



## Broome Opioid Abuse Council & Drug Free Communities

November 3, 2017 | 10 a.m. - 12 p.m.  
Conference Rooms A & B • Broome County Health Department

**Present:** Jill Alford-Hammitt, Scott Baker, Megan Brockett, Diane Brown, Megan D’Introno, Maria Fabrizi, Jason Garnar, Matthew Gawors, Cara Burney (for Andrea Guccia), Jim Hawley, Dr. Julia Hunter, Erika Kalgren, Rebecca Kaufman, Saima Khan, Amber Kida, Lauren Klemanski, Lee Livermore, Jill Lloyd, Andrea Mazzini, Mary McFadden, Erin Monroe, Jim Mullins, Kate Newcomb, Kimberly Newell, Dr. Christopher Ryan, Raymond Serowik, Penny Stringfield, Eric Velzis, Susan Wheeler, Nancy Williams-Frank, Alan Wilmarth, Kurt Zumbach (for Lorraine Wilmot), Katie Young

**Absent:** Katelyn Albright, Lisa Bobby, Iris Borilla, Theresa Bovier, Valerie Datta, Rich David, Eric Greene, David Harder, Kyle King, Carole Kuklis, Reginald (Corkey) LaBare, Donna Lupardo, Haley McCrory, Kevin McManus, Dennis O’Keefe, Michael Ponticiello, Dr. Peter Ronan, Colleen Wagner, Jeffrey Wagner, Chris Whalen, Dr. John Zevan

**Call to Order:** Maria Fabrizi, Drug Free Communities Program Coordinator, called the meeting to order at 10:00 a.m. and introductions were made. Upon a motion by Diane Brown, seconded by Jim Mullins, the minutes of the October 6, 2017 meeting were approved as presented and placed on file.

Penny Stringfield arranged for two French journalists to record portions of the meeting as they explore the opioid/heroin problem in the United States. A copy of their report will be made available to BOAC.

A question was raised about the proposed treatment center at Broome Developmental Center. The funding award is expected at any time and a resolution will be put forth for approval by the Broome County Legislature at their December meeting. There were two public forums to discuss the Broome Developmental Center proposal. County and elected officials along with OASAS and Syracuse Behavioral Health provided information to the public.

**RFI for Recovery High School:** Jim Mullins and Katie Young submitted a proposal on Monday in response to an RFI from OASAS to develop a recovery high school for substance use disorders. The proposal is to develop a recovery high school (for up to 40 students in grades 9-12) through BOCES to be located at the Columbus School in Binghamton. BOCES will work with contiguous BOCES (Tioga, Chenango and Delaware) to accommodate students from those counties. Students would stay in the program as long as they needed to and then transfer back to their home school. ACBC has a model that we can draw from that is used at the Wyoming Children’s Home. The treatment piece will be incorporated with requirements for graduation. After a student was referred to the program, an assessment would be completed by ACBC to decide what level of care the student needs. The student might go to an inpatient program first and then the BOCES recovery high school. School districts would pay BOCES for the education piece and receive aid back based on their aid ratio.

**Open Access Grant:** A grant application was submitted to OASAS for 24/7 access to assessments for services. Local providers met, along with Judge Pelella who is interested in an opiate court, to develop the proposal. ACBC would do this regionally with contiguous counties to offer assessment services when agencies are closed. There will be a mobile van dedicated to this program. We could hear as early as Monday on the grant award.

**Recovery Outreach Center (VOICES):** The grand opening for the center was October 24<sup>th</sup>. Katie Young and Michelle Napolitano worked on that grant through OASAS a couple of years ago. VOICES opened for business in September and there are several groups meeting there: parent/grandparent group; women's twelve step group; and others for the recovery community and families. Peers have been hired for outreach.

**DFC Accomplishments:**

- Maria met with the Rumble Ponies and the Devils about prevention (alcohol-free) nights. The Rumble Ponies are on board with prevention activities. They were asked if they would be willing to designate a section or area that would be a family friendly section all the time rather than just on prevention night. They are willing to do that. The Baseball Digest had an article about the Rumble Ponies Prevention Night because it is the only baseball team that has held a prevention night. There was discussion about getting schools involved and having a banner contest. The Devils called us to schedule a prevention night after the Rumble Ponies event. The Devils Prevention Night will be Saturday, December 9<sup>th</sup>. They also agreed to have a family friendly section all the time.
- Maria discussed alcohol advertising issues with the Tobacco Free Coalition and Reality Check.
- DFC staff held the community presentation for the Prevention Needs Assessment which went well and meetings are being scheduled with school districts to present their school specific data.
- DFC staff met with the Binghamton University Prevention Coordinator to align goals.
- The information awareness pieces are up and running on school websites. Doug Titus suggested using Facebook, Twitter and Instagram to reach more parents and youth. Awareness pieces will be posted on decision making and coping skills.
- Maria met with Promise Zone Coordinators to discuss possible collaborations.
- Maria met with HealthlinkNY's Population Health Coordinator to discuss possible collaboration.
- The Social Norms Misconception Campaign is underway with schools and Lourdes Youth Services.
- Maria connected with the Finger Lakes Prevention Resource Center, other Coalitions and DFC grantees in the state to discuss what has worked for them. They offer many facilitated training topics that we may be able to take advantage of. Contact Maria if you would like her to set up any of the trainings. Maria and Erin Monroe, the Prevention Coordinator for Binghamton University, will collaborate. Erin received a grant from OASAS to develop a coalition for alcohol and substance abuse prevention in the student population. She will pull together some community and campus partners to discuss underage drinking and development of some prevention work on campus.
- All paperwork was completed for the CADCA's National Coalition Academy and there will be a National Leadership Forum in February to continue the process.

**BOAC Logo:** Rebecca will send out a PowerPoint presentation that suggested redesign of BOAC's logo and letterhead. There are some free resources that can be used to make everything look more professional. A name change was suggested to change Broome Opioid Abuse Council to Broome Opioid Awareness Council. Provide feedback on the name change to Rebecca.

**Certified Peer Response Initiative:** Jill Lloyd presented a PowerPoint on the Peer Response Initiative (attached). New York State is fifth in the nation in the number of fatal overdoses. There was a 20.4% increase in overdoses between 2014 and 2015. There were 76 overdoses in 2016 and 39 in the first half of 2017.

ACBC met with the Fairview Recovery Center last week to discuss peer response collaboration. ACBC peers have been doing wellness checks with the Public Defender's Office and gathering information from police departments and the Intel Center. They are looking at having an office within the Public Defender's Office to imbed peers who would be there at the time of arrest. They are beginning to attend arraignments as well.

With the CODY grant, six peers were added (2 in Broome County). They are looking at hiring a peer for third shift and weekends. Forty-six hours of training are required for the peers. ACBC can collaborate with other providers to train peers in the community. ACBC peers have also received trauma informed care training and will attend motivational interviewing training.

**HIDTA Meeting:** Jim Hawley and Rebecca Kaufman attended a meeting in Maryland on Monday with a multidisciplinary group from several states to discuss overdose response protocols for nationwide implementation. Many communities are beginning peer response programs and they shared what works and what doesn't. Researchers met with people in recovery and active users to see what they want to see happen. They then met with law enforcement, health departments and hospital providers. The researchers' report will be shared in December.

#### **Committee Education Committee:**

- Information for the school websites was discussed at the October committee meeting.
- Students in all school districts were surveyed for the Social Norms Misconception Campaign. The survey focused on alcohol and marijuana. They are compiling that data. There was a question about the individual's use and their perception of use by their peers. They will form focus groups and get the message out that 73% of students are not using marijuana or alcohol.
- Jill Alford-Hammit attended a meeting about strategies for Social Norms Misconception Campaigns and the opinion was that it is a good idea to engage students in crafting the message.
- There will be Naloxone training on December 5. Flyers will be sent out with a registration link on the website.
- Training is being provided for Lourdes Youth Services staff to implement training in the schools to look at children's temperament and personality traits to train them on coping strategies to reduce the chance of becoming substance abusers. The target age is middle school.
- Jill has had requests from the community for more heroin awareness panels.

#### **Law Enforcement Committee:**

- The Addiction Stabilization Center still maintains two beds for the Sheriff's Assisted Recovery Initiative (SARI). There have been 91 calls for services to the SARI program with 18 during October (one was for alcohol).
- Law enforcement is seeing an increase in the use of crack cocaine in the community.
- October 28 was National Prescription Take Back Day. The BC Sheriff's Office does this in April and October. There were six locations and they collected 14 boxes (400 lbs.) which is about half of what they usually collect.

#### **Treatment and Prevention Committee:**

- UHS expanded their medication assisted treatment program and have 200 patients as of yesterday. There are a number of people leaving against medical advice (four last week). They have had some success stabilizing people with Buprenorphine and transitioning them back to their spoke provider.
- Drs. Hunter and Ronan will provide training in partnership with the Health Department for waivers for prescribing Buprenorphine as there is a need for more prescribers in this community.
- UHS is ready to provide therapy groups in the jail. Two clinicians have been trained to use an evidence-based program for a women's and men's group.
- UHS is trying to engage inmates in the Vivitrol Program at the jail. They would like to begin medication assisted treatment in the jail. The American Corrections Association recommends that all houses of correction offer medication assisted treatment to people suffering from opiate use disorder. OASAS has some additional funding opportunities that UHS is looking at to partner with the jail. They would like the jail, health department and community partners to look at different models.

- UHS continues to do assessments in the jail and completed nine this week.
- The partnership with the Public Defender's Office is working well for court ordered treatment.
- UHS has empty beds; usually 17-18 beds are in use for the inpatient program. Admission to inpatient treatment is same day or next day. There are four tracts running for the intensive outpatient program and all are full.
- The UHS Pregnancy Program is going well and there are a significant number of women engaged. They are working with perinatal providers to try to improve the number of women who get into treatment before delivery. They are working on a contraception clinic in the Methadone Clinic.
- Drs. Ronan and Hunter are beginning courses for nurses to become Addiction Certified Nurses.
- All beds at the Fairview Recovery Center are currently full.
- OASAS has a stipulation that IV drug users get preferential treatment over alcohol use disorders and people are reporting that they cannot get into treatment. Withdrawal from alcohol can be life threatening.
- Carole Kuklis, Dual Recovery Coordinator for BC Mental Health, began providing information at the Library on Mondays, 1:00-2:00 p.m. There are different topics each week to reach people who might be uncomfortable reaching out for help.
- HealthlinkNY received an OASAS grant for an addiction resource center; they are in the information gathering phase of the process.

#### **Data and Statistics Committee:**

- The committee continues work on development of a systematic and recurring report that can be shared on several indicators.

#### **Rural Committee:**

- The committee will meet next week.

There was a discussion about forming a Membership Committee. Katie Young distributed a proposed member recruitment worksheet and member recruitment talking points which members should review for discussion at the December 1 BOAC meeting. Applicants would be interviewed for membership.

There is a new Narcan product being offered. Andrea Mazzini from Adapt is responsible for provision of the product in New York State. They can provide free Narcan to schools and universities. A toxicologist at the Poison Control Center held training about using the new product. People may have been trained on earlier versions and it would be a good message to get out that people need to be trained on the new product.

A video regarding the nationwide alcohol problem was shown at the end of the meeting.

**Next Meeting:** The next BOAC meeting is scheduled for Friday, December 1 at 10:00 a.m. at the Broome County Health Department in conference rooms B and C.