

BROOME COUNTY MENTAL HEALTH DEPARTMENT

Annual Report 2013

Arthur R. Johnson, LCSW
Commissioner

Katherine G. Cusano, MA, CASAC
Deputy Commissioner

Debra A. Preston
County Executive

TABLE OF CONTENTS

COUNTY OPERATIONS 2

 Mental Health Services..... 2

 Chemical Dependency Services 5


ACHIEVE
Find Yourself Here 7

 The Addiction Center of
Broome County, Inc. 8


Catholic Charities
OF BROOME COUNTY
"Serving in Justice, Hope and Dignity
to People of All Faiths" 10

 **Fairview Recovery Services** 15


The Family & Children's Society
turn to us! 17


CHILDREN'S HOME
102 Glenridge Street
Binghamton, NY 13901 18


LOURDES 19

 **MHA**ST | Mental Health Association
of the Southern Tier, Inc.
"This bell rings for hope...a victory for mental health." 21

 24

 **Community Options, Inc.**
Supporting People with Disabilities since 1989 25

**eliminating racism
empowering women
ywca** 26

BROOME COUNTY MENTAL HEALTH DEPARTMENT

The Broome County Mental Health Department works with other service providers at the local and state level to develop community preventive, rehabilitative, and treatment services offering a continuum of care, to improve and expand existing services, and to plan for the integration and coordination of services. The total community need is considered, reflecting the full range of individual need and circumstance, to ensure adequate access to service for the community, and specifically including those who otherwise would not have access to such services.



The mission is the development and provision of the highest quality services possible to individuals and families within Broome County who are in need of services for mental illness or substance abuse. Broome County Mental Health Department strives to ensure that services provided reflect the current community need for both type and capacity of service. The department will only provide direct services as the provider of last resort.

COUNTY OPERATIONS

The Broome County Department of Mental Health directly operates mental health and chemical dependency programs. These programs include community-based programs for adults, adolescents, and children. The New York State Office of Mental Health (OMH) licenses the Department's Outpatient Mental Health Clinic.



Mental Health Services

In 2013, the Broome County Department of Mental Health operated seven mental health programs. These programs include the Adult Clinic, C&F Outreach & Testing, Families First Program, Court Liaison, Forensic Services, MICA Intensive Case Management, and the Mental Health Vocational Initiatives Program (VIP).

Adult Clinic – The NYS OMH licensed clinic treats Broome County residents 18 years and older. The clinic provides case management, clinical support, crisis intervention, health monitoring, psychological testing, psychiatric consultation and family treatment. Medication management is available as needed. The clinic continues to participate in the OMH Continuous Quality Improvement process, for which we received positive feedback from the NYS OMH. This year, in our C&F Outreach & Testing program we continued to offer emotional wellness screenings to children in 11 school districts including 3 alternative programs at Broome-Tioga BOCES as well as the children enrolled at the Family Enrichment Network.

The Clinic has a multidisciplinary staff that provides treatment for a wide range of emotional and mental difficulties to residents of Broome County. The Clinic completed a client satisfaction survey this year and the feedback was very positive regarding clinical services. The NYS OMH conducted a site review and the clinic received very positive results and renewal of the operating certificate. In 2013, The Clinic maintained an open caseload of approximately 759 adult clients.

2013 Adult Clinic Statistics

Admissions	% SPMI	% Co-occurring disorder diagnosis	Largest Age Group Served (45 to 54)
346	54%	31%	30%

Due to financial constraints, the Clinic has begun to downsize by reducing the number of staff and clients. Clinic staff is always looking at ways to improve our processes and procedures to ensure the highest quality of services to residents of Broome County. There is no waiting list for the Clinic and we are often able to provide same day or next day services. We continue to provide a high quality of care and continuum of services to residents of Broome County.

Families First Program – Families First is a collaborative effort between the Department of Social Services and the Department of Mental Health. The program provides intensive in-home family preservation services for families wherein one or more members are experiencing mental health issues and there is an imminent risk that the child(ren) will be removed from the home. The mission of the program is to provide families with the supports and skills they need to work through the immediate crisis and prevent the children from being placed into higher levels of care including foster care, group home, or residential placement. Families First also provides reunification services to support and assist children who have been in placement, and their families, during the children’s transition back into the home upon return from placement. Services include, but are not limited to: case management, family counseling, needs assessments, strength-based goal planning, training in parenting, discipline, anger management and crisis resolution skills, family advocacy, and 24-hour on-call support. The Families First Program staff also conducts Strength Based Parenting and Anger Management for Parents classes.

2013 Families First Statistics

# Served	# Families Served	# Children Served	Average Length of Stay for Families	Prevention Placement Rate
313	84	168	15 weeks	94%

In addition, 48 individuals successfully completed Strength-Based Parenting classes and 67 individuals successfully completed the Anger Management for Parents classes in 2013. The percentage of children remaining in the home post-intervention was as follows: 95% (3 months), 92% (6 months), 93% (12 months), and 95% (24 months). Families First Prevention of Placement Savings from placements diverted for 2013 was \$5,305,773.

Court Liaison Unit (CLU) – The population served by the CLU consists of mentally ill and/or chemically addicted individuals involved with the Criminal Justice system designated by family and civil courts as needing supportive mental health services or diagnostic evaluations before case disposition. Services include: Psychiatric Evaluations, Individual and Group Counseling, Competency Evaluations, Dangerousness Examinations, and Substance Abuse Assessments, including treatment recommendations. In 2013, the CLU provided the following programs and mental health services:

- **Psychiatric Service** provided 35 CPL 730 competency examinations ordered by judges and justices within the Broome County court system.
- **Medication Grant Program (MGP)** assisted 72 mentally ill individuals who were discharged from the jail, state prisons, or Greater Binghamton Health Center. Immediate temporary Medicaid assistance for psychotropic medication and support counseling was provided while these individuals waited for Medicaid eligibility determination.
- **Individual and Group Psycho-educational Counseling** provided 1,519 units of service to individuals involved in the criminal justice system. These individuals were referred by local defense attorneys, Family Court, County Probation, and NYS Office of Parole.
- **The Forensic Outreach Program** provided 218 court ordered mental health evaluations for individuals involved in the county court system.
- **MICA Intensive Case Management** – The MICA Intensive Case Management program provides services for clients with both a mental illness and chemical abuse diagnosis. Program staff works with an average caseload of 30 clients. Services provided included: Needs Assessment, Counseling, Problem Solving, Advocacy, Recovery, Addictions, Representative Payee Accounts, and Support Services. Program goals include the following:
 - Decrease psychiatric symptoms
 - Increase medication compliance
 - Decrease criminal activity
 - Decrease hospitalization
 - Decrease alcohol and substance abuse
 - Increase housing stability

Vocational Initiative Program (VIP) – The Vocational Initiatives Program (VIP) is a vocational case management program designed to assist individuals with serious mental illness by helping participants develop the skills and supports needed to successfully obtain employment and long-term self-sufficiency. Among the services offered are: vocational and job market information, training in job seeking and job keeping skills, job search assistance, and ongoing support to individuals throughout the job development and placement process. In 2013, the VIP program served 134 individuals. There were 29 job placements for VIP participants during the year. In addition to helping individuals obtain employment, program staff assisted many other participants who were employed to maintain their employment. The average length of stay for VIP program participants was 34.6 weeks.

Chemical Dependency Services

The Broome County Mental Health Department operates two chemical dependency programs. These programs include the Chemical Dependency Services Units (CDSU) and Broome County Youth Prevention Partnership is Keeping Youth Drug-free and Safe (KYDS Coalition).



Chemical Dependency Services Unit (CDSU) – Chemical Dependency Services Unit is located at 36-42 Main Street, Binghamton, NY 13905. CDSU provides a brief chemical dependency assessment for any individual referred by the Broome County Department of Social Services (BCDSS). When substance abuse is indicated, CDSU will refer the individual to the appropriate level of care at an OASAS licensed treatment agency. CDSU continues to monitor an individual’s progress throughout their course of treatment. The individual’s progress is reported to BCDSS at least once a month until the individual completes chemical dependency treatment or the individual is out of compliance with the treatment recommendation. CDSU provides an average of 100 assessments a month and monitors an average of 312 individual cases each month.

Broome County Youth Prevention Partnership is Keeping Youth Drug-free and Safe (KYDS Coalition) – The KYDS Coalition is a collaborative of community organizations, agencies, and school districts that has been in existence since August 2000. The KYDS Coalition’s vision is to create opportunities for supportive, healthy, drug-free youth, families, and neighborhoods in Broome County. KYDS Coalition utilizes the Communities That Care Model to guide prevention strategies in the community and to create systemic change by increasing community involvement to reduce substance use among youth in Broome County. A Biannual Survey is administered to grades 7 through 12 to assess adolescent substance use, anti-social behavior risk and protective factors that predict these adolescent problem behaviors. The KYDS Coalition is funded by a federal grant, *Drug Free Communities Support Program, through the Substance Abuse and Mental Health Services Administration*. The KYDS Coalition includes the following Broome-Tioga BOCES School Districts: Union-Endicott, Maine-Endwell, Johnson City, Chenango Forks, Susquehanna Valley, Vestal, Whitney Point as well as two alternative schools, Broome-Tioga BOCES and the Children’s Home of Wyoming Conference. A number of these schools are implementing science-based prevention programs in their districts, Life Skills Training, Reconnecting Youth, and Families And Schools Together, on behalf of the KYDS Coalition. The KYDS Coalition’s funding through the Drug Free Communities grant ended on September 27, 2013. The work of the KYDS Coalition will continue under the Broome County Promise Zone.



5094 Surveys Distributed

<http://kydscoalition.com/kyds>



BROOME COUNTY MENTAL HEALTH DEPARTMENT 2013 CONTRACT AGENCIES

All contract agencies are private, not-for-profit agencies. There are ten agencies that contract for services with Broome County through the Mental Health Department (BCMHD). These include: ACHIEVE, The Addiction Center of Broome County (ACBC), Catholic Charities of Broome County (CC), Fairview Recovery Services (FRS), The Family & Children's Society (FCS), Children's Home of Wyoming Conference (CHOWC), Our Lady of Lourdes Memorial Hospital (Lourdes), Mental Health Association of the Southern Tier (MHAST), Southern Tier AIDS Program, Inc. (STAP), Community Options (CO), and Young Women's Christian Association (YWCA).



ACHIEVE is a private, non-profit organization founded by parents and friends of individuals with developmental disabilities in Broome and Tioga Counties. ACHIEVE’s primary mission is to provide leadership, advocacy, and opportunities which enable persons with developmental disabilities and their families to enhance the quality of their lives. The agency also strives to educate the general public in order to develop a better understanding and acceptance of persons with mental disabilities and increase opportunities for full community assimilation characterized by respect, dignity, and safety. Two ACHIEVE programs are under contract with Broome County through the Mental Health Department: Sheltered Workshop and Summer Camp.

<http://www.achieveny.org/>

Country Valley Industries – Country Valley Industries (CVI), an in-house employment center, serves as the basis for vocational training and long-term sheltered employment for those individuals who are not yet ready for competitive employment. CVI provides a variety of training and jobs through subcontracts with business and industry.



SERVED 332

Summer Camp – ACHIEVE’s Children’s Summer Camp Program is held each summer at one of the area schools. The camp serves children and young adults with special needs between the ages of 5 and 21. The Camp operates for six weeks during the summer aiming to broaden the life experiences of children with disabilities by exposing them to a variety of activities. Summer Camp activities include physical education, swimming, arts and crafts, games, and field trips.



SERVED 100

Agency Contracted Programs





The Addiction Center of Broome County, Inc.

The **Addiction Center of Broome County** has served the residents of Broome County for more than 40 years. The organization is a not-for-profit agency licensed by Office of Alcoholism & Substance Abuse Services (OASAS) to provide outpatient addiction services. Originally, the organization operated part-time with volunteer staff. Consistent growth has culminated in the agency operating a state-of-the-art clinic that employs many highly trained professionals. The agency operates an Outpatient Addiction Clinic that provides assessment; individual, group, and family counseling; intensive outpatient treatment; rehabilitation unit as outpatient; and Co-occurring disorders treatment.

<http://www.addictionctrofbroomecounty.org/>

Outpatient Clinic – The Addiction Center of Broome County Clinic is dedicated to providing state-of-the-art outpatient treatment to individuals, their families, and others who are suffering from chemical dependency. Services will be offered to all who need them without regard to age, sex, HIV status, religion, creed, sexual orientation, or race. Clients come to the agency suffering from an illness and its devastating effects. They will be treated with utmost care, dignity, and respect.



SERVED 448

Outpatient Rehabilitation Services – ACBC's Outpatient Rehabilitation Services are appropriate for individuals who meet outpatient criteria as well as the admission criteria for the program. With an emphasis on building social supports as well as daily living skills, the diversity of treatment groups and the varied length of stay available for individuals in the program. Treatment follows the stages of change approach, with an emphasis in engaging clients in the treatment process to provide needed support and skills to enable clients to be successful in their recovery.

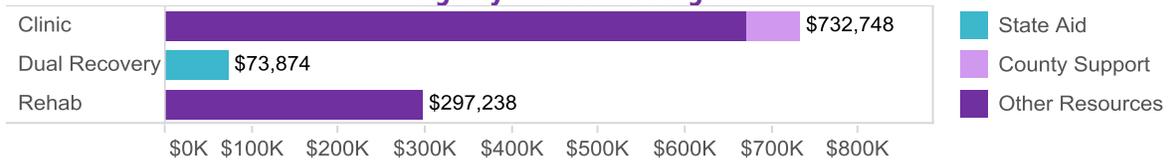


SERVED 135

Dual Recovery Project – The objective of the Dual Recovery Project is to foster the Dual Recovery collaborative to improve and enhance treatment and ancillary services for individuals with co-occurring mental health and substance use disorders. The Coordinator (DRC) is located at BCMHD and is an integral part of the local continuum of care. New York State OASAS sponsors this initiative to assist communities in building co-occurring disorder capability in their programs and across the entire system of care. The DRC serves as liaison and advocate for the community at the State level and has organized community mental health and substance abuse agencies, BCDSS,

housing, and consumer groups into four active workgroups with an oversight advisory group working together in a cross systems approach, accomplishing project objectives at a local level.

Agency Contracted Programs





Established in 1937 as an area office of Catholic Charities of the Roman Catholic Diocese of Syracuse, New York Inc., [Catholic Charities](http://www.catholiccharitiesbc.org/) provides a wide range of human services to persons of all ages residing in Broome County. Its mission is to provide direct services, advocacy, and to convene others in response to social justice issues. Services include social services and mental health programs. Mental health programs include outpatient and residential services for children and adults. Catholic Charities is a not-for-profit agency that directly operates numerous mental health programs through contracts with the Broome County Mental Health Department. Catholic Charities also operates Mental Health residential programs through direct contract with OMH. These residential programs include Community Residences and MICA; Certified Apartments; and Supported Housing. OMH Core Services are included in this report because they have been under contract with Broome County since January 1, 2000.

<http://www.catholiccharitiesbc.org/>

Coordinated Children’s Services Initiative – The purpose of the Coordinated Children’s Services Initiative (CCSI) is to ensure that families are supported in staying together. State and local interagency partnerships are fostered to improve the quality of decision making concerning services for children with emotional and behavioral disturbances. The program emphasizes three core principles: cooperative interagency planning and integrated service delivery, individualized care approach, and strength-based approach. Through implementation of these core principles, residential placements were reduced significantly, and a parent partner program was established.



SERVED 235

Children’s Single Point of Accountability – The Broome County Single Point of Accountability (SPOA) was developed as a county-wide process utilizing a team model for the purpose of managing referrals to specified services in an efficient manner for High Risk/High Need Children and Adolescents with diagnosed emotional disorders. It is designed to improve access to service while monitoring and coordinating utilization of these services through a single point.



SERVED 358

ACT Team for Adults – The ACT Team for Adults provides clinical and case management services to seriously and persistently mentally ill adults using the Assertive Community Treatment model. The program employs a multi-disciplinary team approach. Services include psychiatric assessment and medication treatment, medication monitoring and support, assistance with securing entitlements, coordination of health care needs, crisis intervention, supportive counseling, linkage to self-help and other support services, linkage to vocational and educational opportunities, and outreach services.



SERVED 76

Flex Team for Children – The Children’s Flex Team provides services to children with serious emotional disturbances and their families. The program emphasizes an individualized, strength-based approach to treatment. A primary goal of the program is to enable children to live at home and in their communities. Services include individualized care coordination, intensive in-home care, respite care, skill building, family support, and crisis response.



SERVED 54

Children & Youth Home Based Crisis Intervention Project – This project enhances services to runaway/homeless children and youth with mental health/chemical dependency needs through a full-time Home Based Crisis Intervention Worker who provides or arranges for intensive in-home services for family reunification, out-of-home respite care, housing assistance, and services to support sobriety. Relapse prevention services is a part of the recovery process for youth with co-occurring psychiatric and addictive disorders. The overall goal of the program is to provide short-term intensive in-home crisis intervention services to a family in crisis due to the imminent risk of psychiatric hospitalization or youth homelessness.



SERVED 54

Supportive Case Management for Adults, Children and Youth – The Supportive Case Management program provides advocacy, referral, linkage and support services to seriously mentally ill persons. It is expected that two or more face-to-face contacts per individual per month will be provided.



SERVED 53 Youth

Health Home for Adults – A Health Home is a care management service model whereby all of an individual's caregivers communicate with one another so that all of a patient's needs are addressed in a comprehensive manner. This is done primarily through a "care manager" who oversees and provides access to all of the services an individual needs to assure that they receive everything necessary to stay healthy, out of the emergency room and out of the hospital. Health records are shared among providers so that services are not duplicated or neglected. Health Home services are provided through a network of organizations – providers, health plans and community-based organizations.



SERVED 246

Four Seasons Club – The Four Seasons Club is a mental health program of psychiatric rehabilitation for adults with severe and persistent mental illness. The purpose of the program is to prevent re-hospitalizations by reintegrating adults with mental illness back into their community. The clubhouse operates work units in which members volunteer their time to help operate the club. Outreach services are a component of the Four Seasons Psychosocial Club whereby members participate in evening and weekend social events.



SERVED 115

Children & Youth Crisis Sitters – This service provides crisis relief management to seriously emotionally disturbed children (the program has shifted from serving adults) and their families. The program is focused on preventing the need for hospitalization and out-of-home placements. Services are provided to prevent or alleviate situational crises/tensions in the home.



SERVED 26

Single Entry for Case Management Services – The Single Entry for Case Management Services Program is designed to connect individuals with a serious and persistent mental illness to the most appropriate case management services available in Broome County. The program affords a uniform way to match consumer needs with community resources. The program also streamlines the process of assigning case management and reduces duplication of services. Interim case managers are responsible for interviewing clients, assisting new referrals, and meeting the immediate needs of clients.



SERVED 256 in SPOE



SERVED 339 in Residential programs

Re-Entry Services – This service coordinates aftercare services to inpatient hospitalized SED children and youth. In addition, bridging, linkage, and advocacy services are provided to assure continuity of care after the child/youth's discharge. The program improves treatment outcomes

for high need children re-entering Broome County from out-of-county hospitals by intervening in the hospital service planning and discharge process.



SERVED 30

Intensive Case Management for Adults, Children and Youth – The Intensive Case Management for Adults Program provides support, advocacy, referral, linkage, and crisis services to seriously mentally ill adults. This service is targeted to individuals most at risk for re-hospitalization or with a history of serious problems with community living. A consumer assistant is employed to provide activities of daily living skill building and assistance with social outings. Representative payee services are also provided to individuals who have a history of problems managing Supplement Security Income or Social Security Disability funds.

The Intensive Case Management for Children and Youth Program works with seriously, emotionally disturbed children and their families to ensure maximum success in the community. A primary goal of the program is to avert residential placements. Services include identifying unmet needs, providing support and education to families, advocating for services and entitlements, linking services and supports, improving parenting skills, and assisting with problem solving. The program also employs an Intensive Case Manager for Aging Out Youth serving older adolescents. These clients typically need assistance with accessing mental health care, educational programs, and recreational services best suited to meet their needs.



SERVED 168 Youth

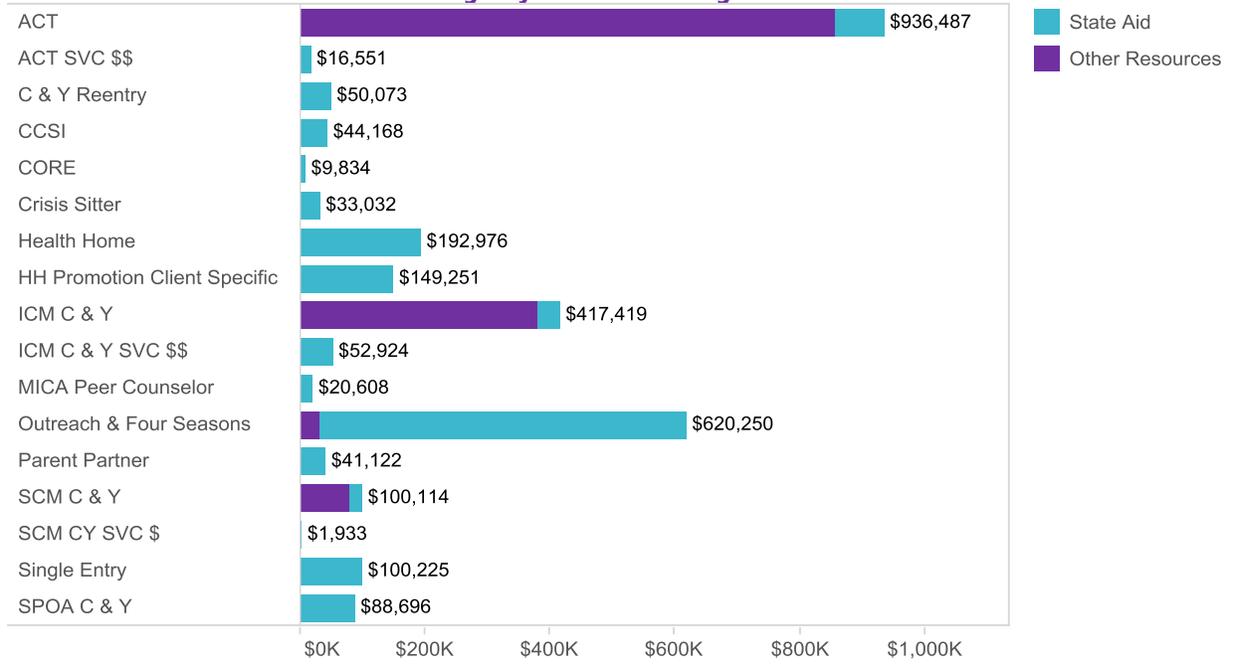
Core Services – On January 1, 2000 the Broome County Mental Health Department assumed responsibility for administering the Core Services operated by Catholic Charities of Broome County. All of the Core Services continue to be contracted with Catholic Charities. Core Services consist of a series of community support services that include the following: Advocacy, Case Management, Drop In Center, Four Seasons Club, Portfolios Restaurant, and Transportation.

Peer Counseling – The part-time Peer Counselor provides services to the Broome County MICA ICM Program. The Peer Counselor program provides peer support and self-help services.



SERVED 18

Agency Contracted Programs





Fairview Recovery Services (FRS) is an OASAS-licensed provider of residential programs for chemically dependent persons. The agency operates programs to support individuals as they recover from alcoholism and other chemical dependencies. Residential programs offer support services for clients enrolled in outpatient substance abuse treatment. Fairview’s chemical dependency programs include the Addiction Crisis Center, Fairview Halfway House, Merrick Halfway House, and the Supportive Living Program including Mannion House. Fairview also operates a HUD-Sponsored Supportive Housing and Shelter Plus Care Project through direct contracts with HUD.

<http://frsinc.co/>

Addiction Crisis Center – The Addiction Crisis Center is an 18-bed facility designed to serve the needs of intoxicated individuals. Both males and females are admitted to the program. Clients may refer themselves to the program, or may be referred by other concerned persons. Anyone who is intoxicated, experiencing alcohol related crisis (i.e., withdrawal), or meets other admission criteria specified in the Triage Plan can be admitted. Two discrete units are housed within the Addiction Crisis Center. The first unit is a ten-bed Primary Care Unit that provides non-medical detoxification services. The second unit is an 8-bed Extended Care Unit for clients who need a safe, sober environment until a referral to the appropriate treatment program can be arranged.



SERVED 724

MICA Network – Five beds out of 36 at Fairview’s Halfway Houses and 5-10 beds out of 38 from the Supportive Living program are designated for dually diagnosed clients. One full-time MICA Social Worker is assigned to work with these clients. This service provides case management and coordination of all services to clients of the project including: crisis intervention, supportive counseling, symptom monitoring and management, medication compliance, and referral. Initially, following the project proposal, admissions were limited to GBHC patients. To provide greater service to the community for this high-need population, however, the project was expanded to also accept referrals from other agencies.



SERVED 28

Fairview Halfway House – The Fairview Halfway House is a 24-bed halfway house for men. Residents remain in the program for three to six months. An emphasis is placed on coordination with community based behavioral health providers to support a strong clinical approach to recovery. The program serves indigent men with a primary diagnosis of alcohol and/or drug dependence. Most clients are homeless at the time of admission. Special populations include people with co-occurring disorders, criminal justice system clients, and homeless persons.

Merrick Halfway House – The Merrick Halfway House is a 12-bed halfway house for women. Residents remain in the program for three to six months. The program serves indigent women with a primary diagnosis of alcoholism and/or drug dependence. Special populations include women, co-occurring disorders, and homeless clients.

Career Choices Unlimited – The Career Choices Unlimited Program provides vocational and educational counseling and case management for individuals with barriers to employment as a result of their history of chemical dependency. Funded by OASAS, the program expects to receive referrals from various local treatment agencies and to provide services to roughly 75 persons a year. The program expects to transition two-thirds of work ready participants from public assistance to competitive employment within 12 months of entering the program.

Shelter Plus Care Project – The Shelter Plus Care Project is a HUD-subsidized, 25-unit long term residence program for employed or employable men and women, formerly homeless, with a history of substance abuse. Participants meeting income criteria live independently with their families in apartments located throughout the Broome County area. Services include long-term rent subsidy, case management, and continued association with the recovery community.





The **Family & Children's Society** is a private, non-profit, United Way agency that provides an array of counseling and support services including a NYS OMH licensed article 31 clinic. The mission of the agency is to provide the highest quality services to support and strengthen families and individuals. Counseling services are available for families, children and adults. Specialized mental health programs are provided for victims of sexual abuse and elderly persons. The Family & Children's Society directly operates several specialized mental health programs. Broome County Mental Health contracts with the Family & Children's Society for a School Based Mental Health Program and In-Home Mental Health Management Program.

<http://www.familycs.org/>

School Based Initiative – In 1998 the agency received Mental Health Reinvestment funding to establish two Family Support Centers in rural school districts, where families might not otherwise receive support services necessary to strengthen families and reduce crises faced by children and youths. These Centers have been established at the Whitney Point School District, the Maine Memorial School District and the Union Endicott School District (the Western Broome Family Support Center). Services include assessments, counseling, consultation, case management, and linkages to other community agencies.



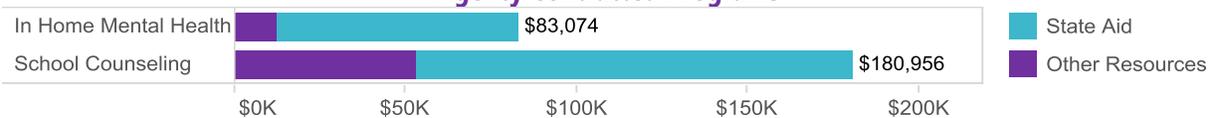
SERVED 65

In-Home Mental Health Management Program – In 2001 the agency received Mental Health Reinvestment funding to establish an in-home mental health program to assist seriously mentally ill individuals in their Personal Care Program. Services include assistance with medication, case management, and family and caregiver assistance on mental health issues. Clients are initially referred by Community Alternative Systems Agency (CASA) and are served by a combination of a Registered Nurse & Mental Health Aides.



SERVED 22

Agency Contracted Programs





The [Children's Home of the Wyoming Conference](http://www.chowc.org/) (CHOWC) received a HCRA grant in 2001 to provide support and respite services to children and families of children who are seriously emotionally disturbed (SED).

<http://www.chowc.org/>

Family Support Services Children & Families – CHOWC's "Parent's Night Out"/"Family-Centered Sibling Playgroup" provides support and respite services to SED children attending CHOWC Day Treatment Program and/or are receiving services from the Coordinated Children's Service Initiative and their families. The children enrolled in these programs require intensive services to allow them to remain in the Community. The overall goal of the Family Support Services Children & Families is to provide advocacy support for families. This advocacy support at Committee on Special Education (CSE) meetings provides parents/parent advocates of SED children with information of the best possible services available for their children as well as information on child and family rights.



SERVED 48

Agency Contracted Programs





The [Lourdes Hospital](#) Behavioral Health Program is an organizational component of Our Lady of Lourdes Memorial Hospital. The program provides outpatient mental health services licensed by NYS OMH to children and adults. Psychiatrists, social workers, and other mental health professionals offer assessment and treatment services consistent with a private practice model. The Broome County Mental Health Department contracts with Lourdes for the Mental Health Juvenile Justice Program, as well as the Student Assistance Program. Lourdes also operates the YES! Safe Choices for Kids Program which is a chemical dependency prevention program.

<http://www.lourdes.com/centers-and-services/youth-services/>

Mental Health Juvenile Justice Program – The Mental Health Juvenile Justice Program was developed to serve youth less than 16 years old who have been identified as juvenile delinquent and in need of mental health and/or chemical dependency services. The program provides mental health and substance abuse assessments, short-term interventions, case management, and referral services to the juvenile delinquent population. One of the primary goals of the program is to reduce out-of-home placements by serving youths and families at the greatest risk of placement.



SERVED 61

Student Assistance Program – The Student Assistance Program operates in five school districts in Broome County. The program is a Drug-Free Prevention Counseling Program licensed by the New York State Office of Alcoholism and Substance Abuse Services. Counseling and prevention services are provided to students at risk for drug and alcohol abuse. The program has counseling sites in the following schools: Binghamton High School, Union-Endicott High School, Windsor High School, Johnson City High School, Seton Catholic High School and BOCES ReStart.



SERVED 471

Alcohol and Drug Education Prevention Team (ADEPT) - ADEPT is a team of community educators who provide prevention education on alcohol, drug, and problem gambling issues. ADEPT is operated by Lourdes Hospital's Youth Services Department and is certified by the New York State Office of Alcohol and Substance Abuse Services (OASAS) as a community education provider. The education services of ADEPT are available throughout Broome County and offered in a wide

variety of settings. These education programs focus on providing accurate information on drugs and alcohol, while utilizing research-based programs and strategies.



SERVED 3126 (includes CAST program below)

Coping and Support Training Fact Sheet (CAST) – CAST training is a school-based indicated or selective prevention program that targets young people in grades 9-12 who evidence multiple risk and few protective factors for suicide and depression. The program features:

- Skills training for participants with a focus on building self-esteem, monitoring and setting goals, decision making and personal control, including help and support seeking strategies
- Group focus on increasing adult and peer support, to enhance the personal and social protective factors of suicide-vulnerable youth
- Supports your school’s crisis response plan and school response to a range of suicide risk behaviors
- Requires active parental consent for support of the CAST goals, and increase parental awareness of school and community support resources



* CAST, ADEPT and SAP are combined in Other Prevention Services and Primary Prevention.



The **Mental Health Association** (MHA) is a private not-for-profit organization founded in 1927 and is the oldest continuously operating Mental Health Association in New York State. The organization is a United Way agency and an affiliate of the National and New York State Mental Health Associations. The agency’s mission is to improve the quality of mental health of all community residents through advocacy, education, and support. The Mental Health Association operates mental health programs under contracts with Broome County.

<http://yourmha.com/>

Rural Client Coordinator – The Rural Client Coordinator provides services to rural, low-income children and their families who lack resources and transportation to access the mental health system. Services are accessed through Children’s SPOA. The program is designed to provide a range of services to rural families in order to improve their circumstances. It is available to SED Children and Adolescents who are at risk of or already in out-of-home placement and reside in the following school districts: Windsor, Deposit, Harpursville, Chenango Forks, Chenango Valley, Susquehanna Valley, Whitney Point, and Maine-Endwell.



SERVED 33

CCSI FOCUS – CCSI FOCUS is part of a statewide initiative designed to work in a strengths based manner with families whose children are experiencing significant difficulties in the home, school, or community settings. The purpose of CCSI FOCUS is to prevent out-of-home placements for severely emotionally disturbed children and to assist parents and communities in collaboratively planning to meet the needs of these families. Staffing includes three part-time Parent Partners and a part-time Coordinator.



SERVED 124

Multicultural Program – The Multicultural Program addresses the mental health needs of culturally diverse individuals of the community and provides support and information to help mental health agencies achieve and promote cultural competence. The program provides professionally trained interpreter services to local mental health agencies in an effort to address and remove language barriers. Currently, there are over 15 different languages spoken by interpreters.



SERVED 56

Compeer Youth Mentoring – This service provides community volunteers as supportive mentors to youth (ages 5-17) who have a mental illness or are at risk for developing social, emotional, and behavior problems. Each match is expected to participate in a minimum of four hours per month.



SERVED 46

Self-Help Independence Project – SHIP, awarded the 2003 MHANYS Ken Steele Memorial Award for Program Excellence, offers a continuum of programming and self-help services designed to provide educational and experiential opportunities for consumers who wish to become active participants in their own self-directed recovery. The Speakers Bureau, a panel of individuals with a mental health diagnosis, helps reduce stigma by sharing their personal stories with groups of students, providers, and other community organizations.



SERVED 153

Project Uplift - The program provides CSS case management to individuals affected by severe mental illness and/or substance abuse. Adults 18 and over can be referred to CSS case management through the single point of entry. The program addresses critical needs of recipients including basic needs (food, clothing, and shelter), education and employment, medical, as well as mental and emotional health needs.



SERVED 49

Compeer Program – The Compeer Program provides community volunteers as friendship matches for people with a psychiatric diagnosis. It recruits, trains, and supports these volunteers so that those recovering from mental illness may find strong support in the community. As an advocacy service, Compeer complements traditional mental health treatment programs. All activities are offered by Compeer foster rehabilitation, recovery, and self-help independence.



SERVED 86

Peer Education Team – Peer Educators provide informational presentations to peers, family members, and service providers on topics ranging from traditional mental health services to peer support and self-help.



SERVED 131

Peer Advocacy – Services provided by recipients include information and referral, advocacy, establishing recipient networks and self-help groups, and providing education on consumer rights in the mental health system.



SERVED 369

The Beacon MICA Drop-In Center – The Beacon is a weekend drop-in center for individuals with mental illness and substance abuse problems. Individuals can come to The Beacon on weekends when most other providers are closed for peer support, fellowship, and self-help meetings. The Beacon is open Saturdays and Sundays 12 Noon - 8:00 PM.



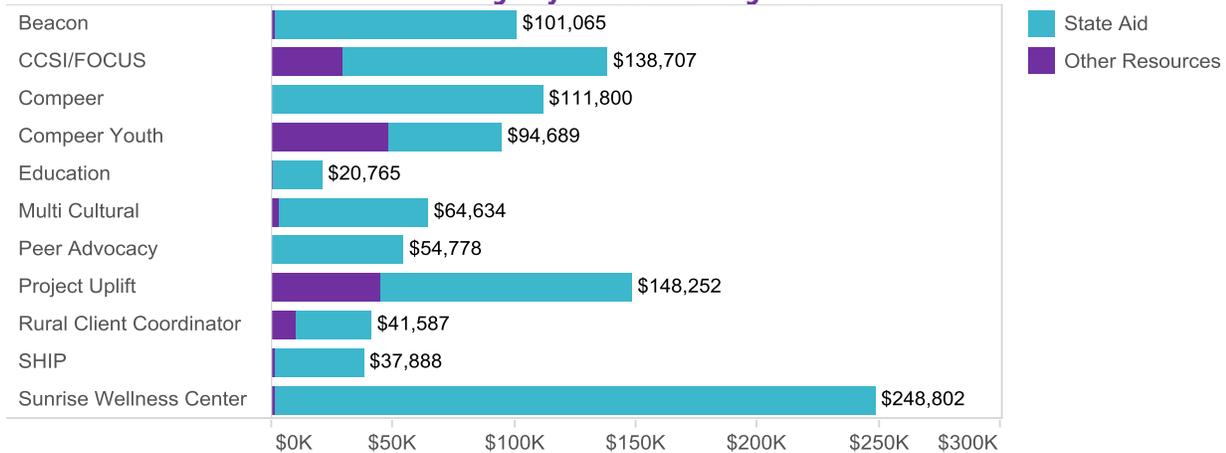
SERVED 352

Sunrise Wellness Center – The Sunrise Wellness Center is a peer-run program promoting recovery for individuals with mental health diagnoses. Sunrise encourages a self-directed approach to mental health services, and promotes mental, physical, and spiritual wellness. Sunrise is open Monday through Friday 9:00-5:00pm. The Sunrise Wellness Center Warm Line (Peer Support Line) is 607-240-7291 which is available from 9am to 4:30pm Monday through Friday and from 12noon to 8pm Saturday and Sundays.



SERVED 647

Agency Contracted Programs





Founded in 1984, the [Southern Tier AIDS Program](http://www.stapinc.org/) provides supportive services to HIV+ persons and state of the art prevention education from nine offices in an eight county area. The agency cultivates individual and community strengths to improve public health. STAP also provides education and services regarding harm reduction of other risky behaviors including drug and alcohol abuse. Through a contract with Broome County Mental Health Department, STAP, Inc., also oversees the Prison Reentry Program.

<http://www.stapinc.org/>

BCMHD Prison Reentry Program and Task Force – The primary goal of the Broome County Reentry Task Force is successful offender reentry to enhance public safety – no new crimes, no new victims – for safer, stronger communities throughout Broome County. The primary target population is individuals returning to Broome County from State Prisons. Reentry requires collaboration both within the criminal justice systems and across local human service agencies. Participants in the Broome County Reentry Task Force implement evidence-based practices and adopt strategies proven to make an impact.



SERVED 193



Community Options, Inc.

Supporting People with Disabilities since 1989

Community Options, Inc., provides residential and employment services to people with disabilities in this community. Funding is provided through NYS Office for Persons with Developmental Disabilities (OPWDD), NYS Office of Mental Health (OMH), Adult Career and Continuing Education Services-Vocational Rehabilitation (ACCES-VR), and Department of Health (DOH). Community Options, Inc. provides a variety of Medicaid Waiver Services along with Supported Employment Services. The organization assists the community by providing education and advocacy services as needed.

<http://www.comop.org/>



SERVED 18

eliminating racism
empowering women
ywca

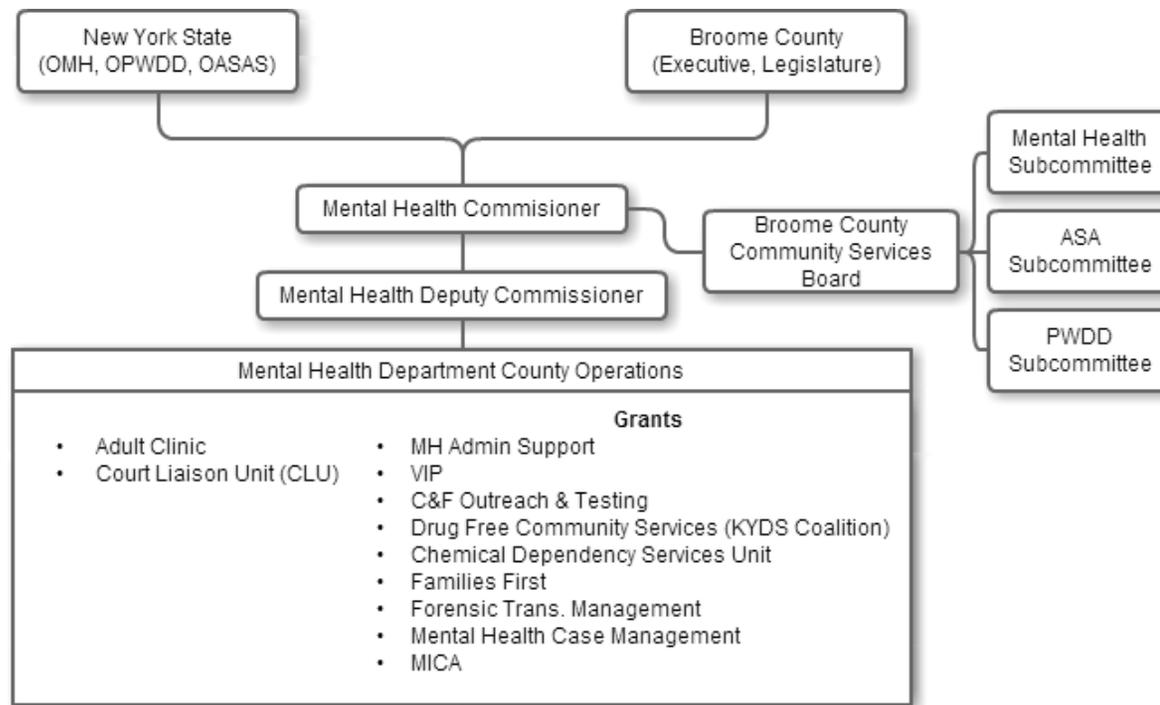
Since 1892, the YWCA of Binghamton and Broome County has been central to our community's landscape and was established as a safety zone for women during the industrialization of the Southern Tier. Today, the YWCA of Binghamton is home to several unique programs aimed at improving the quality of life for all citizens, including racial justice practices, residential programs, access to free cancer screenings for low-income women, and access to quality early childhood services.

<http://www.ywcabinghamton.org/>

Shelter Plus Care – The Shelter Plus Care permanent supportive housing program houses 5 single women with 10 additional units that can house single women or families (women with dependent children). This program offers case management along with information and referral. Supportive counseling is available via a referral by the case manager. This program receives rental subsidy from the US Department of Housing and Urban Development for partial rent through Broome County Mental Health. The resident is responsible for the other portion of rent either by DSS, if eligible, or by private payment.



SERVED 28



Mental Health Department County Operations			
Developmental Disabilities	Mental Health		Alcoholism/Substance Abuse
<ul style="list-style-type: none"> • ACHIEVE - Country Valley Industries Workshop - Summer Camp 	<ul style="list-style-type: none"> • MENTAL HEALTH ASSOCIATION - Advocacy/Peer Educators/SHIP - Rural BEAR Client Coordinator - CCSI FOCUS/Multicultural Initiative - Compeer & Compeer Youth - Beacon Drop In Center/Project Uplift - Sunrise Wellness Center • FAMILY & CHILDREN'S SOCIETY - School-Based Initiative - In Home MH Mgmt Program • COMMUNITY OPTIONS, INC. - Supported Employment • LOURDES HOSPITAL - MH/Juvenile Justice Program • UNITED HEALTH SERVICES - Advocacy/CPEP Crisis Intervention - Mobile Adolescent Crisis Team - Health Home • BOCES/BINGHAMTON UNIVERSITY - Promise Zone 	<ul style="list-style-type: none"> • CATHOLIC CHARITIES OF BROOME COUNTY - Adult Mental Health Services – Central Referral - Residential - Aging Out Youth ICM - C & Y Re-Entry - Supportive Case Management MICA Homeless - CCSI - Peer Education Team-Parent Partners - Children & Youth ICM - Crisis Sitters C & Y Crisis Support - Single Entry - Core Services – CSS/Consumer Case Mgmt, Four Seasons Club, Consumer Advocacy, Drop-In Center, Transportation, Portfolio's Café, monitoring MHA Project Uplift & Compeer - Adult Case Mgmt / Consumer Case Mgmt- ACT Team, ICM, SCM, AOT ICM, CSS Case Mgmt - Health Home • CHILDREN'S HOME OF WYOMING CONFERENCE - Family Support Services 	<ul style="list-style-type: none"> • FAIRVIEW RECOVERY SERVICES - Addiction Crisis Center (ACC) - Supportive Living - Career Choices Unlimited - Fairview Halfway House - Merrick Halfway House - Shelter Plus Care - MICA Network • ADDICTION CENTER OF BROOME COUNTY - Outpatient Clinic - Outpatient Rehab - Dual Recovery • LOURDES HOSPITAL - Student Assistance Program - ReStart (BOCES) - ADEPT - CAST - Gambling Prevention
Other			
<ul style="list-style-type: none"> • YWCA - Shelter Plus Care • SOUTHERN TIER AIDS PROGRAM, INC. - Criminal Justice Reentry 			

2013 County Operations

Section	Program	Expense	Revenue	Net Deficit	State Aid	Federal Aid	County Support
NYS Office of Mental Health	Adult Clinic	2,244,538	1,876,552	367,986	76,255	0	291,731
	C & F Outreach	83,067	0	83,067	83,067	0	0
	CCSI & MH Admin Sppt	325,744	0	325,744	230,399	95,345	0
	CDSU	171,580	171,580	0	0	0	0
	Court Liaison Unit	237,784	16,666	221,118	0	0	221,118
	Families First	542,389	542,389	0	0	0	0
	Forensics Trans. Mgmt	53,035	0	53,035	52,887	0	148
	LGU	223,887	163,717	60,170	25,401	0	34,769
	MH Caseworker	65,795	35,880	29,915	29,915	0	0
	MH School Project	210,788	0	210,788	210,788	0	0
	MICA ICM	253,684	56,612	197,072	197,072	0	0
	VOCED	79,511	0	79,511	79,511	0	0
	Total	4,491,802	2,863,396	1,628,406	985,295	95,345	547,766
Federal Funded Programs	DFCSP (KYDS Coalition)	109,712	0	109,712	0	109,712	0
	Total	109,712	0	109,712	0	109,712	0
NYS Division of Criminal Justice Services	Local Reentry Task Force	94,296	0	94,296	94,296	0	0
	Total	94,296	0	94,296	94,296	0	0
NYS Office for Persons with Developmental Disabilities	LGU	100,143	5,000	95,143	25,323	0	69,820
	Total	100,143	5,000	95,143	25,323	0	69,820
NYS Office of Alcoholism and Substance Abuse Services	LGU	78,476	21,700	56,776	28,388	0	28,388
	Total	78,476	21,700	56,776	28,388	0	28,388
Grand Total		4,874,429	2,890,096	1,984,333	1,133,302	205,057	645,974

2013 Contracted Agencies

Section	Agency Name	Program	Expense	Revenue	Net Deficit	County Support	State Aid
NYS Office of Mental Health	Catholic Charities	ACT	936,487	856,079	80,408	0	80,408
		ACT SVC \$\$	16,551	0	16,551	0	16,551
		C & Y Reentry	50,073	295	49,778	0	49,778
		Case Management	42,289	1,601	40,688	0	40,688
		CCSI	44,168	999	43,169	0	43,169
		Consumer Advocacy	62,504	268	62,236	0	62,236
		Consumer Case Management	7,433	0	7,433	0	7,433
		CORE	9,834	1	9,833	0	9,833
		Crisis Sitter	33,032	0	33,032	0	33,032
		Drop In	73,396	0	73,396	0	73,396
		Health Home	192,976	0	192,976	0	192,976
		HH Promotion Client Specific	149,251	0	149,251	0	149,251
		ICM C & Y	417,419	381,707	35,712	0	35,712
		ICM C & Y SVC \$\$	52,924	300	52,624	0	52,624
		MICA Homeless	52,858	8,614	44,244	0	44,244
		MICA Peer Counselor	20,608	0	20,608	0	20,608
		Outreach & Four Seasons	620,250	31,660	588,590	0	588,590
		Parent Partner	41,122	0	41,122	0	41,122
		Portfolio's / Job Club	252,883	100,875	152,008	0	152,008
		SCM C & Y	100,114	80,270	19,844	0	19,844
		SCM CY SVC \$	1,933	0	1,933	0	1,933
		Single Entry	100,225	1	100,224	0	100,224
		SPOA C & Y	88,696	0	88,696	0	88,696
		Supported Employment	83,148	55,965	27,183	0	27,183
		Supported Housing	372,226	0	372,226	0	372,226
		Transportation	49,523	1	49,522	0	49,522

Section	Agency Name	Program	Expense	Revenue	Net Deficit	County Support	State Aid	
NYS Office of Mental Health	Children's Home of Wyoming Conference	Day Treatment	257,765	257,765	0	0	0	
		Family Support Services Children & Families	55,194	0	55,194	0	55,194	
	Community Options	Supported Work	38,057	3,460	34,597	0	34,597	
	Fairview Recovery Services	MICA Program	69,267	0	67,828	0	67,828	
	Family Children's Society	In Home Mental Health	83,074	12,198	70,876	0	70,876	
		School Counseling	180,956	53,316	127,640	0	127,640	
	Lourdes Hospital	Mental Health Juvenile Justice Program	49,688	4,852	44,836	0	44,836	
	Mental Health Association	Beacon	101,228	1,185	99,880	0	99,880	
		CCSI/FOCUS	137,723	29,818	108,889	0	108,889	
		Compeer	111,838	50	111,750	0	111,750	
		Compeer Youth	95,052	47,842	46,847	0	46,847	
		Education	20,977	600	20,165	0	20,165	
		Multi Cultural	64,786	3,424	61,210	0	61,210	
		Peer Advocacy	55,281	0	54,778	0	54,778	
		Project Uplift	148,655	44,952	103,300	0	103,300	
		Rural Client Coordinator	41,682	10,216	31,371	0	31,371	
		SHIP	37,933	1,847	36,041	0	36,041	
		Sunrise Wellness Center	249,180	1,550	247,252	0	247,252	
	United Health Services	Advocacy Support Services	235,441	110,793	124,648	0	124,648	
		CPEP Crisis Intervention	2,988,892	2,129,556	859,336	0	859,336	
		CPEP Crisis Outreach	162,321	162,321	0	0	0	
		CPEP Extended Obs	728,476	728,476	0	0	0	
		Mobile Youth	220,415	220,415	0	0	0	
		OPMH Clinic Treatment	2,116,546	2,116,546	0	0	0	
	Total			12,122,350	7,459,818	4,659,725	0	4,659,725

Section	Agency Name	Program	Expense	Revenue	Net Deficit	County Support	State Aid
NYS Office of Alcoholism and Substance Abuse Services	Addiction Center of Broome County	Clinic	732,748	670,901	61,847	61,847	0
		Dual Recovery	73,874	0	73,874	0	73,874
		Rehab	297,238	297,238	0	0	0
	Fairview Recovery Services	Addictions Crisis Center	881,434	135,361	746,073	0	746,073
		Career Counseling Unit	54,338	0	53,354	0	53,354
		Fairview Halfway House	491,501	289,881	201,620	0	201,620
		Merrick House	255,662	132,844	122,818	0	122,818
		Shelter Plus Care	55,632	0	55,632	0	55,632
	Lourdes Hospital	Other Prevention Services	222,643	56,116	166,527	0	166,527
		Primary Prevention	251,069	63,284	187,785	0	187,785
	United Health Services	Chemical Dependency	2,423,429	2,423,429	0	0	0
		Outpatient Rehab	2,219,026	2,219,026	0	0	0
Total			7,958,594	6,288,080	1,669,530	61,847	1,607,683
NYS Office for Persons with Developmental Disabilities	NYSARC, Inc.	Summer Program	53,126	26,806	26,320	10,000	16,320
		Workshop	3,149,009	2,493,256	655,753	183,736	472,017
	Total			3,202,135	2,520,062	682,073	193,736
New York State Department of Housing and Urban Development	Young Women's Christian Association	Shelter Plus Care	70,825	0	40,892	0	40,892
	Total			70,825	0	40,892	0
Grand Total			23,353,904	16,267,960	7,052,220	255,583	6,796,637