

Will you be pregnant this flu season?

Doctors recommend you get a flu shot!

Being pregnant increases your risk
of getting very sick from the flu.
Stay healthy during your pregnancy.
Get vaccinated.



October and November are the best months to get a flu shot.

Protect
yourself.
Protect your
loved ones.



Department of Health
and Human Services
Centers for Disease Control
and Prevention

Get Your Flu Vaccine!

For more information, ask your healthcare provider or call the CDC Immunization Hotline
English **800-232-2522** Español **800-232-0233** Website **www.cdc.gov/flu**