Medicaid or medicare up to \$40 in co-payment assistance, resulting in reduced cost or no cost for Narcan. Some have heard that individuals end up having to pay out of pocket for the Narcan through this program.
 - Volunteers through RSVP could possibly survey, check and track local pharmacies on this information, see if pharmacies know about the program and are using it. Would be an educational opportunity for pharmacistis/pharmacies.
 - Many organizations in the community are now holding narcan trainings such as: ACBC, Helio Health, STAP, TruthPharm, NYS OASAS is also putting focus in Broome County. Delaware County Police Department holds trainings for their community.
 - More education needed to get the community on board to become trained. Community members question liability, and safety. Fire Extinguisher analogy may be helpful as you may not necessarily need it every day but statistically you should have it as a harm reduction tool. Promoting data on overdoses may help.
 - Dr. Hunter and Dr. Ronan offer a mini program to help support newly trained in narcan.
 - **Care Compass Network-** Sponsoring a free Waiver Training for all clinical health care providers February 23rd 8-1pm at the Double Tree Hotel, Breakfast and Lunch will be provided.
- **Peer Response-** Presented on OD Maps to NYSAC Board of Directors. Board was receptive and had many questions about peers and law enforcement. Peer Response will be presenting at another conference involving County Executives across the state at the end of January.

- **Treatment and Prevention:**
 - **Helio Health**-Jessica Krohn with an update- Helio Health currently has available beds within their 2nd pod. Actively looking for LPN's and Nurse Practitioners. Starting in December there will be Smart Recovery groups held weekly for patients.
 - **Family Counseling Services**- Wayne Amendola with an update- Family Counseling is moving towards more integrated regulations and there will be a merger on January 1st and a new name. Family Counseling has 2 suboxone providers and currently 1500 active clients.
- **Peer Response/Law Enforcement:** Ray Serowik to update on data at the next meeting.
- **Media and Advocacy Committee:** Please continue to send any events or posts you would like shared to Marissa Lamphere and she will post them on the BOAC Facebook page.

The next meeting will be January 4th from 10-12pm at the Health Department.