

BROOME COUNTY MENTAL HEALTH DEPARTMENT

Annual Report 2015

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BROOME COUNTY MENTAL HEALTH DEPARTMENT

The Broome County Mental Health Department works with service providers at the Local and State level to develop community preventive, rehabilitative, and treatment services offering a continuum of care. The Department provides oversight to improve and expand existing services, and plan for the integration and coordination of care for consumers. The total community need is considered, reflecting the full range of individual need and circumstance, to ensure adequate access to service for the community, and specifically for those who otherwise would not have access to such services.



The mission of the Broome County Mental Health Department is to plan, organize and oversee a comprehensive continuum of care for consumers of public mental hygiene services in Broome County and will provide for the health and safety of Broome County citizens. The Department will engage in a participatory planning process to develop mental hygiene services that will include government officials, providers, community representatives and recipients or their families. The Department will assure that State and/or Local oversight mechanisms are in place to ensure that services are delivered in a responsible, efficient manner. The Department will assure that mental hygiene service providers in Broome County will coordinate and collaborate for the delivery of services that are responsible to the needs of the recipients, including culturally diverse populations. The Department's primary role is to facilitate and oversee the continuum of care for consumers of mental hygiene services in Broome County. The Department will only provide direct services as the provider of last resort.

Broome County Mental Health partners with Coordinated Care Services, Inc. (CCSI) for a full range of services and supports for successful performance/program management, financial management, technical assistance and administrative services. CCSI supports critical areas like data management and analysis, evaluation, and cultural competence. CCSI ensures collection and monitoring of performance measures allowing contract dollars to be used effectively, thereby ensuring the delivery of quality services. CCSI has developed meaningful performance measures, established efficient processes to collect essential data and objectively assess program outcomes allowing proper interpretation and use of the information to maximize performance through data-driven decision-making. CCSI has developed a dynamic program evaluation and continuous quality improvement process to make and sustain progress.

COUNTY OPERATIONS



In 2015, the Broome County Mental Health Department directly operated these mental health programs: the Adult Clinic, Forensic Services and the Chemical Dependency Services Unit.

Adult Clinic – The Broome County Mental Health Outpatient Clinic licensed through NYS OMH closed as of April 28, 2015. Historically the clinic provided Individual and Group Psychotherapy, Case Management, Crisis Intervention, Health Screening and Monitoring, Psychological Testing, Psychiatric Consultation, Medication Management, and Family Treatment modalities. By the end of March 2015, all consumers that were interested in continuing treatment at another agency were referred to other community-based providers. The Department continues to operate the Forensic Services Unit, which includes the Assisted Outpatient Treatment Program (AOT).

Chemical Dependency Services Unit (CDSU) – CDSU provides a brief chemical dependency assessment for any individual referred by the Broome County Department of Social Services (BCDSS). When substance abuse is indicated, CDSU will refer the individual to the appropriate level of care at an OASAS licensed treatment agency. CDSU continues to monitor an individual's progress throughout their course of treatment. The individual's progress is reported to BCDSS at least once a month until the individual completes chemical dependency treatment or the individual is out of compliance with the treatment recommendation. CDSU provided 132 assessments in 2015 and monitored a total of 94 individual cases throughout the year.

Forensic Services Unit (FSU) – The population served by the FSU consists of persons with mental illness and/or chemical addiction involved with the Criminal Justice system designated by Family, Civil and Criminal courts as needing diagnostic evaluations before case disposition. Services include: Psychiatric Evaluations, Psycho-educational Counseling, Competency Evaluations, and Dangerousness Examinations. In 2015, FSU provided the following programs and mental health services:

- **Mandated Psychiatric Service:** Provided 22 Criminal Procedure Law (CPL) §730 Fitness to Proceed – Competency Examinations and two (2) Dangerousness Evaluations ordered by judges and justices within the Broome County Court system.
- **Mandated Mental Health Evaluations:** Completed 46 evaluations for City, Family and County Courts.
- **Medication Grant Program (MGP):** Assisted 83 individuals with mental illness who were discharged from the jail, state prisons, or the Greater Binghamton Health Center. Immediate temporary Medicaid assistance for psychotropic medication and support counseling was provided while these individuals waited for Medicaid eligibility determination.
- **Group Psycho-educational Counseling:** Provided 560 units of curriculum-based Anger Management Group Psycho-educational Counseling to individuals involved in the criminal justice system. These individuals were referred by local defense attorneys, Family Court, County Probation, and the NYS Office of Parole.
- **The Forensic Outreach Program:** Provided 8 referrals of individuals released from NYS Prison back to Broome County to continue mental health and substance treatment services.

GRANT PROGRAMS



Promise Zone - The Broome County Promise Zone (PZ) is collaboration among the Broome County Mental Health Department, Broome-Tioga BOCES, Binghamton University, and Broome County Schools. Our goal is to build a county-wide system of community schools designed to support all children, families and neighborhoods' successes in school, work, and life. Promise Zone ensures a focus on drug and alcohol prevention as well as utilizing the Prevention Needs Assessment (PNA) Survey data from our youth regarding risk and protective factors; antisocial behaviors and substance use. PZ has been an asset to our schools and community, working with families and assisting schools in the implementation of the Olweus Bully Prevention Program. Broome County has been fortunate to receive Promise Zone funds from the New York State Office of Mental Health. The Broome County Promise Zone is working with the community schools model to help organize the resources of the community around student success.

- Promise Zone staff's visit to Washington gained attention from Representative Hanna who sent his Legislative Assistant, Nicholas Stewart to visit Binghamton to learn more about our County-wide, University-assisted Community School initiative.
- Serving six school districts: Binghamton Central School District(BCSD), Broome-Tioga BOCES, Johnson City School District (JCSD), Union-Endicott Central School District (UECSD), Whitney Point School District (WPSD), and Windsor Central School District (WCSD) at 12 school sites (2 BCSD – Binghamton High School, Woodrow Wilson Elementary, BOCES- East Learning Center, West Learning Center, JCSD – Johnson City High School, UECSD – Jennifer F. Snapp middle school, WPSD – Caryl E Adams Primary , Tioughnioga Riverside Academy , WPHS, WCSD – Bell Elementary, Palmer Elementary, Weeks Elementary)
- A pilot program with students at Binghamton High School has shown a 6% increase in attendance and a 60% decrease in suspensions after 1-year with Promise Zone.
- Prevention Needs Assessment Survey (PNA):
 - 5028 surveys administered, 4654 were considered valid, 8 school districts



4654 Surveys Completed
700+ students/250+ parents served



BC SAFE – BC SAFE (Suicide Awareness for Families and Educators) is a subcommittee of Promise Zone dedicated to the prevention of Youth Suicide. BC SAFE’s mission is to reduce the number of youth suicides and suicide attempts by increasing public awareness and providing educational and training resources to teens, parents and educators of Broome County. Broome County was 1 of 4 counties selected to participate in the Garrett Lee Smith Memorial Grant awarded to New York State through New York State Office of Mental Health New York State Suicide Prevention Initiative. The Garrett Lee Smith Memorial Act (GLSMA) was signed into law on October 21, 2004. This was the first federal suicide prevention program targeted toward youth. This grant provides grants to states and tribal organizations to create and implement statewide/tribal suicide prevention plans.



BROOME COUNTY MENTAL HEALTH DEPARTMENT 2015 CONTRACT AGENCIES

All contract agencies are private, not-for-profit agencies. There are thirteen agencies that contract for services with Broome County through the Mental Health Department (BCMHD). These include: ACHIEVE, The Addiction Center of Broome County (ACBC), Catholic Charities of Broome County (CCBC), Children's Home of Wyoming Conference (CHOWC), Community Options (CO), Fairview Recovery Services (FRS), The Family & Children's Society (FCS), Family Enrichment Network (FEN), Our Lady of Lourdes Memorial Hospital (Lourdes), Mental Health Association of the Southern Tier (MHAST), Southern Tier AIDS Program, Inc. (STAP), United Health Services (UHS), and Young Women's Christian Association (YWCA).



ACHIEVE is a private, non-profit organization founded by parents and friends of individuals with developmental disabilities in Broome and Tioga counties. ACHIEVE’s primary mission is to provide leadership, advocacy, and opportunities which enable persons with developmental disabilities and their families to enhance the quality of their lives. The agency also strives to educate the general public in order to develop a better understanding and acceptance of persons with mental disabilities and increase opportunities for full community assimilation characterized by respect, dignity, and safety.

<http://www.achieveny.org/>

Country Valley Industries – Country Valley Industries (CVI), an in-house employment center, serves as the basis for vocational training and long-term sheltered employment for those individuals who are not yet ready for competitive employment. CVI provides a variety of training and jobs through subcontracts with businesses and industries.



SERVED 317

Agency Contracted Programs

Program	Expense	Revenue	Net Deficit	State Aid	County Support
<i>Sheltered Workshop</i>	\$3,565,617	\$3,067,575	\$498,042	\$403,844	\$94,198



The Addiction Center of Broome County, Inc.

The **Addiction Center of Broome County (ACBC)** has served the residents of Broome County for more than 40 years. The organization is a not-for-profit agency licensed by the NYS Office of Alcoholism & Substance Abuse Services (OASAS) to provide outpatient addiction services. Originally, the organization operated part-time with volunteer staff. Consistent growth has culminated in the agency operating a state-of-the-art clinic that employs highly trained professionals. The agency operates an Outpatient Addiction Clinic that provides Assessment; Individual, Group, and Family counseling; Intensive Outpatient Treatment; Outpatient Rehabilitation, and Co-occurring Disorders treatment.

<http://www.addictionctrofbroomecounty.org/>

Outpatient Clinic – The Addiction Center of Broome County Clinic is dedicated to providing state-of-the-art outpatient treatment to individuals, their families, and others who are suffering from substance use disorders. Services will be offered to all who need them without regard to age, sex, HIV status, religion, creed, sexual orientation, or race. Clients come to the agency suffering from an illness and its devastating effects. They will be treated with the utmost care, dignity, and respect.



SERVED 673

Outpatient Rehabilitation Services – ACBC’s Outpatient Rehabilitation Services are appropriate for individuals who meet outpatient criteria as well as the admission criteria for the program. With an emphasis on building social supports as well as daily living skills, individual needs are addressed by the diversity of treatment groups and the varied length of stay available for individuals in the program. Treatment follows the Stages of Change approach, with an emphasis on engaging clients in the treatment process, to provide needed support, and skills to enable clients to be successful in their recovery.



SERVED 168

Dual Recovery Project – The object of the Dual Recovery Project is to foster the Dual Recovery collaborative and to improve and enhance treatment and ancillary services for individuals with co-occurring mental health and substance use disorders. The Dual Recovery Coordinator (DRC) is an integral part of the local continuum of care. New York State OASAS sponsors this initiative to assist communities in building co-occurring disorder capability in their programs and across the entire system of care. The DRC serves as liaison and advocate for the community at the State level and has organized community mental health and substance abuse agencies, BCDSS, housing, and consumer groups into four active workgroups with an oversight advisory group working together in a cross systems approach, accomplishing project objectives at a local level.

Agency Contracted Programs

Program	Expense	Revenue	Net Deficit	State Aid	County Support
<i>Clinic</i>	\$978,987	\$932,602	\$46,385	\$ 0	\$46,385
<i>Dual Recovery</i>	83,450	0	83,450	83,450	0
<i>Rehab</i>	339,337	323,875	15,462	0	15,462



Established in 1937 as an area office of Catholic Charities of the Roman Catholic Diocese of Syracuse, New York Inc., **Catholic Charities of Broome County (CCBC)** provides a wide range of human service programming to persons of all ages residing in Broome County. Its mission is to provide direct services, advocacy, and to convene others in response to social justice issues. Catholic Charities is a not-for-profit agency that directly operates numerous mental health programs through contracts with the Broome County Mental Health Department. Mental health programs include outpatient and residential services for children and adults. Catholic Charities also operates residential programs through direct contract with The NYS Office of Mental Health (OMH). These residential programs include a Community Residence (CR), Certified Apartments, and Supported Housing. OMH Core Services are included in this report because they have been under contract with Broome County since January 1, 2000.

<http://www.catholiccharitiesbc.org/>

Coordinated Children’s Services Initiative – The purpose of the Coordinated Children’s Services Initiative (CCSI) is to ensure that families are supported in staying together. State and Local interagency partnerships are fostered to improve the quality of decision making concerning services for children with emotional and behavioral disturbances. The program emphasizes three core principles: Cooperative interagency planning and integrated service delivery, Individualized care, and a Strength-based approach. Through implementation of these core principles, residential placements were reduced significantly, and a parent partner program was established.



SERVED 227

Children’s Single Point of Access (SPOA) – The Broome County Single Point of Access (SPOA) was developed as a County-wide process utilizing a team model for the purpose of managing referrals to specified services in an efficient manner for High Risk/High Need Children and Adolescents diagnosed with emotional disorders. It is designed to improve access to service while monitoring and coordinating utilization of these services through a single point. In the 4th Quarter of 2015, SPOA moved to Coordinated Care Services, Inc. located at the Broome County Mental Health Department.



SERVED 347

ACT Team for Adults (ACT) – The Assertive Community Treatment (ACT) Team provides treatment and case management services to adults with a Serious Mental Illness using the ACT model. The program employs a multi-disciplinary team approach. Services include Psychiatric Assessment, Medication Management and Education, Assistance with securing entitlements, Coordination of health care needs, Crisis Intervention, Supportive Counseling, Linkage to self-help and other support services, Linkage to vocational and educational opportunities, and Outreach services.



SERVED 780

Flex Team for Children – The Children’s Flex Team provides services to children with Serious Emotional Disturbances and their families. The program emphasizes an individualized, strength-based approach to treatment. A primary goal of the program is to enable children to live at home and in their communities. Services include Individualized Care Coordination, Intensive in-home care, Respite care, Skill-building, Family Support, and Crisis Response.



SERVED 53

Children & Youth MICA Intensive Home Services – This project enhances services to runaway/homeless children and youth with mental health/substance use disorder needs through a full-time Home Based Crisis Intervention Worker who provides or arranges for intensive in-home services for family reunification, out-of-home respite care, housing assistance, and services to support sobriety. Relapse prevention services are a part of the recovery process for youth with co-occurring psychiatric and addiction disorders. The overall goal of the program is to provide short-term intensive in-home crisis intervention services to a family in crisis due to the imminent risk of psychiatric hospitalization or youth homelessness.



SERVED 27

Supportive Case Management for Children and Youth (SCM) – The Supportive Case Management program provides advocacy, referral, linkage and support services to persons with a serious mental illness. It is expected that two or more face-to-face contacts per individual per month will be provided. SCM for Adults transitioned into Health Homes on 1/1/2013.



SERVED 49 Youth

Health Home for Adults – A Health Home is a care management service model whereby an individual's caregivers all communicate with one another so that all of a patient's needs are addressed in a comprehensive manner. This is done primarily through a Care Manager who oversees and provides access to all the services an individual needs to assure they receive everything necessary to stay healthy and avoid unnecessary Emergency Department or Hospital

admissions. Health records are shared among providers so that services are not duplicated or neglected. Health Home services are provided through a network of organizations – providers, health plans and community-based organizations.



SERVED 1547 Outreach & Engagement/SERVED 888 Care Management

Four Seasons Club – The Four Seasons Club is a mental health program of psychiatric rehabilitation for adults with severe mental illness. The purpose of the program is to prevent re-hospitalizations by reintegrating adults with mental illness back into their community. The Clubhouse operates work units in which members volunteer their time to help operate the club. Outreach services are a component of the Four Seasons Psychosocial Club whereby members participate in evening and weekend social events.



SERVED 981

Children & Youth Crisis Sitters/Respite – This service provides crisis relief management to children with serious emotional disturbances and their families. The program is focused on preventing hospitalization and out-of-home placement. Services are provided to prevent or alleviate situational crises/tensions in the home.



SERVED 14

Single Point of Entry (SPOE) for Case Management Services – The SPOE for Case Management Services Program is designed to connect individuals with a serious mental illness to the most appropriate case management services available in Broome County. The program affords a streamlined, uniform process to match consumer needs with community resources, thereby reducing duplication of services. Interim case managers are responsible for interviewing clients, assisting new referrals, and meeting the immediate needs of clients.



ENROLLED 376 in SPOE

Re-Entry Services – This service coordinates aftercare services to inpatient hospitalized children and youth. In addition, bridging, linkage, and advocacy services are provided to assure continuity of care after the child/youth's discharge. The program improves treatment outcomes for high need children re-entering Broome County from out-of-county hospitals by intervening in the hospital service planning and discharge process.



SERVED 66

Intensive Case Management for Children and Youth (ICM) –The Intensive Case Management for Children and Youth Program works with children with Serious Emotional Disturbance and their families to ensure maximum success in the community. A primary goal of the program is to avert residential placement. Services include identifying unmet needs, providing support and education to families, advocating for services and entitlements, linking services and supports, improving parenting skills, and assisting with problem solving. The program also employs an Intensive Case Manager for Aging Out Youth serving older adolescents. These clients typically need assistance with accessing mental health care, educational programs, and recreational services best suited to meet their needs.



SERVED 163 Youth

Core Services –Core Services consist of a series of Community Support Services (CSS) that include: Advocacy, Case Management, Drop-In Center, Four Seasons Psychosocial Club, and Transportation. Portfolio’s Café, an affirmative, supported employment restaurant, closed in 2015.

Peer Counseling – The part-time Peer Counselor provides peer support and self-help services to Catholic Charities Health Home participants.



SERVED 22

Agency Contracted Programs

Program	Expense	Revenue	Net Deficit	State Aid	County Support
<i>ACT</i>	\$1,059,420	\$979,012	\$80,408	\$80,408	\$0
<i>ACT Svc Dollars</i>	16,583	0	16,583	16,583	0
<i>C & Y Reentry</i>	45,021	12	45,009	45,009	0
<i>Case Management</i>	42,859	1,270	41,589	41,589	0
<i>CCSI</i>	169,824	125,470	44,354	44,354	0
<i>Consumer Advocacy</i>	52,958	14	52,944	52,944	0
<i>Consumer Case Management</i>	7,832	0	7,832	7,832	0
<i>CORE</i>	13,871	120	13,751	13,751	0
<i>Crisis Sitters</i>	47,459	12	47,447	47,447	0
<i>Drop In Center</i>	74,324	20	74,304	74,304	0
<i>Health Home</i>	217,331	0	217,331	217,331	0
<i>HH Promotion Client Specific</i>	154,917	22	154,895	154,895	0
<i>ICM C&Y</i>	441,512	405,800	35,712	35,712	0
<i>ICM C&Y Service Dollars</i>	53,075	308	52,767	52,767	0
<i>MICA Homeless</i>	46,233	973	45,260	45,260	0
<i>MICA Peer Counselor</i>	21,407	799	20,608	20,608	0
<i>Outreach & Four Seasons</i>	676,265	25,276	650,989	650,989	0
<i>Parent Partner</i>	41,788	666	41,122	41,122	0
<i>Portfolio's</i>	215,861	36,285	179,576	179,576	0
<i>SCM C&Y</i>	78,055	58,211	19,844	19,844	0
<i>SCM C&Y Service Dollars</i>	1,500	0	1,500	1,500	0
<i>Single Entry</i>	108,969	7,915	101,054	101,054	0
<i>SPOA C&Y</i>	67,161	865	66,296	66,296	0
<i>Supported Employment</i>	37,935	281	37,654	37,654	0
<i>Supported Housing</i>	882,666	443	882,223	882,223	0
<i>Transportation</i>	36,729	406	36,323	36,323	0



Fairview Recovery Services (FRS) is an OASAS licensed provider of programs to support individuals as they recover from substance use disorders. Residential programs offer support services for clients enrolled in outpatient substance abuse treatment. Fairview's programs include the Addiction Crisis Center (ACC), Community Residences (Fairview Halfway House and Merrick House), and the Supportive Living Program including Mannion House. Fairview also operates a HUD-sponsored Supportive Housing and Shelter Plus Care Project through direct contracts with HUD.

<http://frsinc.co/>

Addiction Crisis Center – The Addiction Crisis Center (ACC) is an 18-bed facility designed to serve the needs of intoxicated individuals. Both males and females are admitted to the program. Clients may refer themselves or be referred by other concerned persons. Anyone who is intoxicated, experiencing substance use related crisis (i.e., withdrawal), or meets other admission criteria specified in the Triage Plan can be admitted. Two discrete units are housed within the ACC: The first unit is a ten-bed Primary Care Unit that provides non-medical detoxification services. The second unit is an 8-bed Extended Care Unit for clients who need a safe, sober environment until a referral to the appropriate treatment program can be arranged.



SERVED 752

Mentally Ill Chemically Addicted (MICA) Network – Five beds out of 36 at Fairview's Community Residences and 5-10 beds out of 38 from the Supportive Living program are designated for dually-diagnosed individuals. A full-time MICA Social Worker provides case management and coordination of all services to clients of the project including: crisis intervention, supportive counseling, symptom monitoring and management, medication compliance, and referral. Initially, following the project proposal, admissions were limited to GBHC patients. To provide greater service to the community for this high-need population, the project was expanded to also accept referrals from other agencies.



SERVED 33

Fairview Halfway House – The Fairview Halfway House is a 24-bed halfway house for men. The program serves indigent men with a primary diagnosis of a substance use disorder. Most clients are homeless at the time of admission. Residents remain in the program for three to six months. Emphasis is placed on coordination with community-based behavioral health providers to support a strong clinical approach to recovery. Special populations include people with co-occurring disorders, criminal justice system clients, and homeless persons.

Merrick House – The Merrick House is a 12-bed Community Residence for women. The program serves indigent women with a primary diagnosis of substance use disorder. Residents remain in the program for three to six months. Special populations include women, co-occurring disorders, and homeless clients.

Career Choices Unlimited – The Career Choices Unlimited Program provides vocational and educational counseling and case management for individuals with barriers to employment as a result of their history of substance use disorder. Funded by OASAS, the program receives referrals from various local treatment agencies and expects to provide services to roughly 75 persons a year. The program expects to transition two-thirds of work ready participants from public assistance to competitive employment within 12 months of entering the program.

Shelter Plus Care Project – The Shelter Plus Care Project is a OASAS-subsidized, 25-unit long-term residence program for employed or employable men and women, formerly homeless with a history of substance abuse. Participants meeting income criteria live independently with their families in apartments located throughout the Broome County area. Services include long-term rent subsidy, case management, and continued association with the recovery community.

Agency Contracted Programs

Program	Expense	Revenue	Net Deficit	State Aid	County Support
<i>MICA Homeless</i>	\$75,201	\$ 0	\$75,201	75,201	\$0
<i>Addictions Crisis Center</i>	885,807	0	750,351	750,351	0
<i>Career Choices Unlimited</i>	55,669	2,315	53,354	53,354	0
<i>Fairview Community Residence</i>	494,286	0	205,818	205,818	0
<i>Merrick Community Residence</i>	270,664	0	136,485	136,485	0
<i>Shelter Plus Care</i>	69,701	0	69,701	69,701	0



The **Family & Children's Society (FCS)** is a private, non-profit, United Way agency that provides an array of counseling and support services including a NYS OMH-Licensed Article 31 clinic. The mission of the agency is to provide the highest quality services to support and strengthen families and individuals. Counseling services are available for families, children and adults. Specialized mental health programs are provided for victims of sexual abuse and elderly persons. Broome County Mental Health contracts with the Family & Children's Society for the School Based Mental Health Program, In-Home Mental Health Management Program, and Vocational Incentives Program.

<http://www.familycs.org/>

School Based Mental Health Program— In 1998, the agency received Mental Health Reinvestment funding to establish two Family Support Centers in rural school districts where families might not otherwise receive support services necessary to strengthen families and reduce crises faced by children and youths. These Centers are located in the Whitney Point School District, the Maine Endwell School District, and the Union Endicott School District. Services include assessments, counseling, consultation, case management, and linkages to other community agencies.



SERVED 159

In-Home Mental Health Management Program – In 2001, FCS received Mental Health Reinvestment funding to establish an in-home mental health program to individuals with a serious mental illness in their Personal Care Program. Services include assistance with medication, case management, and family and caregiver assistance on mental health issues. Clients are initially referred by Community Alternative Systems Agency (CASA) and are served by a combination of a Registered Nurse & Mental Health Aides.



SERVED 20

Vocational Incentives Program (VIP) – In 2014, the agency received funding through the Broome County Request for Proposal process. The VIP program provides help in obtaining and maintaining employment to individuals with a mental health diagnosis. Services focus on helping jobseekers identify their strengths, creating a resume, completing applications and developing interviewing skills. Ongoing, personal support is provided throughout the job search process and continues following employment to promote job retention.



SERVED 76

Agency Contracted Programs

Program	Expense	Revenue	Net Deficit	State Aid	County Support
<i>In Home Mental Health</i>	\$85,295	\$6	\$85,289	\$85,289	\$0
<i>School Counseling</i>	170,817	37,767	133,050	133,050	0
<i>Vocational Education Program</i>	110,201	12	110,189	110,189	0



The [Children's Home of the Wyoming Conference](http://www.chowc.org/) (CHOWC) received a Health Care Reform Act (HCRA) grant in 2001 to provide support and respite services to children and families of children with Serious Emotional Disturbance (SED).

<http://www.chowc.org/>

Family Support Services Children & Families – CHOWC’s “Parent’s Night Out”/“Family-Centered Sibling Playgroup” provides support and respite services to children attending CHOWC Day Treatment Program and/or are receiving services from the Coordinated Children’s Service Initiative and their families. The children enrolled in these programs require intensive services to allow them to remain in the community. The overall goal of the Family Support Services Children & Families is to provide advocacy support for families at Committee on Special Education (CSE) meetings. This advocacy support provides parents/parent advocates of children with Serious Emotional Disturbance with information of the best possible services available for their children as well as information on child and family rights.



SERVED 66

Agency Contracted Programs

Program	Expense	Revenue	Net Deficit	State Aid	County Support
<i>Day Treatment</i>	\$295,566	\$295,566	\$ 0	\$ 0	\$0
<i>Family Support Services Children & Families</i>	55,512	0	55,512	55,512	0



The [Lourdes Center for Behavioral Health](http://www.lourdes.com/centers-and-services/youth-services/) is a NYS Office of Mental Health (OMH) Licensed Article 31 Clinic operated by Our Lady of Lourdes Memorial Hospital (Lourdes). The Clinic provides outpatient mental health treatment services to children and adults. Psychiatrists, social workers, and other mental health professionals provide assessment and treatment services. The Broome County Mental Health Department contracts with Lourdes for the Mental Health Juvenile Justice Program, as well as the Student Assistance Program, Alcohol and Drug Education Prevention Team, and Coping and Support Training.

<http://www.lourdes.com/centers-and-services/youth-services/>

Mental Health Juvenile Justice Program – The Mental Health Juvenile Justice (MHJJ) Program was developed to serve youth under 16 years of age who have been identified as Juvenile Delinquent and in need of mental health and/or substance use disorders services. The program provides mental health and substance abuse assessments, short-term interventions, case management, and referral services. One of the primary goals of the program is to reduce out-of-home placements by serving youths and families at the greatest risk of placement.



SERVED 64

Student Assistance Program – The Student Assistance Program operates in four school districts in Broome County. The program is a Drug-Free Prevention Counseling Program licensed by the NYS Office of Alcoholism and Substance Abuse Services (OASAS). Counseling and prevention services are provided to students at risk for drug and alcohol abuse. The program has counseling sites in the following schools: Windsor High School, Johnson City Middle School, Seton Catholic High School and BOCES ReStart.



SERVED 2336

Alcohol and Drug Education Prevention Team (ADEPT) - ADEPT is a team of community educators who provide prevention education on alcohol, drug, and problem gambling issues. ADEPT is operated by Lourdes Hospital’s Youth Services Department and is certified by the NYS OASAS as a community education provider. The education services of ADEPT are available throughout Broome County and offered in a wide variety of settings. These education programs focus on providing accurate information on drugs and alcohol, while utilizing research-based programs and strategies.



SERVED 2423 (includes CAST program below)

Coping And Support Training (CAST) Fact Sheet – CAST training is a school-based small group counseling program for at-risk youth or selective prevention program that targets young people in grades 9-12 who evidence multiple risk and few protective factors for suicide and depression. The program features:

- Skills training for participants with a focus on building self-esteem, monitoring and setting goals, decision making and personal control, including help and support seeking strategies
- Group focus on increasing adult and peer support, to enhance the personal and social protective factors of suicide-vulnerable youth
- Supports schools’ crisis response plan and schools’ response to a range of suicide risk behaviors
- Requires active parental consent for support of the CAST goals, and increase parental awareness of school and community support resources

Agency Contracted Programs

Program	Expense	Revenue	Net Deficit	State Aid	County Support
<i>Other Prevention Services</i>	\$191,205	\$24,678	\$166,527	166,527	\$0
<i>Primary Prevention</i>	224,461	28,337	196,124	196,124	0
<i>Mental Health Juvenile Justice Program</i>	48,612	3,170	45,442	45,442	0

* CAST, ADEPT and SAP are combined in Other Prevention Services and Primary Prevention.



The **Mental Health Association of the Southern Tier** (MHA) is a private not-for-profit organization founded in 1927 and is the oldest continuously operating Mental Health Association in New York State. The organization is a United Way agency and an affiliate of the National and New York State Mental Health Associations. The agency’s mission is to improve the quality of mental health of all community residents through advocacy, education, and support. The Mental Health Association operates mental health programs under contracts with Broome County.

<http://yourmha.com/>

Rural Client Coordinator – The Rural Client Coordinator provides services to rural, low-income children and their families who lack resources and transportation to access the mental health system. Services are accessed through Children’s Single Point of Access (SPOA). The program is designed to provide a range of services to rural families in order to improve their circumstances. It is available to Children and Adolescents with Serious Emotional Disturbances (SED) who are at risk of or already in out-of-home placement and reside in the following school districts: Windsor, Deposit, Harpursville, Chenango Forks, Chenango Valley, Susquehanna Valley, Whitney Point, and Maine-Endwell.



SERVED 32

Coordinated Children’s Services Initiative (CCSI) FOCUS – CCSI FOCUS is part of a statewide initiative designed to work in a strengths-based manner with families whose children are experiencing significant difficulties in the home, school, or community settings. The purpose of CCSI FOCUS is to prevent out-of-home placements for children with Serious Emotional Disturbance (SED) and to assist parents and communities in collaboratively planning to meet the needs of these families. Staffing includes three part-time Parent Partners and a part-time Coordinator.



SERVED 136

Multicultural Program – The Multicultural Program addresses the mental health needs of culturally diverse individuals of the community and provides support and information to help mental health agencies achieve and promote cultural competence. The program provides professionally trained interpreter services to local mental health agencies in an effort to address and remove language barriers. Currently, there are over 15 different languages spoken by interpreters.



154 INTERPRETER REQUESTS/302 PRESENTATION ATTENDEES

Compeer Youth Mentoring – This service provides community volunteers as supportive mentors to youth (ages 5-17) who have a mental illness or are at risk for developing social, emotional, and behavior problems. Each match is expected to participate in a minimum of four hours per month.



SERVED 45

Self-Help Independence Project (SHIP) – SHIP, awarded the 2003 Mental Health Associations of New York State (MHANYS) Ken Steele Memorial Award for Program Excellence, offers a continuum of programming and self-help services designed to provide educational and experiential opportunities for consumers who wish to become active participants in their own self-directed recovery. The Speakers Bureau, a panel of individuals with a mental health diagnosis, helps reduce stigma by sharing their personal stories with groups of students, providers, and other community organizations.



SERVED 235

Project Uplift - The program provides Community Support Services (CSS) case management to individuals affected by severe mental illness and/or substance abuse. Adults 18 and over can be referred to CSS case management through the Adult Single Point Of Entry (SPOE). The program addresses critical needs of recipients including basic needs (food, clothing, and shelter), education and employment, medical, as well as mental and emotional health needs.



SERVED 52

Compeer Program – The Compeer Program provides community volunteers as friendship matches for people with a psychiatric diagnosis. It recruits, trains, and supports these volunteers so that those recovering from mental illness may find strong support in the community. As an advocacy service, Compeer complements traditional mental health treatment programs. All activities offered by Compeer foster rehabilitation, recovery, and self-help independence.



SERVED 102

Peer Education Team – Peer Educators provide informational presentations to peers, family members, and service providers on topics ranging from traditional mental health services to peer support and self-help.



SERVED 542

Peer Advocacy – Services provided by recipients include information and referral, advocacy, establishing recipient networks and self-help groups, and providing education on consumer rights in the mental health system.



SERVED 262

The Beacon MICA Drop-In Center – The Beacon is a weekend drop-in center for individuals with mental illness and substance abuse problems. Individuals can come to The Beacon on weekends when most other providers are closed for peer support, fellowship, and self-help meetings. The Beacon is open Saturdays and Sundays 12pm - 8:00pm.



SERVED 412

Sunrise Wellness Center – The Sunrise Wellness Center is a peer-run program promoting recovery for individuals with mental health diagnoses. Sunrise encourages a self-directed approach to mental health services and promotes mental, physical, and spiritual wellness. Sunrise is open Monday through Friday 9:00-5:00pm. The Sunrise Wellness Center Warm Line (Peer Support Line) is 607-240-7291, which is available from 9am to 4:30pm Monday through Friday and from 12pm to 8pm Saturdays and Sundays.



SERVED 922

Crisis Intervention Team (CIT) Program Coordinator – In 2015, the agency received funds through the Broome County Request for Proposal process for the CIT Program. The Crisis Intervention Team Program Coordinator assists adults and adolescents with emotional disturbances who have been encountered by Binghamton Police officers to reduce and divert trips to the Emergency Department: Comprehensive Psychiatric Emergency Program (CPEP), avoid unnecessary hospitalizations through interventions and refer/redirect individuals to the appropriate resources. The CIT Coordinator started in September 2015.



19 Community Contacts for Program Start-up

Agency Contracted Programs

Program	Expense	Revenue	Net Deficit	State Aid	County Support
<i>Beacon</i>	\$104,204	\$1,073	\$103,131	\$103,131	\$0
<i>CCSI / FOCUS</i>	145,921	35,946	109,975	109,975	0
<i>Compeer</i>	120,655	687	119,968	119,968	0
<i>Compeer Youth</i>	99,786	46,867	52,919	52,919	0
<i>Crisis Intervention</i>	47,261	0	47,261	47,261	0
<i>Education</i>	26,048	222	25,826	25,826	0
<i>Multi-Cultural</i>	66,730	7,628	59,102	59,102	0
<i>Peer Advocacy</i>	55,783	0	55,783	55,783	0
<i>Project Uplift</i>	110,703	2,930	107,773	107,773	0
<i>Rural Client Coordinator</i>	41,191	13,687	27,504	27,504	0
<i>SHIP</i>	42,006	1,500	40,506	40,506	0
<i>Sunrise Wellness Center</i>	256,670	1,200	255,470	255,470	0



Founded in 1984, the Southern Tier AIDS Program (STAP) provides supportive services to HIV+ persons and state of the art prevention education from nine offices in an eight county area. The agency cultivates individual and community strengths to improve public health. STAP also provides education and services regarding harm reduction of other risky behaviors including drug and alcohol abuse.

<http://www.stapinc.org/>

BCMHD Prison Reentry Program and Task Force – The primary goal of the Broome County Reentry Task Force is successful offender reentry to enhance public safety – no new crimes, no new victims – for safer, stronger communities throughout Broome County. The primary target population is individuals returning to Broome County from State Prisons. Reentry requires collaboration both within the criminal justice systems and across local human service agencies. Participants in the Broome County Reentry Task Force implement evidence-based practices and adopt strategies proven to make an impact.



SERVED 167

Agency Contracted Programs

Program	Expense	Revenue	Net Deficit	State Aid	County Support
<i>Local Reentry Task Force</i>	\$102,861	\$0	\$102,861	\$102,861	\$0



Supporting People with Disabilities since 1989

Community Options, Inc., provides residential and employment services to people with disabilities in this community. Funding is provided through NYS Office for Persons with Developmental Disabilities (OPWDD), NYS Office of Mental Health (OMH), Adult Career and Continuing Education Services-Vocational Rehabilitation (ACCES-VR), and Department of Health (DOH). Community Options, Inc. provides a variety of Medicaid Waiver Services along with Supported Employment Services. The organization assists the community by providing education and advocacy services as needed.

<http://www.comop.org/>

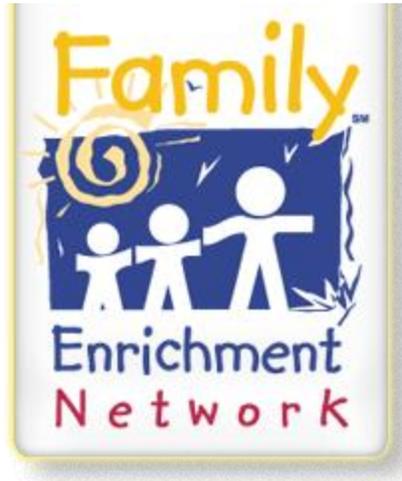
Supported Employment - This service is to assist clients in maintaining their employment. Community Options provides supported employment services so individuals can remain employed. The staff assists clients in securing employment with necessary support services (job coaching, day care, transportation, etc.) and to maintain employment with follow-along services.



SERVED 18

Agency Contracted Programs

Program	Expense	Revenue	Net Deficit	State Aid	County Support
<i>Supported Employment</i>	\$35,597	\$0	\$35,597	\$35,597	\$0



The Family Enrichment Network (FEN) provides supportive services for the optimal development of children and families. This mission includes a strong commitment to partnering with families and community agencies to develop and provide programs to achieve the best results for children and families. FEN believes in coordinating children and family services using a comprehensive and collaborative approach to improve their quality of life while ensuring the greatest value for our investment in child, adult, and parent development.

<http://www.familyenrichment.cc/>

Clinic Plus Program – The Clinic Plus program offers free, voluntary and confidential social-emotional health screening for children ages three and older in order to promote early identification of the strengths and difficulties that children in Broome County may be experiencing. Emotional health issues can affect how well a child does in school, family relationships, and ability to make friends. Clinic Plus partners with school districts and early education programs throughout Broome County to provide the screening tool to parents and children. In 2014, BCMHD contracted with Family Enrichment Network to continue the program (it was originally through BCMHD since 2007). Program funding is provided by the NYS Office of Mental Health.



SERVED 1022 (Surveys Returned)/297 (Assessments Needed)

Agency Contracted Programs

Program	Expense	Revenue	Net Deficit	State Aid	County Support
<i>C&F Outreach</i>	\$90,761	\$0	\$90,761	\$90,761	\$0



United Health Services (UHS) Hospitals is a not-for-profit, community-benefit organization. Each of the seven member organizations comprising UHS is owned by the community it serves, and each organization is governed by an all-volunteer Board of Directors composed of local citizens.

<http://www.uhs.net/>

HOME Program - The Home Program serves adults, age 60 and older, with a mental or behavioral illness, who are unable or unwilling to access mental health services in Broome County but could benefit from in-home mental health care. The program provides direct services such as consultation with a mental health professional, in-home mental and medical health assessment and/or short-term counseling and referrals to other services. The program offers services to individuals living in the community. As the program is grant-funded, no financial restrictions apply.



SERVED 51/233 HOME VISITS

Comprehensive Psychiatric Emergency Program (CPEP): Located next to the Emergency Department of Binghamton General Hospital, CPEP offers a 24-hour crisis service staffed by highly-trained psychiatric nurses, social workers and paraprofessionals under the direction of a medical director/psychiatrist to assist any person, adult or child, in crisis. Individuals can call or come to CPEP in person. All visits and services are strictly confidential.

Agency Contracted Programs

Program	Expense	Revenue	Net Deficit	State Aid	County Support
<i>CPEP Crisis Intervention</i>	\$3,675,422	\$2,816,086	\$859,336	\$859,336	\$0
<i>HOME Program</i>	111,665	0	111,665	111,665	0



Since 1892, the [Young Women’s Christian Association \(YWCA\)](http://www.ywcabinghamton.org/) of Binghamton and Broome County has been central to our community's landscape and was established as a safety zone for women during the industrialization of the Southern Tier. Today, the YWCA of Binghamton is home to several unique programs aimed at improving the quality of life for all citizens, including racial justice practices, residential programs, access to free cancer screenings for low-income women, and access to quality early childhood services.

<http://www.ywcabinghamton.org/>

Shelter Plus Care – The Shelter Plus Care permanent supportive housing program houses five (5) single women with ten (10) additional units that can house single women or families (women with dependent children). This program offers case management along with information and referral. Supportive counseling is available via a referral by the case manager. This program receives rental subsidy from the US Department of Housing and Urban Development (HUD) for partial rent through the Broome County Mental Health Department. The resident is responsible for the other portion of rent either by DSS, if eligible, or by private payment.



SERVED 26

Agency Contracted Programs

Program	Expense	Revenue	Net Deficit	Federal Aid	County Support
<i>Shelter Plus Care</i>	\$41,270	\$0	\$41,270	\$41,270	\$0

Broome County Mental Health							
2015 Annual Report							
Financial Section Summary							
Section	Program	Expense	Revenue	Net Deficit	State Aid	Federal Aid	County Support
NYS Office of Mental Health	County Operations	1,917,947	403,381	1,514,566	777,062	-	737,504
	LGU / Administration	73,545	-	73,545	25,401	13,375	34,769
	Contract Agencies	12,266,504	6,712,589	5,553,915	5,587,936	-	-
	Total	14,257,996	7,115,970	7,142,026	6,390,399	13,375	772,273
NYS Office for Persons with Developmental Disabilities	LGU / Administration	95,143	-	95,143	25,323	-	69,820
	Contract Agencies	3,565,617	3,067,575	498,042	403,844	-	94,198
	Total	3,660,760	3,067,575	593,185	429,167	-	164,018
NYS Office of Alcoholism and Substance Abuse Services	LGU / Administration	107,861	-	107,861	28,388	51,085	28,388
	Contract Agencies	3,593,567	1,311,807	1,723,657	1,661,810	-	61,847
	Total	3,701,428	1,311,807	1,831,518	1,690,198	51,085	90,235
NYS Division of Criminal Justice Services	Contract Agencies	102,861	-	102,861	102,861	-	-
	Total	102,861	-	102,861	102,861	-	-
NYS Department of Housing and Urban Development	Contract Agencies	41,270	-	41,270	-	41,270	-
	Total	41,270	-	41,270	-	41,270	-
Grand Total		21,764,315	11,495,352	9,710,860	8,612,625	105,730	1,026,526