

## I. SAFETY AT HOME

- A. Call 911 for police help if you are afraid that you or someone else will be hurt.
- B. Tell the police where you are and give the address.
- C. Tell the police WHO is being hurt and WHO is involved.
- D. If you are in danger:  
Dial 911, leave phone off the hook and seek a safe place.
- E. Practice how to get out of your home safely. Which doors, windows, or stairs would be best?
- F. Which neighbor can you go to for help?



## II. SAFETY AT SCHOOL

- A. If you are afraid of being hurt, tell:

- ☀ a teacher
- ☀ school police
- ☀ parent
- ☀ school nurse
- ☀ school counselor
- ☀ adult you trust
- ☀ principal

- B. Ask your school to help each person write a safety plan.

**REMEMBER:**

**YOU HAVE A RIGHT TO BE SAFE!**

You can call 911 when you need a fire truck, if someone needs an ambulance or a police officer.

## III. SAFETY ON THE STREET / NEIGHBORHOOD

- A. If there is an emergency:

- ☀ go to nearest store and ask them to call 911.
- ☀ call 911 from a pay phone or a store nearby, scream as loudly as you can!
- ☀ In Binghamton, every fire station is a SAFE HOUSE for kids.

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When people are fighting remember:

**S** stay out of the fight  
**A** ask for help  
**F** find an adult who will help  
**E** everyone knows it is not your fault



IV. If you cannot or do not want to call 911:

A. TELL

- ▶ teacher
- ▶ school counselor
- ▶ pastor or rabbi
- ▶ parent or relative
- ▶ nurse or doctor
- ▶ a trusted adult

B. Keep talking to adults until you find someone who will help.

V. If the police or adult you tell do not help you, call:

1. **CHILD ABUSE  
HOTLINE**  
1-800-342-3720
2. **CHILD PROTECTIVE  
SERVICES**  
(607) 778-2647
3. **CRIME VICTIMS  
ASSISTANCE CENTER**  
(607) 722-4256
4. **DOMESTIC VIOLENCE  
HOTLINE**  
1-800-799-SAFE  
(7233)

**MY SAFETY PLAN**

**Plan for fire, scary fighting, or no lights.**

**When I am scared, I can go to a safe place:**

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I can go and talk to:

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In case of emergency I can call:

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My list of people who can help me:

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## A YOUTH SAFETY PLAN

**Are you afraid:**

- ▶ at home?
- ▶ at school?
- ▶ on the street?

**You have the right to be safe!**

**Family Violence Prevention Council**  
36-42 Main St.  
Binghamton, NY 13905  
(607) 778-2153

